

7.1.1. Measures Initiated by the Institution for the Promotion of Gender Equity during Last Five Years

Gender Sensitization Action Taken Report

List of Gender Equity Programs SHC

2018 – 2019

2018- 2019					
S.No	Date	Topic	Chief Guest	Participants	Shift
1	12 th July 2018	Role of women and in the society and their importance	Rev. C Antony Raj Ms. Latha Munuswamy	Ist UG	Shift I
2	28/08/2018	Psychological problems of women and their management	Rev. Sis. Anthoniammal	IInd and III year	Shift I
3	8/09/2018	Challenges encountered by women in the post modern era Debate: Increase of sexual violence is due to the social media or cultural influences	Ms. Leema Peter Psychologist and Counsellor, Loyala college Chennai Dr. Serala Devi HoD Tamil Dept, SHC	All students	Shift I & Shift II
4	25/09/2018	Dynamics in relationship and management	Rev. Sis. Rosali HoD, Life education Dept, SHC	II UG	Shift I
5	11/01/2019	Nutrition and Hygiene	Dr. Irene Priyadershani Nisha Kumar's Dental Care, Chennai	III UG	Shift I
6	08/03/2019	Women's rights and their safety	Thilagavathi LLB Writer and Social Activist	All students	Shift I
7	08/03/2019	Women's Day Celebration	K. Shanthi Inspector, TPT	All students	Shift I Shift II
8	08/03/2019	Women's Empowerment Poster Competition	-	All Students	Shift I

Women Cell Programmes

Women Students Meet

Women Students Meet on the theme “Empowering Women Together” was organized on 8th September, 2018. The in-augural session started with a prayer song. Dr. A. Mekala, Dean, Women Students Shift-II delivered the welcome address. The felicitation was done by Rector, Rev. Dr. C. Antonyraj. The chief guest Mrs. Leema Peter, M.Sc., M.Phil., PGDRM, PGDCP, a Psychologist and a student counselor was introduced by Dr. A. Merceline Anita, Dean, Women Students Shift I. The chief guest delivered a talk on „Challenges Encountered by Women in the Post-modern Era“. The talk was potential with high feminine capital values from social perspective. She drew various evidences to make things clear. She spoke on various psycho-logical issues faced by women and the way to lead a happy and contented life by overcoming the barriers. A debate was organized for the students on the topic „Increasing Sexual Violence is due to the Effect of Social Media or the Deterioration of Cultural Values“. Dr. M. Sarala Devi, Asst Prof, Dept of Tamil moderated the debate. A Talents Exposure Competition was also conducted for the students. The women students exhibited their varied talents and prizes were distributed by the chief guest. The vote of thanks was proposed by Mrs.C. Dharma Devi, Asst Prof, Department of BCA, and it was followed by college anthem.



அறத்தின் குறள்

This was a panel discussion woman and their state of life in the society. This program was conducted on 24/07/2019 the women's Cell Shift I & Shift II. Rev. Dr. Anthoniraj the secretary and rector and Rev. Dr. Maria Antony Raj the principal inaugurated the panel discussion. Dr. Mohan Gandhi Assistant Professor of Tamil Department moderated the discussion. Eight students from different departments shared their experiences and opinions on the topic.

It was really enriching experience for the students and made them reflect the present condition of women and how to tackle issues related to them.

