



Ready for  
Every Good Work

# SACRED HEART COLLEGE (AUTONOMOUS)

Tirupattur – 635 601, Tamil Nadu, S.India

Resi : (04179) 220103

College : (04179) 220553

Fax : (04179) 226423

A Don Bosco Institution of Higher Education, Founded in 1951 \* Affiliated to Thiruvalluvar University, Vellore \* Autonomous since 1987

Accredited by NAAC (4<sup>th</sup> Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

**Sacred Heart College**  
**(Autonomous)**  
Tirupattur, Vellore District.

*cordially invites you to the*  
**68<sup>th</sup> Annual Sports Meet**

Friday 27 July 2018 Time : 9.30 a.m.

**Chief Guest**  
**COL MP PETER CELESTINE, SM**  
Group Commander  
Group Headquarters  
Coimbatore - 641 005.

**Guest of Honour**  
**LT COL S. PATHAK**  
Offg Commanding Officer  
12(TN) BN NCC, Salem - 16.

**Special Guest**  
**REV. BRO. MERIL RODRIGO**  
Director, DBYC, Basin Bridge, Chennai.

*will preside over the Sports Day & distribute the prizes*

**ANNUAL SPORTS MEET  
2018-2019**

The following Track and Field events will be conducted on Department Basis:

**EVENTS**

UG MEN				PG MEN		UG & PG WOMEN	
1	100 M	6	Discus Throw	1	100 M	1	100 M
2	200 M	7	Javelin Throw	2	200 M	2	200 M
3	800 M	8	Long Jump	3	1500 M	3	Long Jump
4	1500 M	9	High Jump	4	Long Jump	4	ShotPut
5	Pole Vault	10	ShotPut	5	ShotPut	5	Discus Throw
		11	4x200 M Relay	6	Discus Throw	6	4x200 M Relay
				7	4x200 M Relay		

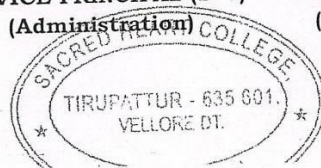
**IMPORTANT RULES:**

1. A competitor can participate for a **maximum of 4 events (3 track + 1 field or 1 Track + 3 fields or 2 tracks + 2 fields).**
2. If an athlete participates in more event than the allotted ones he/she shall be **totally disqualified** from the competition. The points obtained by them will not be taken into account.
3. Each Department can give only one team for relay, **Two competitors and one substitute** for rest of the events.
4. Competitors, not reporting at the appointed time, either for selection or for Finals will be disqualified.
5. Individual championship will be determined on the basis of aggregate number of points obtained by an athlete. (Men and Women separately)
6. For first place 5 pts, second 3 Pts, third 1 pt will be awarded, excluding relay.
7. For relay first place 10 pts, second 6 pts and third 2 pts will be awarded.
8. Only the UG can get over all championship awards. Individual Championship will be given for PG & UG separately.
9. Points scored by women will also be included for overall championship.
10. **For overall championship 80% of Track and Field events score, 20% of March past score.**
11. No protest of any kind will be entertained.
12. Competitor must report 30 minutes before the commencement of the event.
13. No one will be allowed to compete once the event is started.
14. The Competitor should produce his/her ID card at the time of competition.
15. No competitor is allowed to participate without number bibs.
16. Departments can make their **own arrangements for number bibs.**
17. No javelin for practice.
18. March Past practice will be on 26-07-2018 at 4.00 PM.
19. **Event on sports day** for Men -100M, 4X200 Relay, High jump or pole vault (5 selected numbers).
20. **Event on sports day** for Women -100M, 4X200 Relay, shotput (5 selected numbers).
21. **last date of online registration and submission of entry form to physical director's office with the signature of HOD for UG 09-07-2018 and PG 16-07-2018.**

DIR. OF PHYSICAL EDUCATION

VICE PRINCIPAL (S - I)  
(Administration)

VICE PRINCIPAL(S - II)  
(Administration)







Organized by

**Friends of Fr. Guezou & Sacred Heart College**

*Invite you to the Valedictory Function of  
Fr. Guezou State level basketball Invitational Tournament  
to be held at 6.30 p.m. on Tuesday, 31<sup>st</sup> July 2018*

