



SACRED HEART COLLEGE (AUTONOMOUS)

Tirupattur – 635 601, Tamil Nadu, S. India

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Ready for
Every Good Work

A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

2020-21

SOFT SKILLS

1. Orientation Programme on Professional Courses in Commerce

The PG Department of Commerce organised an Orientation Programme on “Professional Courses in Commerce” for UG and PG Students on 02nd March, 2021. The resource person for the programme was CA. T. PothiMadhavan, M.Com., FCA., Chartered Accountant, Nungambakkam, Chennai. The session was planned into two parts viz., input session and interactive session. During the input session students gained knowledge on how to register for the CA, ICWA, CS programme, how to get internship training & stipend from the registered practitioner, pattern of examination and syllabus for CA, ICWA and CS programmes. The participants raised many questions during interactive session and the resource person cleared their doubts.



Source: SHC Times XIII edition (03rd July, 2021) Page 11

2. National Webinar on Career Opportunities in Commerce

The PG Department of Commerce (Shift-II) organized the National Level Webinar titled Career Opportunities in Commerce on 30th January, 2021. The programme was organized through Google-Meet. The Inaugural Address was given by Rev. Dr. K.A. Maria Arokiaraj, Additional Principal (Shift II). Mr. M. Devendiran, the resource person and Soft Skill Trainer from Vedhams Midway Training Consultancy shared his knowledge with the participants about the career opportunities available in the field of Commerce. About 122 participants from various institutions attended the virtual event.



PG Department of Commerce (Shift-II)
Sacred Heart College (Autonomous)
Accredited by NAAC with CGPA of 3.31 (4th Cycle) at A+ Grade
Tirupattur - 635 601, Tirupattur District, Tamilnadu.

cordially invites you for the National Webinar on
"Career Opportunities in Commerce"

Resource Person
Mr. M. DEVENDIRAN,
MBA, M.Phil, M.Sc (Phy), PGDHRM.
(Research Scholar, VIT University, Vellore).
Softskills Trainer and Founder,
Vedhams Midway Training Consultancy.

Chief Patrons:
Rev. Dr. D. Maria Antony Raj, SDB
Principal
Rev. Dr. K. A. Maria Arokiaraj, SDB
Additional Principal

Conveners:
Dr. K. Anbalagan, HoD (PG)
Dr. G. Devi, HoD (UG)

Organising Secretaries:
Mr. S. Karthik, Contact: 9841297928
Mrs. M. Sangeetha, Contact: 8248261953

Organising Committee:
Mr. Berkmans. J
Dr. A. Sankar
Mr. G. Rajkumar

Registration Link: <https://forms.gle/EvQpf4Mk62qwbywc7>
Registration is free for the Webinar
E-Certificate will be provided to the participants

Mode
Google Meet

30th
January
2021
11:30 AM to 12:30 PM

Source: SHC Times XIII edition (8th March, 2021) Page 12

3. SHIYA - 2020

All India Young Innovator Award Competition was organized by Sacred Heart College, Tirupattur on 28.02.2020. It showcased 95 discoveries by 275 students from the Arts and Sciences Colleges of India. In particular, Students from Karnataka, Andhra Pradesh and Puducherry participated in the event. A team of specialists from Tamil Nadu visited the exhibited findings, evaluated the process and selected the top three innovations. They were given a certificate of appreciation and were awarded cash prizes. Arrangements were made on behalf of the Intellectual Property Rights Center of the College to obtain patent for the selected inventions.

Tirupattur District Collector, Mr. M.P. Sivanarul, inaugurated and addressed the gathering. He motivated the students to take part in such competitions. He said that, only with innovations, the society can progress. The Principal, Rev. Dr.D Maria Antony Raj, Rev. Dr .C.Antonyraj,the Secretarypresided over the function; the Vice-Principal of Shift-II, Rev. Dr. G. TheophilAnand, meticulously planned and coordinated the program.

