



Ready for
Every Good Work

SACRED HEART COLLEGE (AUTONOMOUS)

Tirupattur – 635 601, Tamil Nadu, S.India

Resi : (04179) 220103

College : (04179) 220553

Fax : (04179) 226423

A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

SACRED HEART COLLEGE
(AUTONOMOUS)
TIRUPATTUR - 635 601, TIRUPATTUR DISTRICT

72 ANNUAL SPORTS MEET 2022 -2023

27 AUG 2022 8:30 am

College Grounds

CHIEF GUEST
DR. K.S. BALLA KRISHNAN, B.V.Sc.
Superintendent of Police,
Tirupathur, Tamil Nadu

GUEST OF HONOUR
DR. R. VIJAYARAGAVAN, M.Sc, Ph.D
Registrar i/c Thiruvalluvar University
Serkkadu, Vellore.

Will preside over the Sports Day and Distribute the Prizes

ANNUAL SPORTS MEET - 27-08-2022 (2022-2023)

The following Track and Field events will be conducted on Department Basis:

EVENTS

UG MEN			PG MEN			UG & PG WOMEN		
1	100 M	6	Discus Throw	1	100 M	1	100 M	
2	200 M	7	Javelin Throw	2	200 M	2	200 M	
3	800 M	8	Long Jump	3	1500 M	3	Long Jump	
4	1500 M	9	High Jump	4	Long Jump	4	ShotPut	
5	Pole Vault	10	ShotPut	5	ShotPut	5	Discus Throw	
		11	4x200 M Relay	6	Discus Throw	6	4x200 M Relay	
				7	Javelin Throw			
				8	4x200 M Relay			

IMPORTANT RULES:

1. A competitor can participate in a maximum of 4 events. (3 track + 1 field or 1 Track + 3 fields or 2 tracks + 2 fields).
2. If an athlete participates in more event than the allotted ones he/she shall be totally disqualified from the competition. The points obtained by them will not be taken into account.
3. Each Department can give only one team for relay, two competitors and one substitute for rest of the events.
4. Competitors, not reporting at the appointed time, either for selection or for finals will be disqualified.
5. Individual championship will be determined on the basis of aggregate number of points obtained by an athlete. (Men and Women separately).
6. For first place 5 pts, second 3 Pts, third 1 pt will be awarded, excluding relay.
7. For relay first place 10 pts, second 6 pts and third 2 pts will be awarded.
8. Only the UG can get over all championship awards. Individual Championship will be given for PG & UG separately.
9. Points scored by women will also be included for overall championship.
10. For overall championship 80% of Track and Field events score, 20% of March past score.
11. No protest of any kind will be entertained.
12. Athlete must report 30 minutes before the commencement of the event.
13. No one will be allowed to compete once the event is started.
14. The Athlete should produce his/her ID card at the time of competition.
15. No Athlete is allowed to participate without number bibs.
16. Departments can make their own arrangements for number bibs.
17. No javelin for practice.
18. March Past practice will be on 26-08-2022 at 4.00 PM.(both shift I & II).
19. Event on sports day for Men -4X200 Relay, High jump (5selected numbers).
20. Event on sports day for Women - 4X200 Relay, shotput (5 selected numbers).
21. Last date for online registration and submission of entry form to physical director's office with the signature of HOD for UG on or before 03-08-2022 and PG 08-08-2022.

DIR.OF.PHYSICAL EDUCATION

VICE PRINCIPAL (S - I)
(Administration)

VICE PRINCIPAL(S - II)
(Administration)





**SACRED HEART COLLEGE
(AUTONOMOUS)**

Tirupattur, Tirupattur District

Cordially invites you to the
Valedictory Function of

**10th FR. GUEZOU STATE LEVEL
INVITATIONAL**

BASKETBALL TOURNAMENT

2022-2023

on Friday 03rd March 2023
at 05.30 p.m.

Chief Guest

Mr. M. Sivaprakasam

Tahsildar,
Tirupattur Taluk.



