



SACRED HEART COLLEGE (AUTONOMOUS)

Tirupattur – 635 601, Tamil Nadu, S.India

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Ready for
Every Good Work

A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values rights, duties and responsibilities of citizens

Reports and Photographs

Activity Number	Department/ Forum	Activity	Date
1.	National Service Scheme	International Yoga Day	21/06/2018
2.	Department of Social Work	Seminar on Child Sex Abuse	24/11/2018
3.	National Cadet Corps	72nd Independence Day	15/08/2018
4.	National Cadet Corps	70th Republic Day	26/02/2019
5.	College programme	Protest & Gathering to Release Social Worker and Tribal Rights Defender Fr. Stan Swamy	24/10/2020
6.	National Service Scheme	Lions Club, Tirupattur Honours the NSS Volunteers of Sacred Heart College	04/10/2020
7.	National Cadet Corps	71st Republic Day	26/02/2020
8.	Faculty Development Programme	FDP on National Education Policy 2020	16/10/2020
9.	National Cadet Corps	72nd Republic Day Celebration	26/02/2021
10.	Department of Social Work	Plastic Eradication Rally	22/01/2021
11.	a) National Cadet Corps b) Rovers and Rangers	National Voter's Day Celebration	25/01/2021
12.	Department of Social Work	Blood Donation Camp	10/02/2021
13.	National Service Scheme	Motor Bike Awareness Rally on Road Safety	13/02/2021
14.	a) Red Ribbon Club (Shift I) b) Red Ribbon Club	Blood Donation Camp	02/03/2021

	(Shift II)		
15.	a) Department of Social Work b) Department of Counselling Psychology	Sensitization Webinar on Intergenerational, Solidarity for School/College Students	18/02/2021
16.	Youth for Social Responsibility	Youth for Social Responsibility (YSR) - MIYAWAKI Mini Forest Creation	28/03/2021
17.	National Cadet Corps	Condolence Meeting	10/12/2021
18.	National Cadet Corps	73rd Republic day celebration and unveiling of Thiruvalluvar statue	26/02/2022
19.	a) Women's Cell b) Department of Social Work c) Department of Counselling & Psychology	Awareness programme on menstrual hygiene and endometriosis women cell	01/03/2022
20.	College programme	நான் முதல்வன்' திட்டம் குறித்து கலந்துரையாடல்	01/03/2022
21.	a) National Service Scheme b) Youth Red Cross	Road safety awareness campaign	25/01/2022
22.	a) National Service Scheme b) Red Ribbon Club	Blood donation camp	01/04/2022
23.	Counseling Centre	Counseling session on mental health & adolescence	22/04/2022
24.	Counseling Centre	Counseling session in anantha kuzhanthaigal rehabilitation centre	25/04/2022
25.	College Programme	Mass cleaning campaign	03/06/2022
26.	Department of Life Education	Seminar on "the many faces of social media and the internet: good, bad & the ugly	13/04/2022
27.	a) Department of Social Work b) Department of Counselling & Psychology	Anti-human trafficking day	02/08/2022
28.	Department of Life Education	Awareness program on alcohol & substance abuse	03/08/2022

			04/08/2022
29.	National Cadet Corps	75th Independence day celebrations	15/08/2022
30.	Groups & Movements (Shift II) Women's Cell(Shift II)	Anti-drug awareness rally	17/08/2022
31.	a) Department of Social Work b) National Service Scheme	Blood donation camp	28/08/2022
32.	Department of Life Education	Seminar on don't drug yourself down	15/12/2022
33.	College programme	Bhagath Singh day	23/12/2022
34.	Department of Social Work	One Day Basic Training Programme on "Human Rights"	03/02/2023
35.	a) Women's Cell(Shift I) b) Red Ribbon Club	Awareness Programme on Cervical Cancer	14/02/2023
36.	Women's Cell(Shift II)	Awareness Program on Life Style, Cancer and Food Habits in Siddha Medicine	17/03/2023
37.	a) Department of Social Work b) National Service Scheme	Blood Donation Camp	21/12/2022
38.	Department of History	Understanding the History of Colonialism, Nationalism and Communalism	09/01/2023
39.	Rotract Club (Shift-II)	Medical Camp on Detection of Anaemia	6/12/2018 13/12/2018
40.	College programme	Commemorating the 70th Anniversary of Constitution Day	26/11/2019
41.	Department of Counselling & Psychology	World Suicide Prevention Day	13/09/2019

1. International Yoga Day

National Service Scheme

21st, June, 2018

The 3rd International Yoga Day celebrations were organized by National Service Scheme (NSS) of Sacred Heart College (Autonomous), Tirupattur along with Heart-fullness Meditation Center, Vellore on 21st June 2018. The celebrations were started with prayer song (Thamizhai Vazthu) followed by welcome address by Dr. M. Antony Arokiasamy (NSS PO) who honoured the dignitaries with shawl. Rev. Dr. C. Antonyraj, the Rector and Secretary of the college delivered the presidential address. In his speech, he highlighted the significance and relevance of Yoga in our day to day life.

Then Mr. S. Sivakumar, Trainer of Heartfulness Meditation Center, Vellore has delivered keynote address. The yoga session started with the chanting of „Pranay Mantra OM“ followed by Sookshma Vyayam, Vajrasana, Todasana, Vrissashana, Surya Namaskar, Nadi Shodhan Pranayama and Bhramaree Pranayama. 800 students participated in the session and they expressed their experiences and stated that they felt relaxed, re-freshed and calm after the session. Along with NSS Volunteers, students of other Groups & Movements and faculty members were present in the celebrations. The overall programme was planned by the NSS Programme Officers Dr. M. Antony Arokiasamy, Dr. G. Mohan Gandhi and Dr. U. Ramesh. Eventually, Dr. G. Mohan Gandhi, NSS PO proposed a vote of thanks and the celebrations concluded with National Anthem.



2. Seminar on Child Sex Abuse

Department of Social Work

24th, November, 2018.

The Post Graduate & Research Department of Social Work, Sacred Heart College conducted an International Seminar on the Prevention of Child Sexual Abuse on 24th November 2018. The seminar was the need of the hour as India is rapidly facing problems related to Child Sexual Abuse. National reports deliver an alarm on the rate of incidents. In India, a child is sexually abused every 15 minutes, according to the latest government figures. "Being vulnerable is not their fault, but the same cannot be sustained, as the elders, parents and teachers are entrusted with the responsibilities to prevent and safe-guard the children from such abuse", stated Dr. Lois J.Engelbrecht, Founder – Center for the Prevention & Treatment of Child Sexual Abuse, Quezon City, Philippines who was the resource person for the day.

She addressed the gathering on various themes which included:

1. Understanding a Child and Child Sexual Abuse
2. Magnitude of Child Sexual Abuse in India and Abroad
3. Causes and Consequences
4. Prevention of Child Sexual Abuse
5. Role of Parents, Institutions, Government and Public in ensuring Child Safety and Healthy Environment.

The target audience and participants were college students, research scholars, teachers from schools and colleges, NGO personnel and Psychologists. Dr. Lois J.Engel brecht stated that India ranks first among countries worldwide for boys who have been sexually abused. She addressed the importance of safe touch and unsafe touch. She also stated that Child Sexual Abuse occurs by building trust, helping and showing love to children. Dr. Lois J. Engel-brecht explained about the Accommodation Syn-drome which is otherwise called Grooming. She also stated the impact of Child Sexual Abuse in India.

At the end of the programme, the students were given an opportunity to share their feedback on the seminar. The feedback guidelines were given to the student to evaluate the importance of the seminar. During the feedback session many students expressed the need and the importance of the topic in today's context with special reference to youth as the change agent for the world. They further stated the resource person were highly skillful, resourceful, informative, lively and dynamic.



3. 72nd Independence Day

College Programme- National Cadet Corps
15th, August, 2018.