Innovations on ensuring the safety of women, useful tools and technologies for the farmers, environment, health and hygiene were welcomed by the visitors. Of the 95 inventions that were on display, Sacred Heart College won the first three places for the best thought and innovation. The first place was given for the project titled Portable Electronic Mobile Charging, the second place was given for the project titled Soilless Medium for Rooftop the third place was given for the project titled Degradable Sanitary Napkins. Those who received the first three places were awarded cash prizes with Citation Award.



Source: SHC Times XIII edition (31st March, 2020) Page 3

LANGUAGE AND COMMUNICATION SKILLS

1. Webinar on Developing Writing Skills and Avoiding Common Errors

The Department of English (Shift-I), Sacred Heart College, organised a webinar on the topic Developing Writing Skills and Avoiding Common Errors in English on 03rd February, 2021. Dr. M.A. SahulHameed, Associate Professor of English, VIT University, Vellore, was the resource person. The webinar began at 2.00 p.m through Google Meet. Students from General English classes and B.A. English (Shift-I) were invited to the webinar. The resource person was very precise in his talk augmenting the need for developing the writing skills. He discussed the various ways in which they can develop their writing skills. He insisted on learning five new words every day and keeping a diary to note down everything what they learn. Further he added that, without reading it is not possible to develop our writing skills. Therefore he suggested a few authors, mostly Indian Writers for developing their reading habit. He also pointed out how punctuations and spelling mistake can alter the meaning of the usage of a word and how a word can be used in different contexts. About 100 students took part in the webinar.



Source: SHC Times XIV edition (8th March, 2021) Page 15

2. National seminar on The Impact of Cash or Cashless Business India

The PG Department of Commerce organized a National Seminar on The Impact of Cash to Cashless Business in India (Opportunities & Challenges). Dr. N. Suresh, Professor, Department of Management Studies, Ramaiah University of Applied Sciences, Bangalore delivered a lecture on Digital Payments Make the Business Transactions Easy. CA. T. PothiMadhavan, Chartered Accountant, Nungambakkam, Chennai delivered a talk on Does the Cashless Business increase the Revenue of the Nation, Rev. Dr. K. A. Maria Arokiaraj, Additional Principal (Shift-II), Staff and Students of the Department graced the occasion. Around 446 participants from 15 colleges actively participated in the Seminar.



Source: SHC Times XIV edition (31st March, 2020) Page 8

3. Webinar on “English for Career Advancement”

The Department of English (Shift-I), Sacred Heart College (Autonomous), Tirupattur organized a webinar titled English for Career Advancement on 11th January, 2021 between 4 p.m. and 5 p.m. Dr.S. Veeramani, Assistant Professor of English, Government Arts College, Kulithalai, Karur District was the resource person. The I& II UG students of Shift-I were invited for the webinar. The resource person urged the students to develop their language competence to be more competitive in the job market. He insisted that students to develop their pronunciation and mentioned a few techniques that would help to improve their language skills. He asked them to note down words in a diary and refer to them and use them regularly while speaking. He also spoke about the various job opportunities available to those who are equipped with the language. He demonstrated the use of language in the field of Forensic Linguistics. Eighty five students participated and benefitted from the webinar. Certificates were given to all the students.



Source: SHC Times XIV edition (8th March, 2021) Page 6

LIFE SKILLS

1. Webinar on Women Psychology

The Department of Social Work, M.Sc., Counseling Psychology and M.Sc., Computer Science jointly organised a Webinar on “Women Psychology” on 12th March, 2021. The resource person was Rev. Fr. Arul Xavier, Director, Fountain College, Sundampatti, Krishnagiri. About 100 students participated in the webinar. It covered the topics related to Women Psychology in the present context. Participants asked and cleared their doubts from the speaker. Many women related issues were brought up by several participants. The need for indicators and tools to measure the impacts of interventions against objectives of Women Psychology was discussed.