10TH FR.GUEZOU STATE LEVEL BASKETBALL TOURNAMENT-2023

FIXTURES

POOL - A	POOL - B
JAMAL MOHAMMED COLLEGE, TRICHY	BISHOP HEBER COLLEGE, TRICHY
LOYOLA COLLEGE, METTALA	SACRED HEART COLLEGE, TIRUPATTUR
AVS COLLEGE, SALEM	DON BOSCO COLLEGE, YELAGIRI
ST. JOSEPH'S COLLEGE, CUDDALORE	DON BOSCO COLLEGE, DHARMAPURI

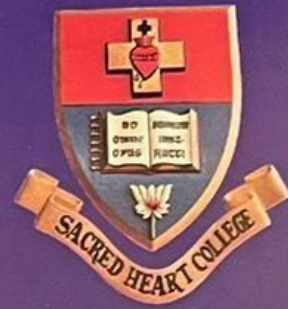
Match No.	Date	Time	Match		Pool
League Fixtures					
1	01-03-2023	5.00 p.m.	SACRED HEART COLLEGE	VS	DON BOSCO, YELAGIRI
2	01-03-2023	6.00 p.m.	LOYOLA COLLEGE, METTALA	VS	AVS COLLEGE, SALEM
3	01-03-2023	7.00 p.m.	BISHOP HEBER COLLEGE	VS	DON BOSCO, DHARMAPURI
4	01-03-2023	8.00 p.m.	JAMAL MOHAMMED COLLEGE	VS	ST. JOSEPH'S, CUDDALORE
5	02-03-2023	6.00 a.m.	BISHOP HEBER COLLEGE	VS	SACRED HEART COLLEGE
6	02-03-2023	7.00 a.m.	JAMAL MOHAMMED COLLEGE	VS	AVS COLLEGE, SALEM
7	02-03-2023	8.00 a.m.	LOYOLA COLLEGE, METTALA	VS	ST. JOSEPH'S, CUDDALORE
8	02-03-2023	9.00 a.m.	DON BOSCO, YELAGIRI	VS	DON BOSCO, DHARMAPURI
9	02-03-2023	5.00 p.m.	SACRED HEART COLLEGE	VS	DON BOSCO, DHARMAPURI
10	02-03-2023	6.00 p.m.	JAMAL MOHAMMED COLLEGE	VS	LOYALO COLLEGE, METTALA
11	02-03-2023	7.00 p.m.	BISHOP HEBER COLLEGE	VS	DON BOSCO, YELAGIRI
12	02-03-2023	8.00 p.m.	AVS COLLEGE, SALEM	VS	ST. JOSEPH'S, CUDDALORE
Knock-Out Semi Finals					
13	03-03-2023	6.30 a.m.	WINNER OF POOL A	VS	RUNNER OF POOL B
14	03-03-2023	7.30 a.m.	WINNER OF POOL B	VS	RUNNER OF POOL A
Losing Semi Finals & Finals					
15	03-03-2023	4.30 p.m.	LOSERS SEMIFINAL MATCH		
16	03-03-2023	6.00 p.m.	GRAND FINALS		

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01/04/23



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DIRECTOR OF PHYSICAL EDUCATION
Director of Physical Education,
Sacred Heart College (Autonomous)
Tirupattur-635 601, Tirupattur-Dist

33rd Don Bosco Centenary Volleyball Tournament



SACRED HEART COLLEGE (AUTONOMOUS)

Tirupattur, Tirupattur District



*Cordially invites you to the
Valedictory Function of*

33rd Don Bosco Centenary State Level Volleyball Tournament

*on Wednesday 03rd August 2022
at 7.00 p.m.*

Chief Guest

Dr. T. MARAN, M.Com., N.I.S.,

Alumni of Sacred Heart College, Tirupattur

Former International Badminton Player

Indian Badminton Coach

Chief Coach - Tamil Nadu Badminton Team

Vice President - Tamil Nadu Badminton Association

Senior Auditor - Accountant General's Office, Chennai



DEPARTMENT OF PHYSICAL EDUCATION

SACRED HEART COLLEGE (AUTONOMOUS)
TIRUPATTUR - 635 601, TIRUPATTUR (DT), TAMIL NADU

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(Affiliated to Thiruvalluvar University, Vellore)