தேசிய ஒருமைப்பாட்டினை வெளிப்படுத்தவும் விடுதலைக் காக்கப்போராடிய வீரத் தியாகிகளை நினைவுகூரும் நோக்கிலும் நம் இந்தியத் திருநாட்டின் 72வது சுதந்திர தினவிழா ஆகஸ்ட் 15, காலை 8.30 மணியளவில் கல்லூரி மைதானத்தில் மிகச்சிறப்பாகக் கொண்டாடப்பட்டது. விழாவில் நம் கல்லூரியின் இல்லத்தந்தை அருட்திரு முனைவர் சி.அந்தோனிராஜ்ச.ச., முதல்வர் தந்தை அருட்திரு முனைவர் டி.மரிய அந்தோனிராஜ்ச.ச., கூடுதல் முதல்வர் அருட்திரு முனைவர் கே.ஏ.மரிய ஆரோக்கியராஜ்ச.ச., அருட் திரு முனைவர் பிரவீன்பிட்டர்ச.ச., மற்றும் ஏனைய இணை முதல்வர்கள்,

துறைத்தலைவர்கள், கல்லூரியின் இரு பிரிவுகளைச்சார்ந்த பேராசிரியர்கள் மாணாக்கர்கள், பெற்றோர்கள், முன்னாள் மாணவர்கள், திருப்பத்தூர் பொதுமக்கள் எனத்திரளாகக்கலந்து கொண்டனர்.

நம் கல்லூரியின் முதல்வர் தந்தை அருட் திரு முனைவர் டி.மரிய அந்தோனிராஜ்ச.ச., அவர்கள் வரவேற்புரையாற்றி விழா வினைத்துவக்கி வைத்தார். சிறப்பு விருந்தினர்களாக நம்கல்லூரியின் அலுவலக மேலாளர் திரு S.ஜெயராஜ் மற்றும் அலுவலக உதவியாளர் திரு M.தனபால் ஆகியோர் கலந்து கொண்டு சிறப்புரையாற்றினர்.

தேசியக்கொடியினை அலுவலக மேலாளர் திரு S.ஜெயராஜ் அவர்கள் ஏற்றி வைத்து மரியாதை செலுத்தினார்.

நிகழ்வில் கல்லூரியின் தேசியமாணவர் படையினரது கண்கவர் அணிவகுப்பும் கொடிவணக்கமும் மிடுக்குடன் நடைபெற்றது. விழாவில் பல்வேறுநிலைகளில் சாதனைபுரிந்த தேசிய மாணவர் படையினைச்சார்ந்த மாணவர்களுக்குச்சிறப்பு செய்யப்பட்டது. இறுதியாக நாட்டுப்பண்ணுடன் விழா இனிதே நிறைவுற்றது.



4. 70th Republic Day

College programme- National Cadet Corps
26th, January, 2019.

நம் இந்தியத் திருநாட்டின் 70ஆவது குடியரசு தினம் கடந்த சனவரி 26, 2019 அன்று கல்லூரி மைதானத்தில் வெகு சிறப்பாகக் கொண்டாடப்பட்டது. நிகழ்வில் கல்லூரியின் இல்லத்தந்தை அருட்திரு முனைவர் சி.அந்தோணிராஜ் அடிகளார், கல்லூரி முதல்வர் அருட்திரு முனைவர் தா.மரிய அந்தோணிராஜ், கூடுதல் முதல்வர் அருட்திரு முனைவர் கே.ஏ. மரிய ஆரோக்கியராஜ், துணை முதல்வர்கள் அருட்திரு முனைவர் பிரவீன் பீட்டர் மற்றும் அருட்திரு முனைவர் தியோஃபில் ஆனந்த், பொருளாளர் அருட்திரு முனைவர் ஜான் போர்க் ஆகிய சலேசியத் தந்தையர்கள் கலந்துகொண்டனர். பொருளியல் துறைப் பேராசிரியர் முனைவர் A. பெரியநாயகசாமி விழாவின் சிறப்பு விருந்தினராகக் கலந்துகொண்டு சிறப்புரையாற்றினார். தேசிய மாணவர் படையின் மிடுக்கான அணிவகுப்பு விழாவிற்கு அழகும் பெருமையும் சேர்த்தது. விழாவினைத் தேசிய மாணவர் படையின் பொறுப்பாளர் முனைவர் K. சிவக்குமார் சிறப்பாக ஒருங்கிணைத்துச் செயல்படுத்தினார். விழாவில் கல்லூரியின் இரு பிரிவு மாணாக்கர்கள், பேராசிரியர்கள், நகரப் பொதுமக்கள், முன்னாள் மாணவர்கள் உள்ளிட்டோர் திரளாகக் கலந்துகொண்டனர்.



5. Protest Gathering to Release Social Worker and Tribal Rights Defender Fr. Stan Swamy

College programme

27th October, 2020

Sacred Heart College, true to its mission and vision of working for the upliftment of the downtrodden and the oppressed, organised a protest gathering in Kamarajar Arangam at 9.30 a.m. on 27th October, 2020 demanding the release of the social worker and tribal rights defender Fr. Stan Swamy SJ, who was arrested in October 2020. The protest was chaired by Rev. Dr. John Alexander, the Secretary and Rector of the college. Rev. Fr. David Job, the Parish Priest of Tirupattur, began the protest with prayers. Rev. Dr. D. Maria Antony Raj, the Principal welcomed the gathering and Rev. Dr. Sr. Arockia Jayaseely, Head, Mary Immaculate Convent, gave an overall tone for the gathering by capturing vividly the self-sacrificing life of Fr. Stan Swamy in her fluent Tamil.

A number of speakers from various political parties and other organisations shared the stage and voiced their concern for the release of the tribal activist. They were: Mr. Nallathambi, Member of the Legislative Assembly - DMK, Tirupattur, Mr. K.C. Ezhilarasan, District Secretary, Dravida Kazhagam, Dr. S. Kishore Prasad, Congress Party, Mr. V. Kannadasan, District Secretary, MDMK, Mr. A.C. Swamykannu, District Secretary, Communist Party of India, Mr. B. Shakthivel, Marxist Party, Mr. R. Subash Chandrabose, District Secretary, Viduthalai Chiruthai Katchi, Mrs. Sneha, Lawyer and Member of the Revolutionary Party of the Youth, Mr. Janab Sanahullah, District Secretary, Tamil Nadu Muslim Munnetra Kazhagam, Pastor Thomas, Secretary of the Vazhamai Foundation, Rev. Fr. Arulvazhan, Member of the Thurambar Community Association, Tiruvannamalai and Professor Dr. K. Parthibara-ja, Member of Tamil Nadu Writers Association.

Fr. Stan Swamy, a Jesuit priest who was the voice of the marginalised tribal people in Jharkhand for more than four decades was arrested by the National Intelligence Agency (NIA) on October 8, 2020 from his residence and imprisoned in Mumbai. A Tamilian hailing from Trichy, he sacrificed his life defending the rights and privileges of the tribals by his writings and speech. Having advanced in age with a number of health issues including Parkinson's is a cause of major concern and worry as he had been lodged in the prison with minimal facilities. He had been falsely accused and implicated to Bhima Koregaon riots that took place in Maharashtra in 2017. The sad fact was that Fr. Stan had not visited this place in his life time. In one of his interviews, he had claimed that his emails had been tampered and implicative materials had been interpolated which had led to his arrest. Though the octogenarian had extended cooperation with the investigation, none of the false accusations had been proved so far.

The speakers highlighted that the present ruling government suppresses the dissenting voices of intellectuals, puts behind bars the people who defend the rights of the poor and falsely implicates the human rights activists. One such example is Fr. Stan Swamy who became the voice of the voiceless tribal community of Jharkhand. The arrest of Stan was condemned by none other than the State Chief Minister Mr. N. Chandrababu Naidu. The protest concluded with Rev. Dr. John Alexander, Secretary and Rector of the college thanking all the participants for their solidarity in taking part in the gathering and read out the 5-point resolutions. They were: to release Fr. Stan Swamy, Tribal Rights Defender, to stop unleashing of atrocities towards minorities across the country, to release other activists who have been falsely associated in Bhima Koregaon case, to preserve the freedom of speech and to stop the atrocities against people who fight for human rights respectively. The protest gathering was co-ordinated by Rev. Fr. Daniel Ambrose, Director, Don Bosco Centre, Sacred Heart College.