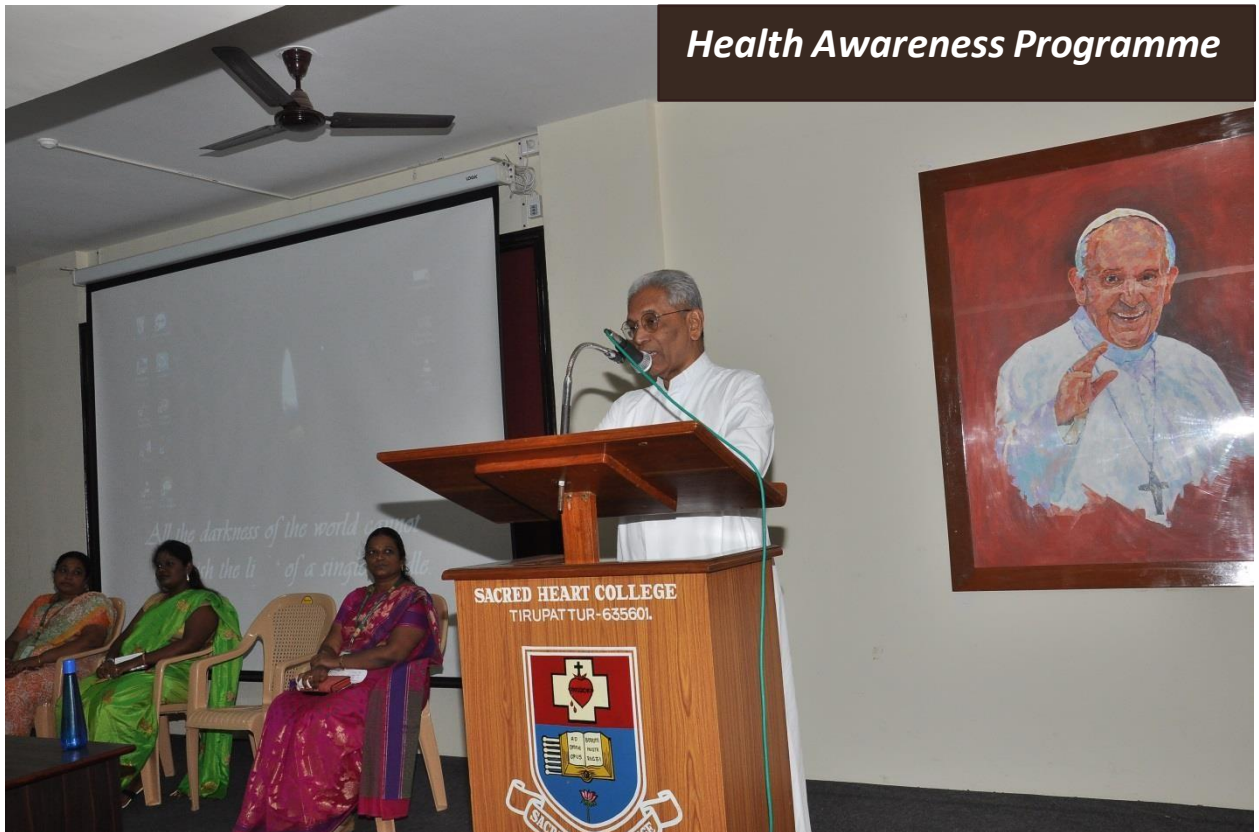
7.1.1. Women Cell Programmes Photos

2018-2019





Health Awareness Programme



Sacred Heart College (Autonomous), Tirupattur

(SHIFT-I)

Date: 11.07.2018

Dear Girl Students,

There will be a Special Orientation Programme for UG I Years Girl students on **12th July 2018** by our Rector **Rev. Dr. C. Antony Raj**. Attendance is compulsory. (All the Women Staff Members are requested to be with the students during the Programme).

Place: **Carreno Hall**

Time: **2.15 pm to 4.00 pm**

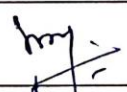
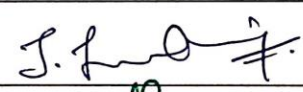






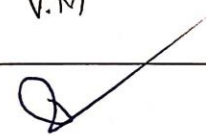

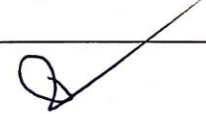
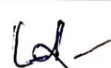


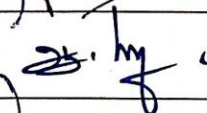
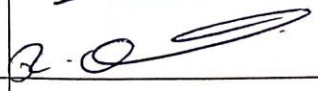
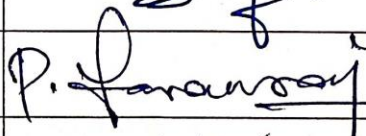
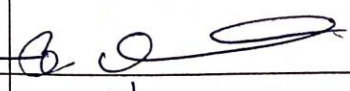
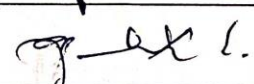
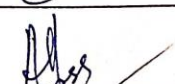
Thanking you,



Dr. A. Mercelina Anita
Dean of Women Students



(Rev. Dr. Praveen Peter, SDB)
Vice Principal (Shift-I)

Department	Staff incharge	HOD
I B.A Economics		
I B.Com		
I B.Sc Maths		
I B.Sc Physics		
I B.Sc Chemistry	V.M 	
I B.Sc Computer Science		
I BBA		
I B.Sc Biochemistry		
I B.Sc Micro Biology	P. Jaganmouly 	
I B.A English		