Ph: 04179 - 220553, Fax: 04179 - 226423, URL: www.shetpt.edu



Mobile: +91 9677637525

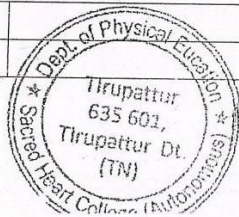
E-mail: hentodevai@gmail.com

33RD STATE LEVEL DON BOSCO CENTENARY VOLLEYBALL TOURNAMENT-2022

FIXTURES

POOL - A		POOL - B	
JAMAL MOHAMMED COLLEGE, TRICHY		D.B.JAIN COLLEGE, CHENNAI	
SACRED HEART COLLEGE, TIRUPATTUR (B)		BISHOP HEBER COLLEGE, TRICHY	
AVS COLLEGE, SALEM		DON BOSCO COLLEGE, DHARMAPURI (B)	
POOL - C		POOL - D	
SACRED HEART COLLEGE, TIRUPATTUR (A)		LOYOLA COLLEGE, CHENNAI	
ST. JOSEPH'S COLLEGE, CUDDALORE		ST. JOSEPH'S COLLEGE, TRICHY	
Dr. M. G. R ARTS COLLEGE, HOSUR		DON BOSCO COLLEGE, DHARMAPURI (A)	

Match No.	Date	Time	Match	
League Fixtures				
1	01-08-2022	5.00 p.m.	D.B.JAIN COLLEGE, CHENNAI	VS DON BOSCO COLLEGE (B)
2	01-08-2022	6.00 p.m.	DON BOSCO COLLEGE (A)	VS LOYOLA COLLEGE, CHENNAI
3	01-08-2022	7.00 p.m.	SACRED HEART COLLEGE (B)	VS JAMAL MOHAMMED COLLEGE, TRICHY
4	01-08-2022	8.00 p.m.	Dr. M. G. R ARTS COLLEGE, HOSUR	VS SACRED HEART COLLEGE (A)
5	02-08-2022	6.30 a.m.	BISHOP HEBER COLLEGE, TRICHY	VS DON BOSCO COLLEGE (B)
6	02-08-2022	7.30 a.m.	DON BOSCO COLLEGE (A)	VS ST. JOSEPH'S COLLEGE, TRICHY
7	02-08-2022	8.30 a.m.	AVS COLLEGE, SALEM	VS JAMAL MOHAMMED COLLEGE, TRICHY
8	02-08-2022	9.30 a.m.	Dr. M. G. R ARTS COLLEGE, HOSUR	VS ST. JOSEPH'S COLLEGE, CUDDALORE
9	02-08-2022	5.00 p.m.	SACRED HEART COLLEGE (A)	VS ST. JOSEPH'S COLLEGE, CUDDALORE
10	02-08-2022	6.00 p.m.	D.B.JAIN COLLEGE, CHENNAI	VS BISHOP HEBER COLLEGE, TRICHY
11	02-08-2022	7.00 p.m.	LOYOLA COLLEGE, CHENNAI	VS ST. JOSEPH'S COLLEGE, TRICHY
12	02-08-2022	8.00 p.m.	SACRED HEART COLLEGE (B)	VS AVS COLLEGE, SALEM
Knock Out Semi Finals				
13	03-08-2022	6.30 a.m.	WINNER OF POOL A	VS WINNER OF POOL C
14	03-08-2022	7.30 a.m.	WINNER OF POOL B	VS WINNER OF POOL D
Losing Semi Finals & Finals				
15	03-08-2022	5.00 p.m.	LOSERS SEMIFINAL MATCH	
16	03-08-2022	6.30 p.m.	GRAND FINALS	



[Signature]
Director of Physical Education,
Sacred Heart College (Autonomous)
Tirupattur - 635 601, Tamil Nadu



THIRUVALLUVAR UNIVERSITY
Sports & Tournaments Committee
Vellore Division (Men)