6. Lions Club, Tirupattur Honours the NSS Volunteers of Sacred Heart College

National Service Scheme

4th, October, 2020

The International Associations of Lions Club (Dist.324 A4) together with Pride Lions Club and Rathan's Lions Club, Tirupattur appreciated the selfless and heroic services rendered by NSS Volunteers and Programme Officers of Sacred Heart College, in the activities pertaining to the containment and prevention of COVID -19 pandemic. In the special function held at Mahatma Gandhi Old Age Home, Tirupattur, on 4th October, 2020, Lion Rathina Natarajan and other Lions Club presidents appreciated the efforts put in by the Sacred Heart College NSS team and wished them well for the future en-deavours. In his presidential address, Lion. K. Arunkumar, District Governor, thanked the team for their selfless service and distributed the certificates and mementos to the NSS team. Acknowledging the appreciation, Dr. M. Antony Arocki-asamy, NSS PO, Sacred Heart College, promised to work with Lions clubs for future endeavours in the service of humanity. The program was organised by Mr. S. K. Prasad, President, Tirupathur Rathan's Lions Club and the Founder and Director of Mahatma Gandhi Old Age Home.



7. 71st Republic Day

College programme- National Cadet Corps
26th, January, 2020.

On the 26 of January 2020, while India celebrated its 71st Republic Day to honour the date on which the Constitution of India came into effect on 26 January 1950, Sacred Heart College with all pomp and glory exhibited their passion and zeal for the nation. The NCC cadets of Sacred Heart College, performed the guard of honour and march-past. Rev.Dr.D.Maria Antony Raj, the Principal, welcomed and wished everyone a happy Republic Day. He recalled the tireless efforts of our leaders who toiled for the betterment of the nation. The NCC Cadets both the boys and girls exhibited their skill in tent making and dismantling within a stipulated time limit. It was followed by the Chief Guest Address, Dr.S.Paul Raj, Head, Department of Social Work. He said that India is making rapid progress in all dimensions and students should contribute to the growth and welfare of the nation. The celebrations concluded with the Vote of Thanks and National Anthem.



8. FDP on National Education Policy 2020

College programme

16th, October, 2020

Sacred Heart College (Autonomous), Tirupattur organised a Faculty Development Program on National Education Policy 2020 on 16th October, 2020 between 11:30 and 1:30 p.m. Renowned Educationist Rev.Fr. Joseph Xavier SJ, was invited as the re-source person for the virtual programme. Rev.Dr. D. Maria Antony Raj, the Principal welcomed the gathering. Rev.Dr.K.A.Maria Arokiaraj, the Additional Principal invoked the blessings of God through his prayer service. The lecture was delivered in three parts: the evolution of national education policy, the strengths of the policy and its impact on higher education. The session had interactive part, the resource person answered the questions of the participants regarding the National Education Policy 2020. The Heads and Faculty members of various departments of the institution actively participated in the program. Dr.S.Sagayaraj, Department of Computer Science coordinated the event and moderated the session.



9. 72nd Republic Day Celebration

College programme

26th January, 2021.

The 72nd Republic Day was celebrated on 26th January, 2021, in the premises of the campus with passion and zeal for the nation. The salesian communi-ty, the teaching and non-teaching staff and the students participated in the celebration maintaining social distanc-ing protocols. The event was also live streamed through the college official YouTube Channel and Facebook. The celebration began with the Thamizhthai Vazhthu. Lieutenant Major. Dr. K. Siva Kumar, introduced Rev. Dr. K.A. Maria Arokiaraj, the Additional Principal (Shift – II), the chief guest for the day. Rev. Dr. D. Maria Antony Raj, the Principal, welcomed the gathering. In his address, the Principal wished everyone a Happy Republic Day and reflected on the difficult times we had during the pandemic. He urged everyone to remember and be grateful to the sacrifices made by our soldiers and frontline workers who toil day and night to safeguard us. He also congratulated and thanked the COVID - Warriors of our college, NCC and NSS students for volunteering themselves during the lockdown.

Rev. Dr. K.A. Maria Arokiaraj, the chief guest, after accepting the guard of hon-our hoisted the national flag. It was followed by contingent drill performed by the NCC Cadets. The chief guest honoured the best cadets for their individual achievements. The chief guest in his address to the audience and the cadets recounted the history of why Republic Day and Independence Day are celebrated. Father reminded the audi-ence of Dr.B.R. Ambedkar’s thoughts, urging every individual who has completed eighteen years of age to cast his or her vote. This is urgent because, currently the country is moving towards an attitude where power and money are ruling. This should change if the country has to progress and therefore as students you have a very big responsibility in selecting the right leader. Father stressed that, as we are about to cast our votes, let us not waiver in our duty of being faithful to the constitution and be extra cautious, not falling as victims to bribes. The celebration concluded with the Vote of Thanks and National Anthem.



10. Plastic Eradication Rally

Department of Social Work
22nd, January, 2021.

The P.G & Research Department of Social Work or-ganized a Plastic Eradication Awareness Rally on 22nd January, 2021 at Tirupattur Town. The pro-gramme was initiated by the Community Development Forum of the department. The rally was conducted between 2.30p.m and 3.30 p.m. The objective of the rally was to support sustainable development goals on climate ac-tion and life on land. Through this rally people were made aware of the ill effects in using plastic that causes environ-mental damage and climate change. The alternatives for the use of plastic in daily life were promoted. Mr. J. Maria Leo Joseph, Assistant Professor Department of Chemistry gave a short message, followed by a street dance performed by the social work department stu-dents. The programme concluded with vote of thanks.



11. National Voter's Day Celebration

25th January, 2021

The National Voter's Day was celebrated on 25th January, 2021 at Sacred Heart College (Autonomous), Tirupattur. The celebration began at 10.30 a.m with the august presence of Mr. M.P. Sivan Arul, District Collector, Dr. P. Vijay Kumar, IPS Superintendent of Police, Rev. Dr.D. Maria Antony Raj, Principal, Sacred Heart College and the esteemed members of the district ad-ministration. The dignitaries were greeted with welcome dance, performed by Government school students. The staff, students, self help group members, NCC cadets, rover and ranger volunteers of Sacred Heart College, the scouts and guides, students, headmasters from the neighbouring government schools participated in the voter's day celebration . The participants formed the human chain "Vote Tirupattur" that was video graphed by a drone. All the partici-pants took oath with "Voters Pledge". The aim of national voter's day celebration was to encour-age, facilitate more young voters to take active part in the political process and enrich democra-cy. The tri colour balloons were released by the District Collector, Sub- Collector, Superinten-dent of Police, Principal, Headmasters and Students as a flag of the awareness movement among the citizen. The participants gathered at Carreno Hall, the District Collector delivered a lecture on democracy and the importance of voting. Finally, the new voter identity cards were distributed to the fresh voters.



12. Blood Donation Camp

Department of Social Work

10th, February, 2021

The P.G. & Research Department of Social Work, Sacred Heart College (Autonomous) Tirupattur in collaboration with CMC Hospital, Vellore organised a Blood Donation Camp on 10th February, 2021. The programme began with a welcome address followed by prayer song. The students were addressed on the importance of donating blood by Rev. Fr. J. Andrews Raja, Head, Department of Social Work. The medical team went through a scientific process of screening the donors by HB test and suitable members alone were allowed to donate. Refreshment was given to the donors. Students who were found not eligible to donate blood were guided by the doctors on how to take care of their health. About 149 units of blood were collected from the students of various departments. The event was coordinated by Mr. Arul, CMC Hospital, Vellore and Dr. K. Arokiaraj, Assistant Professor, Department of Social Work.



13. Motor Bike Awareness Rally on Road Safety

National Service Scheme

13th, February, 2021

The National Service Scheme (NSS), Sacred Heart College, Tirupattur in as-sociation with Rathnas Lions Club, Tirupattur organized a motor bike rally from Sacred Heart College campus until Housing Board, Tirupattur on 13th Feb-ruary, 2021. The rally was flagged off jointly at 10.15 a.m. by Rev.Dr. John Alexander, Rector and Secretary, Rev.Dr. D. Maria Antony Raj, Principal, Mr.Thangavel DSP, Tirupattur, Rathnas Lions Club members Ln. Bhuvanewari and Ln. P.R.Dhevarajan respectively.

The volunteers wore helmet and raised placards containing slo-gans such as “wear helmet save lives”, “respect traffic rules”, “moderate speed always good” “high speed kills” to ensure road safety, About 100 volunteers from NSS and Media forum moved from Sacred Heart College slowly across the town bus stand, pudupet road and reached housing board signal at 11.15a.m. The students from Bharath Marshal Art Academy performed street play, mime, silabattam during the rally. The town po-lice escorted the rally and regulated the traffic.The rally created awareness on road safety measures such as wearing helmet, following traffic rules, avoiding the usage of mobile while riding and liquor consumption etc., The event was coordinated by NSS Program officers: Dr. M. Antony Arockiasamy, Dr. U. Ramesh, Dr. B. Seenivasan , and Dr. A. Royal Edward Wil-liams, Media Forum and Ln. Mr. Kishore respectively.