**Will be the Chief Guest**

**Rtn. B. Ganeshmal**

Chairman, Kamarajar Centenary Memorial Trust

will be the Guests of honour

**Rtn. K.C. Ezhilarasan**

Ezhil Constructions

**Rtn. T.V. Madhavan**

Achuthan Automobiles, Tirupattur

**Rtn. S. Ravikumar** Auditor

**Rtn. G.R. Sami Chetty** Jeweller

**Rtn. V.K. Ananth**

**Rtn. D. Sundaranathan**

will Felicitate

**Rtn. M. Madhiyazhagan** Vijaya Galaxy

**Rtn. Y.D. Kirubanantham** Poomex

**Rtn. J. R. Sadjithkumar**

**Office Bearers**

**Rev. Dr. C. Antony Raj SDB**

Patron

**Rev. Dr. D. Maria Antony Raj SDB**

President

**Rev. Dr. Praveen Peter SDB**, Organising Secretary

**Rev. Dr. K.A. Maria Arockiaraj SDB**, Co-Organising Secretary

**Rev. Dr. G.Theophil Anand SDB**, Co-Organising Secretary

**Rev. Fr. S. John Borg SDB**, Co-Organising Secretary

**Mr. A. Bento Devaraj**, Co-Organising Secretary

**Mr. C. Kaviarasu**, Co-Organising Secretary





# DEPARTMENT OF PHYSICAL EDUCATION

## SACRED HEART COLLEGE (AUTONOMOUS)

TIRUPATTUR - 635 601, VELLORE DT. TAMIL NADU

Accredited by NAAC (3<sup>rd</sup> Cycle) with CGPA of 3.43 on the 4 point scale at 'A' Grade  
(Affiliated to Thiruvalluvar University, Vellore)

Ph: 04179 - 220553, Fax: 04179 - 226423, URL: [www.shctpt.edu](http://www.shctpt.edu)



Always Ahead

Mobile: +91 9677637525

E-mail: [bentodeva@gmail.com](mailto:bentodeva@gmail.com)

### 8<sup>TH</sup> YEAR FR. GUEZOU STATE LEVEL BASKETBALL INVITATIONAL TOURNAMENT - 2018

#### FIXTURES

POOL-A	POOL-B
HINDHUSTAN COLLEGE, CHENNAI	DG VAISHNAV COLLEGE, CHENNAI
SACRED HEART COLLEGE, TIRUPATTUR	BISHOP HEBER COLLEGE, TRICHY
DON BOSCO COLLEGE, DHARMAPURI	ST. JOSEPH'S COLLEGE, TRICHY

MATCH NO	DATE	TIME	MATCH	POOL
LEAGUE FIXTURES				
1	29-07-2018	5:00 PM	SACRED HEART COLLEGE VS HINDHUSTAN COLLEGE	A
2	29-07-2018	7:00 PM	ST. JOSEPH'S COLLEGE VS BISHOP HEBER COLLEGE	B
3	30-07-2018	6:30 AM	SACRED HEART COLLEGE VS DON BOSCO COLLEGE	A
4	30-07-2018	7:30 AM	DG VAISHNAV COLLEGE VS ST. JOSEPH'S COLLEGE	B
5	30-07-2018	4:30 PM	DON BOSCO COLLEGE VS HINDHUSTAN COLLEGE	A
6	30-07-2018	5:30 PM	DG VAISHNAV COLLEGE VS BISHOP HEBER COLLEGE	B
KNOCK OUT SEMI FINALS				
7	31-07-2018	6:30 AM	WINNERS OF POOL A VS RUNNERS OF POOL B	
8	31-07-2018	7:30 AM	WINNERS OF POOL B VS RUNNERS OF POOL A	
LOSING SEMI FINALS & FINALS				
9	31-07-2018	6:00 PM	LOSERS SEMIFINAL MATCH	
10	31-07-2018	6:30 PM	GRAND FINALS	



*[Signature]*  
29/07/2018  
DIRECTOR OF PHYSICAL EDUCATION

Director of Physical Education,  
Sacred Heart College,  
Tirupattur, Vellore Dt. 635 601.



**31<sup>st</sup> Don Bosco Centenary Volleyball Tournament**



**SACRED HEART COLLEGE  
(AUTONOMOUS)**

Tirupattur, Vellore District

*Cordially invites you to the  
Valedictory Function of*



**31<sup>st</sup> Don Bosco Centenary  
Volleyball Tournament**

*on Friday 03<sup>rd</sup> August 2018  
at 7.00 p.m.*

**Mr. M. NAVEEN RAJA JACOB**

International Volleyball Player  
Manager, Indian Overseas Bank  
Chennai

*will be the Chief Guest and  
Distribute the Prizes*





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Every Good Work

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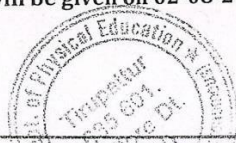
## 31<sup>ST</sup> DON BOSCO CENTENARY VOLLEYBALL TOURNAMENT-2018