Women students - Orientation Programme – Report

The women students Orientation programme was organized on 12th July, 2018 for the UG girl students of I year. Rev. Dr. C. Antonyraj, was invited as the Resource person for the programme. He spoke on the theme 'The role of Women in Society and their importance ' He stressed on the following aspects such as 8 signs of women, how to be courageous, how to manage fear, actions that will change fear. He insisted the students to think extreme and reach greater heights . Our College Counsellor Ms. Latha Munusamy shared her ideas on how to avoid problems arising from social media and PG Students of Counselling Psychology also explained on these issues in detail. They made the session more informative by interesting video clippings to realise the fact. It was a thought provoking session for everyone. The first year girl students have really benefitted by the session. All the women staff members were present during the programme.



Dean of Women Students

Dr. A. Merceline Anita.

Sacred Heart College (Autonomous), Tirupattur
(SHIFT-I)

Dear Girl Students,

There will be an Inspirational Talk on **28th August 2018** by **Rev. Sr. Anthoniammal** on the title "Psychological Problems and their Management" for **UG II & III Years** Girl students. Attendance is compulsory. All the Women Staff Members are expected to be with the students during the Programme to help in the arrangements.

Place: Carreno Hall

Time: **2.30 pm to 4.30 pm**

Thanking you,

A. Merceline Anita
Dr. A. Merceline Anita
Dean of Women Students

Praveen Peter
21/8/18
(Rev. Dr. Praveen Peter, SDB)
Vice Principal (Shift-I)

Report on Psychological Problems for Women students and their Management

A Programme on ‘ Psychological problems for women students and their management was conducted for the girl students of UG II and III years on 28.08.2018. Rev. Sr. Anthoniammal of Counselling Psychology Department was invited as the Resource Person. She gave a clear picture of how to handle the Psychological problems arising among teenage girls caused by means of Relationships, Eating and Sleeping habits and due to low self-esteem. She motivated the Girls with the mantra “ Think Positive”. Also, M.Sc Students from Conselling Psychology Department shared their views and ideas on Stress, depression, Anxiety, Suicide and Internet Addiction through power point presentation. It was an enlightening session for everyone.

Sacred Heart College (Autonomous) – Tirupattur- 635601

TALENTS EXPO 2018

WOMEN STUDENT MEET (UG)

Venue: Don Bosco Indoor Stadium

Date: 08.09.2018

Registration	: 08.30 am
Prayer Song	: College Girls
Welcome	: Dr. S. Megala, Dean, Women Students (Shift-II)
Inaugural Speech	: Rev. Dr. C. Antony Raj. SDB, Rector, SHC, TPT
Indoor & Outdoor Competitions	: 9.30 am to 11.00 am
Refreshment	: 11.00 am to 11.30 am
Video Presentation..	: Ms. Latha Munusamy, College Counsellor 11.30 am to 12.00 pm
Talents Display	: 12.00 pm to 1.00 pm
Prize Distribution	: 1.00 pm to 1.30pm
Vote of Thanks	: Mrs. C. Dharma Devi Dept. Of BCA (Shift-II)

College Anthem

“All are invited”

Women Students Meet – 2018 (Report)

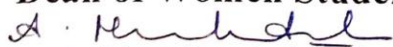
The Women Students Meet was organized on 8th September, 2018 for the UG Students of both shifts. The Theme of the Women's Meet is "Empowering Women Together". The Meet was mainly conducted for the Welfare of the Women Students. It was organized by Women Deans of both Shifts with the guidance and support rendered by our Rector, Rev.Dr.C. Antonyraj, our Principal Rev. Dr.D. Maria Antonyraj, Our Additional Principal Rev.Dr. K. Maria Arokiaraj and Vice Principal of Shift II Rev. Dr. G. Theophil Anand.

Dr. A. Megala, Dean of Women Students of Shift II gave the welcome address. The felicitation was done by our Rector, Rev. Dr. C. Antonyraj. He was overwhelmed by the tremendous strength of Women Students in the College. At the time when he was the Principal, the Women Students were admitted in the UG Courses for the first time. He happily remembered those moments in his felicitation address. He insisted the students to think extreme and reach greater heights.

The Chief Guest Mrs. Leema Peter, M.Sc., M.Phil., PGDRM, PGDCP, Psychologist and Student Counselor was introduced by Dr. A. Merceline Anita, Dean of Women Students of Shift I. She delivered a talk on 'Challenges encountered by woman in the post-modern era'. The talk was potential with high feminine capital value from the social perspective. She drew various evidences to make things clear. She spoke on various psychological issues faced by woman and how to lead a happy and contented life by overcoming their problems. It was a thought provoking session for everyone.