▲ திருப்பத்தூர் தாய நெஞ்சக்கல்லூரி முன்பு சாலை பாதுகாப்பு குறித்த விழிப்புணர்வு நிகழ்ச்சியில் பங்கேற்ற மாணவ, மாணவிகள்.

திருப்பத்தூரில் சாலை பாதுகாப்பு விழிப்புணர்வு

திருப்பத்தூர்: திருப்பத்தூர் மாவட்ட காவல் துறை மற்றும் திருப்பத்தூர் தாய நெஞ்சக்கல்லூரி சார்பில் சாலை பாதுகாப்பு விழிப்புணர்வு விழா கல்லூரி முன்பு நேற்று நடைபெற்றது. நிகழ்ச்சிக்கு, கல்லூரி முதல்வர் மரியடூண்டனிராஜ் தலைமை வகித்தார். திருப்பத்தூர் நகர காவல் ஆய்வாளர் டி.பி முன்னிலை வகித்தார். முன்னதாக தாய நெஞ்சக்கல்லூரியின் தமிழ் மன்ற தலைவர் பிரபு வரவேற்றார்.

இந்நிகழ்ச்சியில், வாகன ஓட்டிகள் தலைக்கவசம் அணிந்து வாகனங்களை இயக்க வேண்டும், சாலை விதிமுறைகளை கடைபிடிக்க வேண்டும், நான்கு சக்கர வாகனங்களில் செல்வோர் 'சீட் பெல்ட்' அணிய வேண்டும், மதுபானம் அருந்திவிட்டு வாகனங்களை ஓட்டக்கூடாது, செவ்வோன் யோசியப்படி வாகனங்களை ஓட்டக்கூடாது, வாகனங்களின் முகப்பு விளக்குகளில் கருப்பு ஸ்டிக் ஒட்ட வேண்டும், வித்திலா மாவட்டமாக திருப்பத்தூர் மாவட்டத்தை உருவாக்க வாகன ஓட்டிகள் முழு ஒத்துழைப்பு அளிக்க வேண்டும் என கல்லூரி மாணவ, மாணவிகள் சாலை பாதுகாப்பு குறித்து விழிப்புணர்வு ஏற்படுத்தினர். நிகழ்ச்சியில், கல்லூரி இணையோர் செஞ்சிறுவை சங்க ஒருங்கிணைப்பாளர் குறிஞ்சிமலர் உ.பி.ப. டலர் கலந்து கொண்டனர்.

14. Blood Donation Camp

Red Ribbon Club (Shift-I & II)

02nd, March, 2021

The Alumni Association and Red Ribbon Club (Shift-I & II), Sacred Heart College (Autonomous) in collaboration with the Lions Club, Tirupattur organised a Blood Donation Camp on 02nd March, 2021 to support the in-creasing demand for blood in the Govern-ment Hospital, Tirupattur. Vizhudugal Blood Donation Organisation extended its support through their volunteers. Rev. Dr. D. Maria Antony Raj, Principal, Sacred Heart College, inaugurated the camp in the presence of Dr. Rathina Natarasan, Tamil Chemmal and For-mer Lions District Governor, Nallasiriyar Mr.Sundaram, President, Lions Club, Tirupattur, Dr.Kumaravel, Government Hospital, Tirupattur, Mr. Gopinathen, Vice President, Sacred Heart College Alumni Association and Mr. Arun Amudhan, Secretary, Vizhudugal Blood Donation Organisation. Dr.Rathina Natarasan delivered the presidential address. Rev. Dr. Maria Antony Raj facilitated the volunteers and Dr. Kumaravel, thanked the management for the support. Dr. C.R. Christi Anandan, Secretary, Sacred Heart College Alumni Asso-ciation coordinated the event. Mr.V. Madhan Kumar, Dept of English (Shift-I) and Dr.K. Anbarasu, Dept of Tamil (Shift-II) Staff in-charges, Red Ribbon Club, Sacred Heart Col-lege and student volunteers of Red Ribbon Club extended their support. About 70 units of blood were collected during the event.



15. Sensitization Webinar on Intergenerational , Solidarity for School/College Students

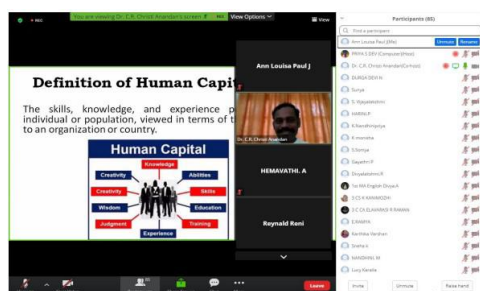
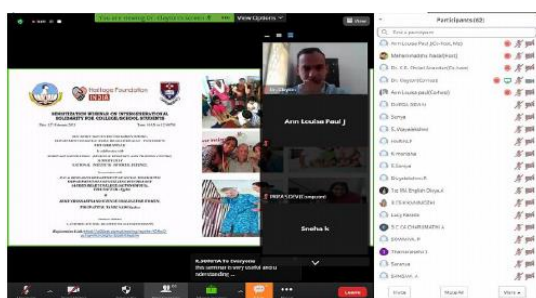
Department of Social Work & Counselling Psychology

18th, February 2021

The PG & Research Department of Social Work together with the Department of Counselling Psychology, Sacred Heart College (Autonomous), Tirupattur, jointly ventured into consultancy with the National Institute of So-cial Defence, India along with Heritage Foundation, Regional Resource and Training Centre, Hyderabad, supported by BDU-Heritage Centre For Gerontology, Department of Social Work, Bharathidasan Universi-ty, Tiruchirappalli.

The prospect of the consultancy was to organize a series of sensitization webinars to pro-mote intergenerational solidarity among college and school students. The programme was coordinated by Dr. Clayton Michael Fonceca, Asst. Professor, Department of Social Work, Sacred Heart College (Autonomous), Tirupattur.

The faculty members of the Dept of Social Work and Dept of Counselling Psychology, Sacred Heart College were the resource personnel. The webinar commenced on 12th February 2021 and concluded on 18th February 2021. Students from Holy Cross Arts and Science College, Tirupattur, Bharath Scouts and Guides, Tamil Nadu, Government Engineering College, Barugur, St. Charles Matriculation Higher Secondary School, Tirupattur and FOLC (Fullness of Life Club) – Seeding Hope Counselling Center - Sa-cred Heart College, Tirupattur, participated in the 5 day programme. About 576 partici-pants benefited from the webinar which focused on promoting intergenerational solidarity for school and college students. The webinar covered a variety of topics which included: The Need for love and care - A Critical Review on the status of Older Persons, Human Capital- An Investment in Youth, Problems of Elderly- Challenges and Solutions, Under-standing the Recent Trends- Statistics and Status of Elderly, The Future of Geriatric Care, Role of Family in caring for the Elderly, Old Age and Mental Health and Psycholo-gy of Ageing. Dr. K. R. Gangadharan, Chairman Heritage Foundation Hyderabad, thanked the host institution, for its remarkable attempt in reaching out to both school and college students across the districts of Tirupattur and Krishnagiri. He also thanked the faculty and the participants who attended the programme.



16. Youth for Social Responsibility (YSR) – MIYAWAKI Mini Forest Creation

Youth for Social Responsibility

28, March 2021

The Youth for Social Responsibility (YSR), a student-volunteer group of Sacred Heart College, Tirupattur organized a Career Guidance Programme (ILAKKU 2020) for 5,000 school boys and girls in 2020. The YSR team organized a tree planting drive with the plantation of 50,000 saplings in 2021, under the banner of PASUMAI ILAKKU 2021. The team joined hands with Actor Vivek's Foundation, GREEN KALAM, to carry the project. Unfortunately, due to the second wave of Corona, the programme was deferred to another date. Meanwhile, Mr. M. P. Sivan Arul, IAS, District Collector suggested an alternative project called MIYAWAKI Mini Forest. Along with the district administration and the guidance of Mr. Gnanasooriyan Bahavan of Bhumi Trust, the saplings were planted at Thumberi, a rocky terrain village in Vaniyambadi Tk. On 28, March 2021, about 60 YSR members and a host of government officials along with the villagers gathered under the leadership of the Collector in Thumberi. The enthusiastic YSR students planted a total of 1001 tree saplings with 50 different species led by the Collector, who planted sandalwood. A land area of 600 square meters was prepared with drip irrigation system, governed by the village panchayath. In his speech, the collector appreciated the YSR members and Sacred Heart College, Tirupattur for the social consciousness and expressed his desire to have about 1000 MIYAWAKI Mini Forests in Tirupattur District. He urged the YSR members to take up the challenge and he promised the support of the district administration. The YSR team was accompanied by Rev. Dr. Maria Arokiaraj, the Additional Principal.