### FIXTURES

POOL - A	POOL - B
D.G. VAISHNAV COLLEGE, CHENNAI	DR. N. G. P COLLEGE, COIMBATORE
RATHINAM COLLEGE, COIMBATORE	LOYOLA COLLEGE, CHENNAI
ST. JOSEPH'S COLLEGE, TRICHY	HINDHUSTAN COLLEGE, CHENNAI
POOL - C	POOL - D
JAMAL MOHAMMED COLLEGE, TRICHY	SACRED HEART COLLEGE
BISHOP HEBER COLLEGE, TRICHY	ST. JOSEPH'S COLLEGE, CUDDALORE
AVS COLLEGE, SALEM	M.G.R COLLEGE, HOUSUR

Match No.	Date	Time	Match		court	
<b>League Fixtures</b>						
1	01-08-2018	3.30 p.m.	D.G. VAISHNAV COLLEGE	VS	ST. JOSEPH'S COLLEGE, TRICHY	A
2	01-08-2018	3.30 p.m.	LOYOLA COLLEGE	VS	HINDHUSTAN COLLEGE	B
3	01-08-2018	4.30 p.m.	JAMAL MOHAMMED COLLEGE	VS	AVS COLLEGE	A
4	01-08-2018	5.30 p.m.	SACRED HEART COLLEGE	VS	ST. JOSEPH'S, CUDDALORE	A
5	01-08-2018	6.30 p.m.	RATHINAM COLLEGE,	VS	ST. JOSEPH'S COLLEGE, TRICHY	A
6	01-08-2018	7.30 p.m.	DR. N. G. P COLLEGE	VS	HINDHUSTAN COLLEGE	A
7	02-08-2018	6.30 a.m.	JAMAL MOHAMMED COLLEGE	VS	BISHOP HEBER COLLEGE	A
8	02-08-2018	7.30 a.m.	DR. N. G. P COLLEGE	VS	LOYOLA COLLEGE	A
9	02-08-2018	8.30 a.m.	D.G. VAISHNAV COLLEGE	VS	RATHINAM COLLEGE,	A
10	02-08-2018	6.30 a.m.	SACRED HEART COLLEGE	VS	M.G.R COLLEGE	B
11	02-08-2018	7.30 a.m.	M.G.R COLLEGE	VS	ST. JOSEPH'S, CUDDALORE	B
12	02-08-2018	8.30 a.m.	BISHOP HEBER COLLEGE	VS	AVS COLLEGE	B

Note:-super league fixture will be given on 02-08-2018 at 11.00 a.m



*[Signature]*  
Director of Physical Education,  
Director of Physical Education,  
Sacred Heart College,  
Tirupattur, Vellore Dt. 635 601.

URL : [www.shcpt.edu](http://www.shcpt.edu) Email : [office@shcpt.edu](mailto:office@shcpt.edu) Alumni : [shcalum@gmail.com](mailto:shcalum@gmail.com)  
aicte\_placement\_officer@shcpt.edu



# THIRUVALLUVAR UNIVERSITY

VELLORE DIVISION (MEN)

SPORTS AND GAMES 2018-19 CALENDAR

DIVISIONAL, DATES AND VENUE (Revised)

No:	GAMES/EVENTS	DIVISION	
		Date	Venue
1.	Badminton	28.08.2018	Islamiah College, Vaniyambadi
2.	Table Tennis		
3.	Kabaddi	20.09.2018 21.09.2018	Don Bosco College, Yelagiri
4.	Kho-Kho	03.10.2018	Aruna Vidhay College, T.V. Malai
5.	Football	18.09.2018 19.08.2018	Adhipara Sakathi College, Kalavai
6.	Hockey	04.09.2018	Sacred Heart College, Tirupattur
7.	Basketball		
8.	Volleyball		
9.	Handball	12.12.2018 13.12.2018	Shanmuga College, T.V. Malai
10.	Cricket	15.10.2018 to 19.10.2018	Govt. Thirumagal Mills College, Gudiyattam
11.	Ball Badminton	06.12.2018	Mazhruloom College, Ambur

Note: The above mentioned Dates & Venue are tentative and there may be a change based on the Inter-Divisional Tournament Schedule.