Chairman

Dr. A. Nelsonvimalanathan

Principal i/c
Voorhees College
Vellore-01
Vellore District
Tamil Nadu

Convener

Dr. N. Anbu

Director of Physical Education
Voorhees College
Vellore-01
Vellore District
Tamil Nadu
E-mail: nanbu73@yahoo.co.in
Mobile: 9442157103

Thiruvalluvar University Vellore Division (Men)

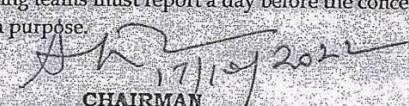
Dates & Venues for the Inter-Collegiate Tournaments Schedule 2022-2023

S No	Name of the Tournaments	Date	Venue	Name of the PDs and Contact Number
1	Volley Ball	21.10.2022 (Friday)	Sacred Heart College, Tirupattur	Dr. A.Bento Devaraj 9677637525
2	Badminton / Table Tennis	26.10.2022 (Wednesday)	Voorhees College, Vellore	Dr. N. Anbu 9442157103
3	Basket Ball	28.10.2022 (Friday)	KMG College, Gudiyatham	R.Ranjitham 9626254081
4	Hockey	29.10.2022 (Saturday)	Sacred Heart College, Tirupattur	Dr. A.Bento Devaraj 9677637525
5	Foot Ball	1.11.2022 (Tuesday)	Voorhees College, Vellore	Dr. N. Anbu 9442157103
6	Kabaddi	08.11.2022 (Tuesday)	Government Arts & Science College, Arakkonam	Dr.M.Natarajan 9790608015
7	Kho-Kho	10.11.2022 (Thursday)	Loyala College, Vettavalam	S.Maria Anand Raj 9047334811
8	Ball Badminton	21.11.2022 (Monday)	Arunai Vidya Arts & Science College, T.V Malai	M.Perumal 9751977158
9	Hand Ball	22.11.2022 (Tuesday)	Shanmuga Industries College, T.V Malai	Dr.M.Gopi 9894941708

Note:

1. The above mentioned dates & venues are tentative and it may be changed based on the Inter-Divisional Tournaments Schedule.

2. All Participating teams must report a day before the concerned inter-collegiate tournament center by 7.00 p.m. for accommodation purpose.


CHAIRMAN
THIRUVALLUVAR UNIVERSITY
Sports and Tournaments Committee
Vellore Division MEN
VELLORE


CONVENER
THIRUVALLUVAR UNIVERSITY
Sports and Tournaments Committee
Vellore Division MEN
VELLORE

Copy to:

1. The Director of Physical Education i/c, Thiruvalluvar University.
2. All the Principal / Director of Physical Education / Directress / Staff in-charge of Vellore Division Men, Affiliated to Thiruvalluvar University

It is requested that all communications should be addressed to
The Director of Physical Education, Thiruvalluvar University
and not to any person by name.

Website: www.tvu.edu.in
Office no: 0416-2274901
Email: tvurgsports@gmail.com



திருவள்ளுவர் பல்கலைக்கழகம்
THIRUVALLUVAR UNIVERSITY
SERKKADU, VELLORE - 632 115, TAMIL NADU
(State University Accredited with "B+" Grade by NAAC)



Dr. R. VIJAYARAGAVAN, M.Sc., M.Phil., B.Ed., Ph.D.
DIRECTOR OF PHYSICAL EDUCATION I/C

No. TVU/DPE/Inter-Div/Dates & Venue/2022-23/232

Date: 17.10.2022

To

**The Principals of all the affiliated colleges &
The HOD of University Departments.**

INTER DIVISIONAL DATES & VENUES FOR MEN & WOMEN 2022 - 2023

List of Games, Venues & Dates for the Inter Divisional Tournaments are given below:

S.No.	Games / Events	Tentative Date	Venue
1.	Table Tennis (W)	27.10.2022	St.Joseph's College of Arts & Science, Cuddalore
2.	Badminton (W)	27.10.2022	St.Joseph's College of Arts & Science, Cuddalore
3.	Kho-Kho (W)	28.10.2022	Sri Bharathi women's Arts & Science College, Arani
4.	Football (W)	01.11.2022	St.Joseph's College of Arts & Science, Cuddalore
5.	Football (M)	02.11.2022	Voorhees College, Vellore
6.	Basketball (M)	03.11.2022	KMG College of Arts and Science, Gudiyattam
7.	Cross Country Race (M & W)	05.11.2022	Don Bosco College, Yellagiri Hills
8.	Chess (M & W)	05.11.2022	Don Bosco College, Yellagiri Hills
9.	Tennis (M)	07.11.2022	KMG College of Arts and Science, Gudiyattam
10.	Hockey (W)	08.11.2022	Marudhar Kesari Jain College for Women, Vaniyambadi
11.	Basketball (W)	09.11.2022	Marudhar Kesari Jain College for Women, Vaniyambadi
12.	Volleyball (W)	10.11.2022	Marudhar Kesari Jain College for Women, Vaniyambadi
13.	Kabaddi (W)	12.11.2022	Govt.Arts & Science College, Arakkonam

S.No.	Games / Events	Tentative Date	Venue
14.	Volleyball (M)	15.11.2022	Sacred Heart College, Tirupattur
15.	Hockey (M)	16.11.2022	Sacred Heart College, Tirupattur
16.	Badminton (M)	19.11.2022	Islamiah College, Vaniyambadi
17.	Kho - Kho (M)	01.12.2022	Kalaignar Karunanidhi Govt. Arts College, T.V.Malai
18.	Handball (M)	02.12.2022	Shanmuga Industries Arts & Science College, T.V.Malai
19.	Weightlifting (M)	05.12.2022	C. Abdul Hakeem College, Melvisharam
20.	Ball Badminton (M)	07.12.2022	Aruna Vidya Arts & Science College, T.V.Malai
21.	Table Tennis (M)	15.12.2022	Periyar Arts College, Cuddalore
22.	Cricket (M)	15.12.2022 16.12.2022	Periyar Arts College, Cuddalore
23.	Cricket (W)	16.12.2022 17.12.2022	RAAK Arts & Science College, Vanur, Villupuram
24.	Weightlifting (W)	18.12.2022	SDAT Sathuvachary organized by Govt. Arts & Science College, Thiruvannainallur
25.	Mallakhamb (Pole, Hanging and Rope) (M)	19.12.2022	Govt.Arts & Science College Thiruvannainallur
26.	Boxing (M)	Date will be intimated later	Voorhees College, Vellore
27.	Handball (W)	Date will be intimated later	Holy Cross College of Arts & Sciencc for Women, Thirupattur
28.	Ball badminton (W)	Date will be intimated later	RAAK Arts & Science College, Vanur, Villupuram
29.	Aquatics (M)	Date & Venue will be announced later	
30.	Athletics (M & W)	Date & Venue will be announced later	
31.	Power Lifting (M)	Date & Venue will be announced later	
32.	Wrestling Freestyle & Greco Roman (M)	Date & Venue will be announced later	
33.	Best Physique (M)	Date & Venue will be announced later	

Note: The above mentioned Venue & dates are tentative and shall be changed according to the South Zone / All India Inter University tournament Schedule.

-Sd/-
Director of Physical Education i/c

SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR
DEPARTMENT OF PHYSICAL EDUCATION
INTER DEPARTMENTAL TOURNAMENT (2022-2023) SHIFT-I

Instructions:

1. The tournament commences on 05-01-2023 at 2.30 PM.
2. The tournament will be conducted on a knock – out basis.
3. College team players should not participate in this tournament.
4. Teams are requested to be present half an hour before the start of the match.
5. No protest will be entertained. Referees decision will be final.
6. Each team shall have their own jersey.
7. The sports secretaries should submit the team list with the signature of concerned HoD's on or before 05-01-2023.

8. Volleyball (Men) 05-01-2023:

- ❖ Best of three sets.
- ❖ Each set will be played for 25 points.
- ❖ Maximum of 6+6 players.
- ❖ Matches will be conducted in flood light volleyball court and in the volleyball court located in front of Oasis.

9. Tennikoit (Women) 05-01-2023:

- ❖ Best of three sets.
- ❖ Each set will be played for 15 points.
- ❖ Maximum of 2+2 players.
- ❖ Matches will be conducted near the Physical Director's office.