17. Condolence Meeting

National Cadet Corps

10th December, 2021

The Management, Staff and Students, Sacred Heart College (Autonomous), Tirupattur paid homage to the departed souls who had lost their lives in the major chopper tragedy on 08th December, 2021 near Wellington, Coonoor. India's first Chief of De-fence Staff General Bipin Rawat and 13 other de-fence personnel passed away in the incident. On 10th December, 2021 in front of college office at 2:30 pm. Rev. Dr. D. Maria Antony Raj. SDB, Principal, Rev. Dr. K. A. Maria Arokia Raj. SDB, Addl. Principal, Dr. S. R. Xavier Rajarathinam, Vice Principal, (Academics), Dr. R. Murali, Staff Secretary, Lt. Dr. K. Siva Kumar, NCC – Of-ficer, Mr. S. Gnanaprakasam, Office Superintendent, Teaching and Non-Teaching Staff and NCC Cadets mourned the tragic demise of the personnel. Deep silence was ob-served for a few minutes by holding candles to condole the departed souls.



18. 73rd Republic day celebration and unveiling of Thiruvalluvar statue

College programme- National Cadet Corps

26th January 2022

Sacred Heart College (Autonomous), Tirupattur celebrated the 73rd Republic Day on 26th January 2022. The Celebration began with the Thamizhthai Vazhthu. Lieutenant. Major. Dr. K. Siva Kumar, welcomed the gathering, Rev. Dr. Praveen Peter, the Vice-Principal (Administration) introduced the Chief Guest Dr V.G. Santosam, Founder, VGP Group of Companies, VGP Ulaga Tamil Sangam Chennai. The Guard of Honour was accepted by Rtn. Er. V. Bharathi, the President, of Rotary Club. Tirupattur. Rev. Dr. D. Maria Antony Raj, the Principal, welcomed the gathering and delivered his Republic Day message. He wished everyone "A Happy Republic Day". It was followed by contingent drill performed by the NCC Cadets. The Chief Guest in his address elaborated on the significance of Thirukkural and its universality. He urged the students to love the country, be brave and stay devoted to become a greater nation. India has become a powerful country because of the sacrifices of our courageous veterans like Netaji Subhash Chandra Bose. The Celebration concluded with the Vote of Thanks and National Anthem.

The Republic Day celebration was followed by the unveiling of Thiruvalluvar's statue of about 5 ½ ft tall near the college library. It was sponsored by the VGP group. The statue was unveiled by Kalaimamani, Dr. V.G. Santosam, Founder of VGP Group and the World Tamil Sangam. The VGP Tamil Sangam headed by Kalaimamani Dr. Santosam aims at promoting the Tamil culture and the significance of Thirukkural across the globe. The pedestal on which the statue is erected is sponsored by Tirupattur Rotary Club. The statue of Thiruvalluvar has been erected here as a symbol of our culture to put forth the great ideals of Thiruvalluvar to the students and to the people. The Tamil Sangam group has so far put up more than 130 statues of Thiruvalluvar in India and across the globe. Dr. Pon Selvakumar, Head, Department of Tamil, anchored the inauguration ceremony. Rev. Dr. D. Maria Antony Raj, Principal, Rev. Dr. John Alexander, Secretary presided and thanked the sponsors for their philanthropic deeds. The arrangements for the ceremony were made by Rev. Fr. Sathyanathan, Administrator of the College. The salesian community, the teaching and non-teaching staff and students took part in this culturally significant event of the college. Prizes were distributed to students for participating in the various Thirukkural competitions organised by the Department of Tamil. The salesian community, the teaching and non-teaching staff and the students participated in the celebration maintaining social distancing protocols. The event was also live-streamed through the institution's official YouTube Channel.



19. Awareness programme on menstrual hygiene and endometriosis women cell (Shift I)

Women Cell, Department of Social Work &. Department of Counselling & Psychology

1st March, 2022

The Women Cell, the P.G. & Research Department of Social Work and the P. G. Department of Counselling & Psychology, Sacred Heart College (Autonomous) in collaboration with Sanitation First India, Chennai jointly organized an awareness program titled „Menstrual Health and Endometriosis“ on 1st March, 2022. Ms. T.S. Padmapriya Chief Executive, Sanitation First India, Chennai was the resource person for the event. Rev. Fr. Praveen Peter, Vice Principal, and Dr. A. Merceline Anita, Dean, Women Cell, Sacred Heart College honoured the resource person. During the session: a brief orientation about menstruation, the common stigma that exist in the society that associates with menstruation, the process of menstruation and menstrual cycle, physical changes that happen during the period of puberty, scientific and logic reasons for the practice among many families during the menstruation, emotional and physical disturbances which women experience during menstrual cycle, methods to be used in disposing sanitary napkins, and methods of using menstrual cups & its benefits were elaborated. She also explained about Endometriosis, its symptoms, treatment and precautions. About 1000 girl students of both Shift I & Shift II attended the program.



20. நான் முதல்வன்' திட்டம் குறித்து கலந்துரையாடல்

College programme
1st, March, 2022



நான் முதல்வன் பள்ளி, கல்லூரி மாணவர்கள் மற்றும் இளைஞர்களுக்கான திறன் மேம்பாட்டுத் திட்டம் தொடக்கவிழா



நான் முதல்வன் உலகை வெல்லும் இளைய தமிழகம் - பள்ளி, கல்லூரி மாணவர்கள் மற்றும் இளைஞர்களுக்கான திறன் மேம்பாட்டுத் திட்டம் 01.03.2022 அன்று சென்னை கலைவாணர் அரங்கில் மாண்புமிகு தமிழக முதல்வர் அவர்களால் தொடங்கி வைக்கப்பட்டது. இந்நிகழ்ச்சி நமது தூய நெஞ்சுக் கல்லூரியிலும் காமராசர் அரங்கில் ஒருங்கிணைக்கப்பட்டது. இந்நிகழ்ச்சிக்குக் கல்லூரி முதல்வர் அருட்திரு முனைவர் தா. மரிய ஆண்டனிராஜ் ச.ச., அவர்கள் தலைமை வகித்தார்.

சென்னையில் இருந்து நேரலையாகக் காணொலி வாயிலாக முனைவர் வெ. இறையன்பு இ.ஆ.ப., தலைமைச் செயலர் அவர்களின் உரையை மாணவர்கள் கேட்டனர். மாண்புமிகு தமிழ்நாடு முதலமைச்சர் மு.க. ஸ்டாலின் அவர்கள் நான் முதல்வன் திட்டம் என்னுடைய கனவு திட்டம் என்பதைக் கூறி இத்திட்டத்தின் நோக்கம், மாணவர்களின் எதிர்காலப் பயன் உள்ளிட்டவற்றை விளக்கமாக

கூறியதைக் கேட்டு, மாணவர்கள் இத்திட்டத்தின் பயனை உணர்ந்தனர்.

முதலமைச்சரைத் தொடர்ந்து பல ஆளுமைகள் இந்நிகழ்வில் உரையாற்றினர். காணொலி உரைக்குப் பிறகு தூய நெஞ்சுக் கல்லூரியில் ஏற்பாடு செய்யப்பட்ட 3 சிறப்பு விருந்தினர்களின் உரைகள் இடம் பெற்றிருந்தன. “இந்திய அரசியலமைப்பு சாசனம் சந்திக்கும் சவால்கள்” என்னும் தலைப்பில் தூய நெஞ்சுக் கல்லூரியின் வரலாற்றுத்துறைத் தலைவர் முனைவர் தா. லெஸ்லின் அவர்களும்; “பெண் விடுதலை” என்னும் தலைப்பில் தமிழகத் திராவிடர் கழகத்தின் பொருளாளர் திருமதி. அகிலா எழிலரசன் அவர்களும்;

“தலை நிமிரும் தமிழகம்” என்னும் பொருண்மையில் தமிழ்த்துறை உதவிப் பேராசிரியர் முனைவர் கி. பார்த்திபராஜா அவர்களும் உரை நிகழ்த்தினர். நிகழ்வை துணை முதல்வர் அருட்திரு முனைவர் பிரவீன் பீட்டர் ச.ச., அவர்கள் ஒருங்கிணைப்பு செய்தார். முனைவர் க. மோகன்காந்தி அவர்கள் தொகுப்புரை வழங்கினார்.