  
**CONVENER**  
**CONVENER**  
**THIRUVALLUVAR UNIVERSITY**  
 Tournaments and Sports Committee  
 Vellore Division, MEN  
**VELLORE**



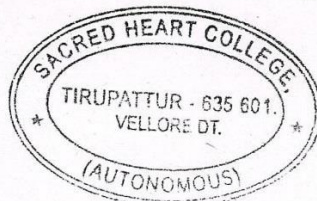
SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR  
DEPARTMENT OF PHYSICAL EDUCATION  
**INTER DEPARTMENTAL TOURNAMENT (2018-2019) SHIFT- I**

**Instructions:**

1. The tournament commences on 26-11-2018 at 2.30 PM.
  2. The tournament will be conducted on a knock - out basis.
  3. College team players should not participate in this tournament.
  4. Teams are requested to be present half an hour before the start of the match.
  5. No protest will be entertained. Referees decision will be final.
  6. Each team shall have their own jersey.
  7. The sports secretaries should submit the team list with the signature of concerned HoDs on or before 26-11-2018.
- 8. Volleyball (Men) 26-11-2018:**
- ❖ Best of three sets.
  - ❖ Each set will be played for 25 points.
  - ❖ Maximum of 6+6 players.
  - ❖ Matches will be conducted in flood light volleyball court and in the volleyball court located in front of Oasis.
- 9. Tennikoit (Women) 26-11-2018 :**
- ❖ Best of three sets.
  - ❖ Each set will be played for 15 points.
  - ❖ Maximum of 2+2 players.
  - ❖ Matches will be conducted near the Physical Director's office.
- 10. Football (Men) 27-11-2018:**
- ❖ Each team should consist of minimum 11 players and 9 substitute players.
  - ❖ Time duration 10 minutes - 2 minutes break - 10 minutes
- 11. Throwball (Women) 27-11-2018**
- ❖ Best of three sets.
  - ❖ Each set will be played for 15 points.
  - ❖ Maximum of 9+3 players.
  - ❖ Matches will be conducted in front of Oasis.
- 12. Basketball (Men) 28-11-2018:**
- ❖ Maximum of 5+7 players.
  - ❖ Time duration 10 minutes - 5 minutes break - 10 minutes.
  - ❖ Matches will be conducted in flood light Basketball court.
- 13. Badminton (Women) 28-11-2018**
- ❖ Best of three sets.
  - ❖ Each set will be played for 11 points
  - ❖ Maximum of 2+1 players.
  - ❖ Matches will be conducted near the Physical Director's office.

  
22/11/2018  
DIRECTOR OF PHYSICAL EDUCATION

  
24/11/18  
VICE PRINCIPAL





SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR  
DEPARTMENT OF PHYSICAL EDUCATION  
**INTER DEPARTMENTAL TOURNAMENT (2018-2019) SHIFT- II**

**Instructions:**

1. The tournament commences on 26-11-2018 at 9.00 AM.
2. The tournament will be conducted on a knock – out basis.
3. College team players should not participate in this tournament.
4. Teams are requested to be present half an hour before the start of the match.
5. No protest will be entertained. Referees decision will be final.
6. Each team shall have their own jersey.
7. The sports secretaries should submit the team list with the signature of Concerned HoDs on or before 26-11-2018.

**8. Volleyball (Men) 26-11-2018:**

- ❖ Best of three sets.
- ❖ Each set will be played for 25 points.
- ❖ Maximum of 6+6 players.
- ❖ Matches will be conducted in flood light volleyball court and in the volleyball court located in front of Oasis.

**9. Tennikoit (Womon) 26 11 2018 :**

- ❖ Best of three sets.
- ❖ Each set will be played for 15 points.
- ❖ Maximum of 2+2 players.
- ❖ Matches will be conducted near the Physical Director's office.

**10. Football (Men) 27-11-2018:**

- ❖ Each team should consist of minimum 11 players and 9 substitute players.
- ❖ Time duration 10 minutes – 2 minutes break – 10 minutes

**11. Throwball (Womcn) 27-11 2018**


- ❖ Best of three sets.
- ❖ Each set will be played for 15 points.
- ❖ Maximum of 9+3 players.
- ❖ Matches will be conducted in front of Oasis.

**12. Basketball (Men) 28-11-2018:**

- ❖ Maximum of 5+7 players.
- ❖ Time duration 10 minutes – 5 minutes break – 10 minutes.
- ❖ Matches will be conducted on flood light Basketball court.

**13. Badminton (Women) 28-11-2018**

- ❖ Best of three sets.
- ❖ Each set will be played for 11 points
- ❖ Maximum of 2+1 players.
- ❖ Matches will be conducted near the Physical Director's office.

  
DIRECTOR OF PHYSICAL EDUCATION

  
VICE-PRINCIPAL