Followed by the Chief Guest Talk, there was a Tamil Debate for Students which was organized by Dr. M. Sarala Devi from the Dept. of Tamil. The Topic was 'Increase of Sexual Violence is due to the effect of Social Media or by the Cultural Influences'. The Students actively participated and expressed their views. Also Talents Exposure Competition was conducted for Students. The Women Students exhibited their varied talents and prizes were distributed by the Chief Guest to the Students, for their best talents. Finally, the vote of Thanks was proposed by Mrs.C. Dharma Devi, Assistant Professor from Dept. of BCA, followed by College Anthem.

Dean of Women Students


Dr. A. Merceline Anita.



Sacred Heart College (Autonomous), Tirupattur
(SHIFT-I)

Date: 24.08.2018

Dear Students,

There will be an Inspirational Talk on **25th September 2018** (Tuesday) by **Rev. Sr. Rosali Arulnathan** on the title "**Dynamics in Relationship**" for **II Year UG** Girl students. Attendance is compulsory. (All the Women Staff Members are expected to be with the Students during the Programme).

Thanking you,

Place: **Mother Theresa Hall**

Time: **2.30 pm to 4.30 pm**

Praveen Peter

Dr. A. Merceline Anita
Dean of Women Students

Rev. Dr. Praveen Peter
Vice Principal (Shift-I)

Dr. A. Merceline Anita
24/08/18

Sacred Heart College (Autonomous) –Tirupattur-635601

INVITED TALK ON DYNAMICS IN RELATIONSHIP

SHIFT- I

PROGRAMME FOR UG- II YEAR GIRLS

Venue: Mother Theresa Hall

Time: 2.30 P.M

Date: 25.09.2018

Prayer Song

: II year Girl Students

Welcome Speech

: S. Devi (II Maths)

Introducing the Chief Guest

: Dr. N. Nithyapriya (Shift-I)

Felicitation

: Rev. Dr. C. Antony raj (Rector)

Rev. Dr. D. Maria Antony raj(Principal)

Rev. Dr. Praveen Peter (Vice Pricipal)

Chief Guest Speech

: Rev. Sr. Rosali Arulnathan

Head of the Department of Life Education,
Shift II.

Invited Talk

: “ Dynamics in Relationship “

Vote of Thanks

: A. Haseen Taj (II Maths)

College Anthem

Report - Invited talk on Dynamics in Relationships

A Programme on 'Invited talk on Dynamics in Relationships and their management was conducted for the girl students of UG II years on 25.09.2018. Rev. Sr. Rosali Arulnathan of Value Education Department was invited as the Resource Person. She gave a clear picture of understanding the dynamics in Relationships arising among teenage girls and how to ensure their safety in the society. She motivated the Girls to think and act smart and take care of themselves. Also Dr. A. Merceline Anita, Dean of women Students shared her ideas by showing interesting videos about girls safety with real life incidents prevailing in our day to day life. This really helped the girl students to understand the reality and aware of the problems arising due to relationships if it is not maintained healthy. It was an enlightening session for everyone.

Sacred Heart College (Autonomous) – Tirupattur – 635601

Invited Talk on Nutrition and Hygiene (UG III Year Girls)

Programme

Venue: Pope Francis Hall

Date: 11.01.2019

Time : 2.30 pm to 4.30 pm.

Prayer Song

Welcome

: **S. Krithika**, III B.Sc Biochemistry (Shift-I)

Introducing the Resource person : **Dr. A. Merceline Anita**, Dean of Women Students

Honouring & Felicitation

: **Rev. Fr. A. R. Mathew.SDB**,

Chief Guest Speech

: **Dr. D. Irene Priyadarshini Nisha**,
Kumar's Dental care, Perungalathur, Chennai

Vote of Thanks

: **T. Porchudar**, III B.Sc Maths (Shift-I)

College Anthem

“All are invited”

Sacred Heart College (Autonomous) – Tirupattur-635601

WOMEN'S DAY CELEBRATION 2019 (SHIFT-I)



