



Ready for
Every Good Work

SACRED HEART COLLEGE (AUTONOMOUS)

Tirupattur – 635 601, Tamil Nadu, S.India

Resi : (04179) 220103

College : (04179) 220553

Fax : (04179) 226423

A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

SACRED HEART COLLEGE (AUTONOMOUS)
TIRUPATTUR -635 601, TIRUPATTUR DISTRICT

Cordially invites you to the

71st ANNUAL SPORTS MEET

2022

26 MAR 2022 | **VENUE: COLLEGE GROUNDS**
TIME: 8:30 AM

CHIEF GUEST

MRS. SANGEETHA VENKATESH, B.Sc (Nursing)
Chairperson
Tirupattur Municipality
Tirupattur

*Will preside over the
Sports Day and
distribute the prizes*

ANNUAL SPORTS MEET - 26-03-2022 (2021-2022)

The following Track and Field events will be conducted on Department Basis:

UG MEN			PG MEN			UG & PG WOMEN	
1	100 M	6	Discus Throw	1	100 M	1	100 M
2	200 M	7	Javelin Throw	2	200 M	2	200 M
3	800 M	8	Long Jump	3	1500 M	3	Long Jump
4	1500 M	9	High Jump	4	Long Jump	4	ShotPut
5	Pole Vault	10	ShotPut	5	ShotPut	5	Discus Throw
		11	4x200 M Relay	6	Discus Throw	6	4x200 M Relay
				7	4x200 M Relay		

IMPORTANT RULES:

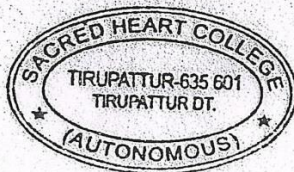
1. A competitor can participate for a **maximum of 4 events.**
(3 track + 1 field or 1 Track + 3 fields or 2 tracks + 2 fields).
2. If an athlete participates in more event than the allotted ones he/she shall be **totally disqualified** from the competition. The points obtained by them will not be taken into account.
3. Each Department can give only one team for relay, **Two competitors and one substitute** for rest of the events.
4. Competitors, not reporting at the appointed time, either for selection or for finals will be disqualified.
5. Individual championship will be determined on the basis of aggregate number of points obtained by an athlete. (Men and Women separately)
6. For first place 5 pts, second 3 Pts, third 1 pt will be awarded, excluding relay.
7. For relay first place 10 pts, second 6 pts and third 2 pts will be awarded.
8. Only the UG can get over all championship awards. Individual Championship will be given for PG & UG separately.
9. Points scored by women will also be included for overall championship.
10. No protest of any kind will be entertained.
11. Athlete must report 30 minutes before the commencement of the event.
12. No one will be allowed to compete once the event is started.
13. The Athlete should produce his/her ID card at the time of competition.
14. No Athlete is allowed to participate without number bibs.
15. Departments can make their own arrangements for number bibs.
16. No javelin for practice.
17. **Last date for online registration and submission of entry form to physical director's office with the signature of HOD for UG on or before 05-03-2022 and PG 08-03-2022.**

[Signature]
DIR. OF PHYSICAL EDUCATION

[Signature: Praveen Peter]
VICE PRINCIPAL (S-I)
(Administration)

[Signature]
VICE PRINCIPAL (S-II)
(Administration)

[Signature]



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21-22

SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR (Dt)
DEPARTMENT OF PHYSICAL EDUCATION
INTER DEPARTMENTAL TOURNAMENT (2021-2022) SHIFT-I

Instructions:

1. The tournament commences on 25-04-2022 at 2.30 PM.
2. The tournament will be conducted on a knock – out basis.
3. College team players should not participate in this tournament.
4. Teams are requested to be present half an hour before the start of the match.
5. No protest will be entertained. Referees decision will be final.
6. Each team shall have their own jersey.
7. The sports secretaries should submit the team list with the signature of concerned HoDs on or before 25-04-2022.

8. Volleyball (Men) 25-04-2022:

- ❖ Best of three sets.
- ❖ Each set will be played for 25 points.
- ❖ Maximum of 6+6 players.
- ❖ Matches will be conducted in flood light volleyball court and in the volleyball court located in front of Oasis.