21. Road safety awareness campaign

National Service Scheme & Youth Red Cross

25th, January, 2022

The National Service Scheme (NSS) and Youth Red Cross (YRC) Shift-I, Sacred Heart College (Autonomous), Tirupattur, in collaboration with Tirupattur District Police organized a “Road Safety Awareness Campaign” on 25th January, 2022 at College Main Entrance. The programme began with the welcome address given by Dr. R. Kurinji Malar, YRC President,. Delivering the presidential ad-dress, Rev. Dr. D. Maria Antony Raj SDB, Principal, urged the students and public to follow safety measures given by the Tamil Nadu Police. Speaking on the occasion, Mrs.Mangayarkarasi, In-spector of Police, Jolarpet, enumerated a list of safety measures needed such as: hel-met - both for rider and pillions, moderate speed, avoiding alcohol and cell phone while driving. Rev. Dr. D. Maria Antony Raj SDB and Mrs. Mangayarkarasi inaugurated the campaign by awarding the bike riders who used helmet with a pen and earnestly ap-pealed others without helmet to wear helmet by sticking a logo in Tamil “Wearing Hel-met Saves Life” on the bonnet of the bikes. Mr. Devendren, Inspector of Police, Khandili also joined the campaign and encouraged the students. The NSS and YRC volunteers along with staff followed the campaign. Dressed as “Yemen” (God of Death) two volunteers Poovarasan and Pavan Kumar warned the bikers without helmet of risking their lives and inviting death, in a comical way. All the other volunteers stood along the road with the plac-ards in hands depicting the road safety slogans in Tamil and created awareness. The programme was coordinated by NSS Programme Officers: Dr. M. Antony Arockiasamy, Dr. G. Mohan Gandhi, Dr. U. Ramesh and YRC President, Dr. R. Kurinji Malar. The whole programme was conducted strictly adhering to the SOP prescribed by the Tamil Nadu Government. About 50 volunteers, faculties and police personnel actively participated in the noble campaign.



22. Blood donation camp

National Service Scheme & Red Ribbon Club

1st, April, 2022

The National Service Scheme (Shift-II), Red Ribbon Club, Sacred Heart College (Autonomous), Tirupattur in association with Government Community Health Centre, Andiyappanur, Tirupattur District organised the Blood Donation Camp on 1st April, 2022. Dr. Senthil, Deputy Director of Health Service, Tirupattur District, Dr. Soundariya, Block Medical Officer, Andiyappanur and Dr. Baskar, Block Medical Officer, Tirupattur addressed the gathering and insisted on the importance of blood donation. Rev. Dr. John Alexander, Rector and Secretary, delivered the presidential address and motivated the youth on the social service. Rev. Dr. D. Maria Antony Raj, Principal, highlighted the noble services of Sacred Heart College to the needy people in the locality by conducting blood donation camps every year through various departments. Rev. Dr. K.A. Maria Arokiaraj, Additional Principal, appreciated the initiative and the efforts of the team. Rev. Dr. G. Theophil Anand, Vice Principal (Admin Shift-II) appreciated the donors for their voluntary contribution for the needy people. The medical staff tested the weight and hemoglobin of 120 volunteers and created the records of them. 87 units of blood were donated by the eligible students. Certificates were issued to the donors.



23. Counseling session on mental health & adolescence

Counseling centre

22th, April, 2022

The Counselling Centre, Sacred Heart College in collaboration with St. Joseph's Boys Home, Bargur organised a counseling session for 35 adolescent boys and girls with health issues. Ms. Latha Munuswamy, Counselor, Sacred Heart College along with four I M.Sc., Counselling Psychology students: Ms. Sheena Mathew, Ms. Kamali Anbalagan, Ms. Meenakeshi Umesh and Ms. Jeevitha Jayseelan organized the sessions. The young adolescents were given talk on topics related to mental health issues and its management. Ms. Sheena Mathew gave a talk on stress and management, followed by Ms. Meenakshi who spoke about the causes of suicide among young people, means to identify and manage suicidal thoughts. Ms. Kamali spoke on depression and its management, followed by Ms. Jeevitha who spoke about anxiety and its management. During the afternoon session the adolescent participants were given individual counseling by the counseling psychology students.



24. Counselling session in anantha kuzhan-thaigal rehabilitation centre

Counselling centre

25th, April, 2022

The Counselling Centre, Sacred Heart College in collaboration with Anantha Kuzhanthaigal Rehabilitation Centre (M.R. Special School), Gudiyattam organized a one day counseling sessions for parents of mentally challenged children. Ms. Latha Munuswamy, Counselor, Sacred Heart College along with four I M.Sc., Counseling Psychology students: Ms. Sheena Mathew, Ms. Jeevitha Jayseelan, Ms. Kamili Anbalagan, and Ms. Meenakeshi Umesh visited the rehabilitation centre on 25th April, 2022. About 30 parents and care takers were given counseling support during the session.



25. Mass cleaning campaign

College programme

3rd, June, 2022

Sacred Heart College (Autonomous), Tirupattur participated in the Mass Cleaning Campaign initiated by the Tirupattur Collectorate and Tirupattur Municipality as per the direction of Government of Tamil Nadu for the commemoration of the Birth Anniversary of the former Chief Minister of Tamil Nadu Dr. Kalaignar M. Karunanithi on 3rd June, 2022.

Around 500 hundred students of Sacred Heart College have marched towards the Lake behind the Tirupattur bus stand to create the awareness among the public on clean environment with the slogan of the day “எனது குப்பை எனது சபாறுப்பு”.

The honourable Collector of Tirupattur District Mr. Amar Kushwaha, IAS had swayed the flag and began the campaign at 10.00 am at bank of the Lake. He highlighted the importance of cleanliness of environment and importance of preserving the Lake from garbage in his key note address.

He stepped into the filed along with our students to clean the entire lake. Students and staff members of Sacred Heart College (Autonomous) along with the employees of Tirupattur Municipality have actively participated and cleansed the surroundings of lake. Mrs. Sangeetha Venkatesh, The Chairperson of Tirupattur Municipality and Commissioner of Tirupattur Municipality have participated and graced the occasion.



26. Seminar on “the many faces of social media and the internet: good, bad & the ugly”

Department of Life Education

13th, April, 2022

The Department of Life Education organized a Seminar on the topic “The Many Faces of Social Media and the Internet: Good, Bad & the Ugly”, for all I UG students on 13th April, 2022. About 1225 students benefited from this seminar.

The students were divided into 5 groups and they were put in different halls in order to increase more participation and involvement.

The event was organized in collaboration with Niraivagam – Don Bosco Institute of Psychological Service, Chennai.

Resource persons were: Rev. Dr. Joseph Jeyaraj SDB and Rev. Fr. Selvakumar SDB. They explained about positive and negative use of social media. Students enjoyed the seminar and learnt the positive and negative consequences of social media. It helped many students to realize and change their outlook towards the usage of social media in a proper manner. Most of the students came forward and clarified their doubts and helped others to gain knowledge.



27. Anti-human trafficking day

Department of Social Work & Counseling Psychology

2nd, August, 2022.

The Tamil Nadu State Women's Commission celebrated Anti-Human Trafficking Day on 2nd August, 2022 in the premises of Sacred Heart College. The PG students from the Department of Social Work and Counseling Psychology participated in the event. Mrs. Sneha, Advocate and Social Welfare Activist, Mr. Senthil, SRDPS (Women and Children Home) and dignitaries from TN Police Department graced the occasion. The event focused on: human trafficking, who easily gets trafficked, what are the purpose, where can we get help and whom do we need to report. The key idea include: prevention, rescue, reha-bilitation and re-integration. Mrs. Sneha spoke in detail about how easily the offenders prey on their victims. Mrs. Veni, Chief Police Personal discussed about the recent cases she dealt and shared the help line number to contact. Mr. Senthil spoke in detail about the service they render from his office and he also shared about the story of the recent inmates/victims they are helping. A pamphlet was shared with all the necessary details about his office, work, child and women help line numbers with the students.