10. Basketball (Men) 06-01-2023:

- ❖ Maximum of 5+7 players.
- ❖ Time duration 10 minutes – 5 minutes break – 10 minutes.
- ❖ Matches will be conducted in flood light Basketball court.

11. Badminton (Women) 06-01-2023:

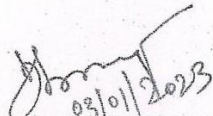
- ❖ Best of three sets.
- ❖ Each set will be played for 11 points
- ❖ Maximum of 2+1 players.
- ❖ Matches will be conducted near the Physical Director's office.

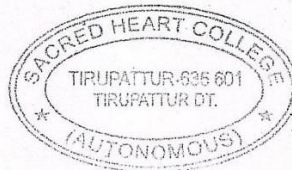
12. Throwball (Women) 07-01-2023:

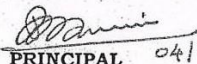
- ❖ Best of three sets.
- ❖ Each set will be played for 15 points.
- ❖ Maximum of 9+3 players.
- ❖ Matches will be conducted in front of Oasis.

13. Football (Men) 07-01-2023 & 09-01-2023:

- ❖ Each team should consist of minimum 11 players and 9 substitute players.
- ❖ Time duration 10 minutes – 2 minutes break – 10 minutes


PHYSICAL EDUCATION DIRECTOR
Director of Physical Education,
Sacred Heart College (Autonomous)
Tirupattur-635 601, Tirupattur-Dist.




PRINCIPAL 04/01/23
Principal
Sacred Heart College (Autonomous)
Tirupattur-635 601, Tirupattur-Dist.

SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR
DEPARTMENT OF PHYSICAL EDUCATION
INTER DEPARTMENTAL TOURNAMENT (2022-2023) SHIFT- II

Instructions:

1. The tournament commences on 05-01-2023 at 9.00 AM.
2. The tournament will be conducted on a knock – out basis.
3. College team players should not participate in this tournament.
4. Teams are requested to be present half an hour before the start of the match.
5. No protest will be entertained. Referees decision will be final.
6. Each team shall have their own jersey.
7. The sports secretaries should submit the team list with the signature of Concerned HoD's on or before 05-01-2023.

8. Volleyball (Men) 05-01-2023:

- ❖ Best of three sets.
- ❖ Each set will be played for 25 points.
- ❖ Maximum of 6+6 players.
- ❖ Matches will be conducted in flood light volleyball court and in the volleyball court located in front of Oasis.

9. Tennikoit (Women) 05-01-2023:

- ❖ Best of three sets.
- ❖ Each set will be played for 15 points.
- ❖ Maximum of 2+2 players.
- ❖ Matches will be conducted near the Physical Director's office.

10. Basketball (Men) 06-01-2023:

- ❖ Maximum of 5+7 players.
- ❖ Time duration 10 minutes – 5 minutes break – 10 minutes.
- ❖ Matches will be conducted in flood light Basketball court.

11. Badminton (Women) 06-01-2023:

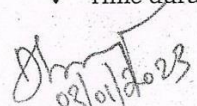
- ❖ Best of three sets.
- ❖ Each set will be played for 11 points
- ❖ Maximum of 2+1 players.
- ❖ Matches will be conducted near the Physical Director's office.

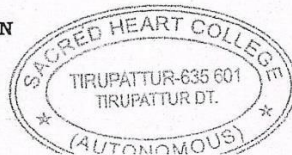
12. Throwball (Women) 07-01-2023:

- ❖ Best of three sets.
- ❖ Each set will be played for 15 points.
- ❖ Maximum of 9+3 players.
- ❖ Matches will be conducted in front of Oasis.

13. Football (Men) 07-01-2023 & 09-01-2023:

- ❖ Each team should consist of minimum 11 players and 9 substitute players.
- ❖ Time duration 10 minutes – 2 minutes break – 10 minutes


DIRECTOR OF PHYSICAL EDUCATION
Director of Physical Education,
Sacred Heart College (Autonomous)
Tirupattur-635 601, Tirupattur-Dist.




ADDITIONAL PRINCIPAL