PROGRAMME SCHEDULE

Venue: **Don Bosco Indoor Stadium**

Time: **2.00 P.M**

Date: **08.03.2019**

Prayer Song	:	Video
Master of Ceremony	:	Ms. G.N. Aaisha Farheen , III B.Sc C.S Ms. P. Sowbarnia , III B.Sc C.S
Welcome Speech	:	Prof. M. Rose , Dept. of Tamil
Welcome Dance	:	Ms. Poonthamizh , III B.Sc Maths (Incharge: Dr. S. Kalaiarasi, Maths)
Introducing the Chief Guest	:	Prof. M. Poovizhi , Dept of MCA Dean of Women Students (AICTE)
Honoring & Felicitation	:	Rev. Dr. C. Antonyraj , Rector Rev. Dr. D. Maria Antony Raj , Principal
Women's Day Message	:	
Group Dance	:	College Girls (Incharge : Dr. R. Kurinjimalar, Prof. R. Sandrilla, Dr. V. Durga Devi, Prof. A. Alphonsa Mary, Prof. Amala)
Chief Guest Talk	:	“Women Rights and their Safety” Ms. Thilagavathi, LLB , Writer and Social Activist, Manitheer and Makkal Mandram, Chennai.
Tamil Play on Women Rights: Introduction	:	Mw;iw flj;jy; by Writer Ampai (Ms. Shruthi , III B.Sc Physics) Yelagiri Don Bosco Theatre Club Director: Mr. Veli Rangarajan Co-ordinator: Dr. A. Kumar, Don Bosco, Yelagiri.
Vote of Thanks	:	Ms. Divya , I. B.A. English

College Anthem



SACRED HEART COLLEGE (AUTONOMOUS)-TIRUPATTUR

Date: 24.03.2018

REPORT ON INTERNATIONAL WOMEN'S DAY CELEBRATION

The 8th of March is celebrated as the "International Women's Day" all around the world. It was set as an important occasion for all of us to pause for a moment to reflect on ourselves, to appreciate how much has been done and what more needs to be done in the field of gender equality. Our Vice Principal and Controller of Examinations Rev. Dr. Praveen Peter presided over the function. and shared his valuable thoughts with our women students to lead a praiseworthy life with moral values and self-discipline. The Chief Guest of the day was Mrs. .K. .Shanthi, Inspector, All Women Police Station, Tirupattur.. Rev. Sr. S. Anthoniammal, Head of the Department of Conselling Psychology & warden of Amalagam Hostel and Mr. Aruldoss of Social work department also gave their valuable presence on that day.

The Programme was started with a prayer song sung by our women students. The Students Ms. Shiny A. of II MCA and Ms. Seetha of I MBA coordinated the programme. in an excellent manner. Professor R. Kurinjimalar, Department of Economics welcomed the gathering. Dr. A. Merceline .Anita, Department of Mathematics introduced the Chief Guest of the day. Prof. K. .Saravanapriya, Prof. . .M. .Poovizhi and Prof. .C.Dharma devi, with the students of MCA department created and presented a video on women empowerment which was really praiseworthy and an excellent presentation celebrating womenhood.

The Chief Guest of the day Mrs. K. Shanthi, Inspector addressed and motivated the women students by her excellent talk. It expanded to capture the essence of the growth phase of the women students and how to safeguard themselves from social media and other problems. She explained on pubertal changes, unplanned decisions taken by teenagers, contraception and parents love towards children.

Poster Competition on "Women Empowerment" were conducted for Women students and Prizes were given to the best Poster Creators. Finally the stage was set for entertainment by the students, who displayed their talents through dance and skit in front of vibrant and enthusiastic audience. Vote of Thanks was proposed by Miss. Sneha, student of I MBA. The program came to an end with our college anthem.

Dean of Women Students



Dr. A. Merceline Aníta.

Sacred Heart College (Autonomous), Tirupattur

(SHIFT-I)

Notice

Date: 07.03.2019

Dear Girl Students,

The Women's Day Celebration for Shift-I will be conducted on 8th March 2019 in the Don Bosco Indoor Stadium between 2.00 pm to 4.30 pm. **Mrs. Thilagavathi**, LLB, Writer and Social Activist, Manitheer and Makkal Mandram, Chennai will be presiding over the programme and address the women students on "Women Rights and their Safety"

Note: Attendance is compulsory. Students are asked to assemble at 2.10 pm in the DBIS. Late comers would be marked as absent and they should meet the Vice – Principal after the programme.

Extend your full co-operation.

Thanking you,

Rev. Dr. Praveen Peter, SDB

Vice Principal (Shift-I)

Dean of Women Students



Dr. A. Merceline Anita.