28. Awareness program on alcohol & substance abuse

Department of Life Education

3rd & 4th August, 2022

The Department of Life Education in col-laboration with De - Addiction Ministry, A. Kattupadi, Vellore organized an Aware-ness Program on Alcohol & Substance Abuse on 3rd and 4th August, 2022. Rev. Dr. Siluvai Muthu SDB was the resource person of the event. The objectives of the event include: to create awareness on alcohol and substance abuse, to clarify myths and facts about alcohol addiction and to make the students to understand the impact of addiction. During the valedictory session: Rev. Dr. John Alexander, Secretary and Head, Department of Life Education appreciat-ed and thanked Rev. Dr. Siluvai Muthu for his noble deed. Rev. Dr. John Alexander and Rev. Dr. Samson Shanmugam presented the speaker a memento. About 654 hostel students of the institution attended the event.



29. 75th Independence day celebrations

College programme-NCC

15th August, 2022

On 15th August, 2022, Sacred Heart College celebrated the Nation's 75th Independence Day with pomp and grandeur. The occasion was graced by Rev. Dr. D. Maria Antonyraj, SDB, the Principal, Rev. Dr. K A. Maria Arockiaraj, SDB, Additional Principal, Rev. Dr. G. Theophil Anand, SDB, Vice-Principal, Shift – I, (Administration) the Vice-Principals of both the Shifts (Academics), the Deans, the Heads of the Departments, Teaching and Non-Teaching Staff, and students.

Rev. Dr. D. Maria Antonyraj, the Principal, welcomed the gathering and wished everyone a joyous 75th Independence Day. He recalled upon the sacrifices of our freedom fighters, and appealed to all to become responsible citizens of our nation. Lieutenant, Dr. K. Sivakumar, led the contingent drill of the cadets. The cadets according the guard of honour, paid tribute to the Indian Tricolour Flag as it was unfurled in the college grounds at 9.00 a.m. Later 75 pigeons were set free, as a mark of peace by the girls from the Department of Social Work.

The Chief Guest, Dr. Pon Selvakumar, Head, Department of Tamil, apprised the gathering on the struggles that our freedom fighters went through to gain the freedom we cherish today. In his message, he touched upon how Ahimsa, being the key principle of our nation has become a model for other nations. Ahimsa, has kept the nation in peace. But, we have not freed ourselves from the discrimination of caste. Though the shackles of caste were broken by an icon like Dr. Ambedkar; the country is still not rid of the chains of discrimination, violence and poverty. The land is free from the clutches of colonization but people are not free. People are divided by caste and wealth. Education has not reached the marginalized. It is the duty and responsibility of those in power and the educated to ensure that the marginalized are uplifted.

The prize winners of Essay Writing, Drawing, Reel Making and Debate were honoured by the Chief Guest and the Principal to commemorate the 75th Independence Day. The celebrations concluded with the vote of thanks proposed by Ms. Merlyn Florence, Assistant Professor, Dept. of Computer Applications.



30. Anti-drug awareness rally

Groups & Movements(Shift II)

17th, August, 2022

The “Anti-Drug Awareness Rally” was organized by Groups & Movements, Women Students Cell of Shift-II, Sacred Heart College in collaboration with Rotary Club, Tirupattur on 17th Aug, 2022. The event aimed to promote awareness among the public about the harmfulness of drug usage. Rev. Dr. D. Maria Antonyraj, Principal, Sacred Heart College and Rtn. J. K. Palani, District Governor, Rotary Club initiated the rally at 10.00 a.m in the presence of Rev. Dr.K.A. Maria Arokiaraj, Additional Principal, Sacred Heart College, Rtn. PHF. S. Ravi, President, Rtn. PHF. R. Chandrasekaran, Trainer, Rotary Town Club Members, Groups & Movements Presidents (Shift-II), Mrs. C. Dharmadevi & Dr. Sarala Devi, Deans of Women Students (Shift-II). The rally started from Sacred Heart College campus and moved through Vaniyambadi Main Road, Dharmapuri Main road and concluded at Taluk Office, Tirupattur. About 800 students including the II UG students with children from Swamy Vivekanda Matriculation School, Thim-manamuthur and Sri Narayani Matriculation School participated in the rally.



31. Blood donation camp

Department of Social Work, National Service Scheme

28th, August, 2022

The P.G. & Research Department of Social Work, National Service Scheme (NSS) Sacred Heart College in collaborated with the Christian Medical College, Vellore organized a Blood Donation Camp on 28th August, 2022 at Don Bosco Indoor Stadium. The event aimed to raise awareness on blood donation, educate the students on the importance of donating blood to the needy and further to help female students understand their hemo-globin level. As part of this programme, eager donors including faculty, non-teaching staff, parents and students (boys & girls) came to donate blood for this good cause. A team from CMC Hospital, consisting of two doctors, four nurses, and ten lab technicians, conducted a thorough screening and testing of blood samples after providing individual counselling to each donor. The donors were examined before having their blood drawn. About 161 units of blood from 201 volunteers were collected.



32. Seminar on don't drug yourself down

Department of Life Education
15th, September, 2022

On 15th September, 2022 the Department of Life Education in collaboration with Niraivagam, Chennai, organized a Seminar on the topic “Don't Drug Yourself Down” Intervention Model to Overcome Substance Abuse for all the I UG Students of the institution. The objectives of the event include: to create awareness on drug and substance abuse, to clarify myths and facts about drug addiction and to make the students understand the impact of addiction. Rev. Dr. Joseph Jeyaraj SDB, Director, Niraivagam was the team leader. There were 5 resource persons animating the students: Mr.Murali, T.T. K. Hospital, Chennai, Mrs. Anne Florence, Assisted Learning Services, Mr.Prabakaran Samuels, Trainer & Coordinator, Mr.Amaladass, Trainer & Coordinator, Mr. Ashwin Mahesh, Assisted Learning Expert respectively. About 1288 students attended the seminar.

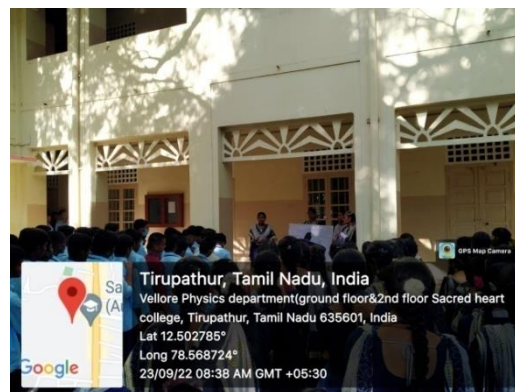


33. Bhagath Singh day

College programme

23rd, September, 2022

Bhagath Singh Day was celebrated in the college premises on 23rd, September, 2022, the students and staff gathered together on this auspicious day to pay homage to their legend, a young, vibrant visionary and political leader. Bhagath Singh is known for the slogan “Inquilab Zindabad” which means long live the revolution. The students made a painting of Bhagath Singh which was held upside down a means to surprise the audience. Three students spoke in terms of a discussion the thoughts and the life of Bhagath Singh with fervor and enthusiasm.



34. One Day Basic Training Programme on “Human Rights”

Department of Social Work

03rd, February, 2023

The Department of Social Work (Human Re-source Management), Sacred Heart College organised a One Day Basic Training Programme on Human Rights in collaboration with National Human Rights Commission (NHRC) on 03rd February, 2023. Rev.Dr. D. Maria Antony Raj, Principal, Sacred Heart College was invited as chief guest for the inaugural ceremony. In his address he gave awareness on human rights and he stressed the importance of human rights among the students and motivated them to be vigilant, he also appreciated the department for conducting the training programme. Sacred Heart College is one among the four colleges select-ed and funded by the commission across Tamil Nadu. Four resource persons were invited for the programme. Mr. Rajaratnam Santhanam, Advocate, Madras High Court. He addressed on the topic “Introduction to Human Rights””. Dr. Sam Deva Asir RM, Assistant Professor, Bish-op Heber College, enlightened the students on the topic “Human Rights Institution in India”. Dr. Rex Sahayaraj, Guest Lecturer, RGNIYD, cov-ered the topic “Rights of Women and Children” and Dr. K. Krishnan, Executive Director- FSD, educated on the topic “Rights of other Vulnerable Group””. The students of the De-partment of Business Administration and the Department of Social Work (HRM) attended the event.