9. Tennikoit (Women) 25-04-2022:

- ❖ Best of three sets.
- ❖ Each set will be played for 15 points.
- ❖ Maximum of 2+2 players.
- ❖ Matches will be conducted near the Physical Director's office.

10. Basketball (Men) 26-04-2022:

- ❖ Maximum of 5+7 players.
- ❖ Time duration 10 minutes – 5 minutes break – 10 minutes.
- ❖ Matches will be conducted in flood light Basketball court.

11. Badminton (Women) 26-04-2022:


- ❖ Best of three sets.
- ❖ Each set will be played for 11 points
- ❖ Maximum of 2+1 players.
- ❖ Matches will be conducted near the Physical Director's office.

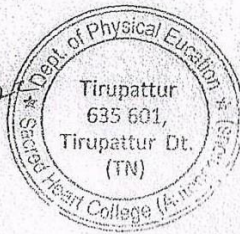
12. Throwball (Women) 27-04-2022:


- ❖ Best of three sets.
- ❖ Each set will be played for 15 points.
- ❖ Maximum of 9+3 players.
- ❖ Matches will be conducted in front of Oasis.

13. Football (Men) 27-04-2022 to 28-04-2022:

- ❖ Each team should consist of minimum 11 players and 9 substitute players.
- ❖ Time duration 10 minutes – 2 minutes break – 10 minutes


Principal 20/4/22
Sacred Heart College (Autonomous)
Tirupattur-635 601, Tirupattur-Dist.




20/4/2022
DIRECTOR OF PHYSICAL EDUCATION
Director of Physical Education,
Sacred Heart College (Autonomous)
Tirupattur-635 601, Tirupattur-Dist.

SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR (Dt)
DEPARTMENT OF PHYSICAL EDUCATION
INTER DEPARTMENTAL TOURNAMENT (2021-2022) SHIFT- II

Instructions:

1. The tournament commences on 25-04-2022 at 9.00 AM.
2. The tournament will be conducted on a knock - out basis.
3. College team players should not participate in this tournament.
4. Teams are requested to be present half an hour before the start of the match.
5. No protest will be entertained. Referees decision will be final.
6. Each team shall have their own jersey.
7. The sports secretaries should submit the team list with the signature of Concerned HoDs on or before 25-04-2022.

8. Volleyball (Men) 25-04-2022:

- ❖ Best of three sets.
- ❖ Each set will be played for 25 points.
- ❖ Maximum of 6+6 players.
- ❖ Matches will be conducted in flood light volleyball court and in the volleyball court located in front of Oasis.

9. Tennis (Women) 25-04-2022:

- ❖ Best of three sets.
- ❖ Each set will be played for 15 points.
- ❖ Maximum of 2+2 players.
- ❖ Matches will be conducted near the Physical Director's office.

10. Basketball (Men) 26-04-2022:

- ❖ Maximum of 5+7 players.
- ❖ Time duration 10 minutes - 5 minutes break - 10 minutes.
- ❖ Matches will be conducted in flood light Basketball court.

11. Badminton (Women) 26-04-2022:

- ❖ Best of three sets.
- ❖ Each set will be played for 11 points.
- ❖ Maximum of 2+1 players.
- ❖ Matches will be conducted near the Physical Director's office.

2. Throwball (Women) 27-04-2022:

- ❖ Best of three sets.
- ❖ Each set will be played for 15 points.
- ❖ Maximum of 9+3 players.
- ❖ Matches will be conducted in front of Oasis.

3. Football (Men) 27-04-2022 to 28-04-2022:

- ❖ Each team should consist of minimum 11 players and 9 substitute players.
- ❖ Time duration 10 minutes - 2 minutes break - 10 minutes

Theophil Anand
20/4/22
Theophil Anand, M.A., P.D.
Vice Principal,
Sacred Heart College (Autonomous),
Tirupattur-635 601,
Tirupattur District, Tamil Nadu.



[Signature]
20/4/22
DIRECTOR OF PHYSICAL EDUCATION
Director of Physical Education,
Sacred Heart College (Autonomous)
Tirupattur-635 601, Tirupattur-Dist.