35. Awareness Programme on Cervical Cancer

Women's Cell(Shift I)

14th, February, 2023

The Awareness Programme on Cervical Cancer was conducted on 14th Feb, 2023 for all the UG women students of Shift I. The event was coordinated by the Women Cell of Shift I in collaboration with the Department of Biochemistry and Microbiology. Dr. N. Madhu Priya, MBBS, DGO, MS(OG) MRC-OG, Sri Jeya Hospital, Tirupattur was invited as the resource person. Dr. A. C. Gomathi, Head (PG), Department of Biochemistry welcomed and introduced the resource person. Dr. S. R Xavier Rajara-thinam, Vice Principal of Academics, Shift I and Dr. A. Merceline Anita, Dean of Women Students Shift I felicitated the resource person. Dr. N. Madhu Priya gave an orientation for the Girls about the problems faced by them in this adolescent age and how to tackle it. She stressed on Invasive Cervical Cancer, its diagnosis, screening, stages of the disease, how to prevent it and the need of HPV Vaccine during 9 to 14 years of age. Catch up vaccination for adolescents and young adults till 26 years of age. She pointed out that Cervical Cancer is treatable with good outcome. Dr. A. Merceline Anita conveyed her sincere thanks to the event coordination committee and to the participants. The event created awareness among the girls to take precautionary measures to avoid cervical cancer.



36. Awareness Program on Life Style, Cancer and Food Habits in Siddha Medicine

Women's Cell (Shift-II)

17th, March, 2023

The Women Cell (Shift-II), Sacred Heart College organized an Awareness program on “Lifestyle, Cancer and Food Habits in Siddha Medicine” on 17th March, 2023. Rev. Dr. K. A. Maria Arokiaraj, Additional Principal gave the dynamics of the program and felicitates the gathering. Dr. V. Vikram Kumar, MD(S), Asst. Medical Officer, Aandiyappanur was invited as the resource per-son. He gave vivid details about the types of cancer, and the causative agents for cancer. He mainly focused on uterine cancer or ovarian cancer in women and prostate cancer in men and skin cancer caused by Chernobyl disaster. He gave awareness about the usage of plastics and how it causes cancer in human life. He also pointed out the natural ways of detoxifying the body, people suffer from anaemia because of lack of haemoglobin and lack of personal health hygiene leads to global health care which causes many problems in the society.



37. Blood Donation Camp

National Service Scheme(Shift-II) & Red Ribbon Club (Shift I & II)

21st December, 2022

The National Service Scheme (Shift-II) and Red Ribbon Club (Shift I & II), Sacred Heart College (Autonomous) Tirupattur in association with the Government Community Health Cen-tre, Andiyappanur, Tirupattur organised the Blood Donation Camp on 21st December, 2022. Rev. Dr. John Alexander, the Rector and Secretary, Rev. Dr. D. Maria Antony Raj, the Principal and Rev. Dr. K.A. Maria Arokiaraj, Additional Principal inaugurated the camp. Dr. Senthil, Deputy Director of Health Service, Tirupattur District, Dr. Soundariya, Block Medi-cal Officer, Andiyappanur, and Dr. Suresh, Medical Officer, Andiyappanur addressed the gathering and insisted on the importance of blood donation.

Rev. Dr. D. Samson Shanmugam, Vice Principal (Administration) – Shift II, encouraged all the donors by saying “Gift of Blood is Gift of Life”. He thanked all the donors for the noble steps they have taken and to help the fellow brethren. Dr. B. Chandrasekar, NSS Programme Officer, Dr. R. Sankar, RRC, Program Officer and Mrs. C.S. Kalpana, Coun-selor, Govt. Community Health Centre appreciated the donors for their voluntary contri-bution. About 100 units of blood were generously donated by students, volunteers and general public of the town.



38. “Understanding the History of Colonialism, Nationalism and Communalism”

Department of History

09th, January, 2023

The Department of History (Shift II), Sacred Heart College organized an invited talk titled “Understanding the History of Colonialism, Nationalism and Communalism” on 09th January, 2023. Dr. P. Kumar, Assistant Professor, Department of History, Tamil Nadu National Law University, Tiruchirappalli was the resource person. The guest speaker enlightened the students on the wider role played by the Europeans in Indian history and culture. He highlighted the nature of the Europeans and British East India Company rule and their administrative measure in India. He emphasized different viewpoints of various historians. The speaker differentiated the British Colonialism, Nationalism and Communalism from the previous Indian rulers. The students actively participated in the event. Dr. D. Leslin, Head, Dept. of History, Dr. R. Govindaraj and faculty members of the department graced the occasion.



39. Medical Camp on Detection of Anaemia

Rotract Club (Shift-II)

6th, & 13th, December, 2018.

A Free Medical Camp on Detection of Anaemia for adolescent girls was organized by the Rotract Club Shift-II. The camp aimed to promote awareness on anemia for young girls. The camp was sponsored by Rotract Club of Tirupattur and Dr. Elamparathi, Thangamma Hospital. The camp was organized between 6th and 13th December, 2018 at Sacred Heart College. Rtn.Chandrasekar, the president, Dr. Elamparathi and ten members from Rotary Club graced the occasion. The programme was inaugurated by Rev. Dr. K.A. Maria Arokiaraj, the Additional Principal. A team of five staff nurses from Thangamma Hospital performed the blood test to detect anaemia among the students. Around 1050 students were benefitted by the free camp.



40. Commemorating the 70th Anniversary of Constitution Day

College Programme

26th, November, 2019

The commemoration of 70th anniversary of the Constitution of India was observed in Sacred Heart College (Autonomous), Tirupattur, Tirupattur District, Tamil Nadu on 26th November 2019, Tuesday at 11:00 am in John Med Block and then at 12:30 pm in Kamarajar Arangam. This event is a mark of respect by the Institution in union with the commemorations initiated by the Government of India to glorify the existence of the constitution of India for the past 70 years. The entire college community including the management, faculty and students gathered together to show their solidarity and respect towards the adoption of constitution of India. The programme was arranged in order to impart the qualities of devotion, secularism and patriotism in the minds of young people of this Nation. The Programme was inaugurated with an introduction given by Rev. Dr. D. Maria Antony Raj, SDB, the Principal. He emphasized the importance of the constitutional amendments in the life of its citizens and appealed to the students to remain as loyal citizens of this country and contribute their best for its growth and development. He then led the students to take oath on the Preamble of the Constitution of the India. Dr.D.Leslin, Head, Department of History delivered a talk on the salient features of the Indian constitution and elaborated on the stages encountered in the framing of the constitution. He appealed to the students to understand the national values expressed in the constitution and to lead a live a life of integrity, peace and harmony. He also outlined the significant evolution of the amendments over the years based on the needs and challenges of the Indian society. As an attempt to promote the importance of the day, a live streaming of the Parliamentary proceedings of the day was shown to AICTE Students in John Med block. The students witnessed the events held in the parliament and greatly appreciated the importance and significance of our Indian constitution. The programme paved a wonderful opportunity for the students to realize the importance and impact of our constitution in the lives of millions of people living in our country. The meeting concluded with National Anthem.



41. World Suicide Prevention Day

Department of Counselling Psychology

13th, September, 2019

The Department of Counselling Psychology had taken an effort to bring awareness program on “World Suicide Prevention Day” on 13th September 2019. It was an innovative and attractive awareness programme. The Department of Counselling Psychology joining with Counselling Center and FOLC invited all the staff and students of Sacred Heart College to work together to prevent suicide and bring awareness among themselves. As psychologists’ and counsellors’ we have greater responsibility, to care for and to prevent suicide among the depressed people. We had a campus awareness program that included pinning of “I Love Myself” badges, Oath taking Ceremony, Thumb Impression Campaign, and “Letting go of Worries and Receiving a Blessing” activity. Through these activities the message of the day was clearly conveyed that the importance of life and how to face the challenges of life. The message was well received and much appreciated by both staff and students. All the students participated with great enthusiasm. Staff and students of our department along with the Counselling Center and FOLC did a great job and made this event a successful and memorable one. The climax of the event was the thumb impression campaign which was simultaneously inaugurated by Rev. Fr. Rector and Rev. Fr. Principal which clearly depicted the importance of life and to avoid ending life due to various problems faced by people. For the both the shifts “I Love Myself” badges were pinned to promote the awareness on the prevention of suicide by sharing to counsellor and to contact the helpline. On the whole, it was an exciting and very much appreciated by all the staff and students.