Source: SHC Times XIV edition (03rd July, 2021) Page 12

2. Webinar on Training Tele Counsellors

A Webinar on Training Tele-Counsellors was organised on 5th June 2021. Three prominent resource persons discussed issues related to COVID 19. Rev. Sr. Martina from ANM Hospital, Salem, shared about the effects of the second wave and how one can keep oneself safe. Rev. Fr. Arul Xavier OFM Cap., Director of Fountain Counselling Centre, Krishnagiri discussed about mental ill-ness and offered tips for mental wellbeing. Ms. Christina from Loyola College elaborated on the nature and challenges of tele-counselling and shared her experiences as a tele-counsellor. About 756 participants from 195 institutions across India participated in the Webinar.



Source: SHC Times XIV edition (03rd July, 2021) Page 21

3. National Workshop on Art Therapy

The Dept of Counselling Psychology organized a National Workshop on Art Therapy on 28th and 29th, June 2021. Dr. Asha, Founder, ASHA, “The Hope” Centre for Counseling and Therapy was the resource person. She explained how art as a therapy can be used for creative process to improve a person’s physical, mental, and emotional well-being. Projective techniques like House-Tree-Person, Scribble, Bridge, Mandala drawing, and Baum Therapy were discussed during the workshop. About 16 students and teachers attended the workshop.



Source: SHC Times XIV edition (03rd July, 2021) Page 22

4. Certificate Programme on Transactional Analysis

The PG and Research Department of Social Work under the MoU signed with the North East Institute of Social Sciences and Re-search (NEISSR), Dimapur, Nagaland organized a Certificate Programme on Transactional Analysis. The programme was held on 30th and 31st January, 2020. Dr. S. Paul Raj, the Head, Department of Social Work wel-comed the students of NEISSR. Dr. K. Arockiaraj coordinated the programme. Dr. CR. Christi Anandan, Dr. Clayton Michael Fonceca and Mrs. E. Lisa handled sessions on ego states, time structuring, stamp col-lection, life positions, psychological games and script writing. Around 12 students and one faculty from the institute participated in the programme. Dr. Amith, Assistant Professor, Department of Social Work, NEISSR handled a three hour session for the I MSW Students of Sacred Heart College on Health and Role of Medical Social Worker.



Source: SHC Times XI edition (31st March, 2020) Page 7

5. Plastic Eradication Rally

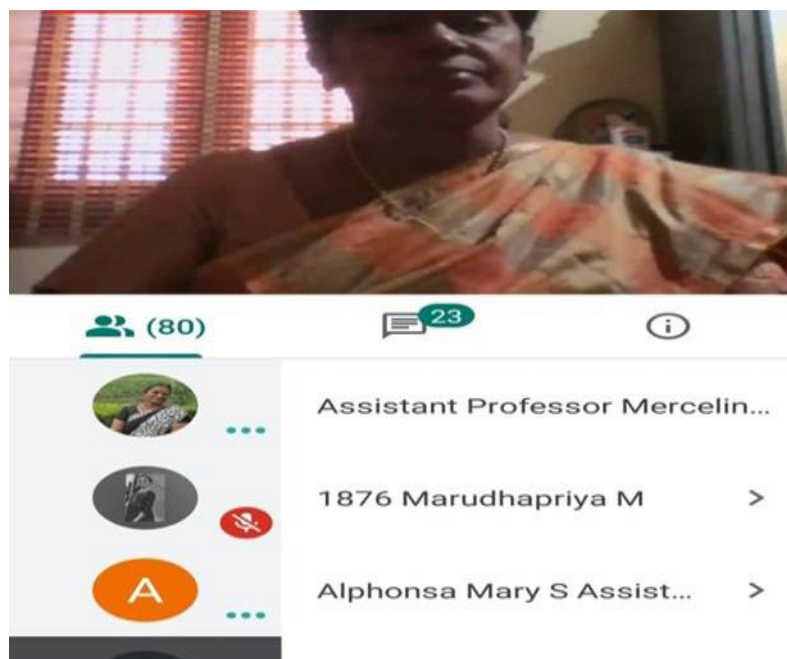
The P.G & Research Department of Social Work organized a Plastic Eradication Awareness Rally on 22nd January, 2021 at Tirupattur Town. The pro-gramme was initiated by the Community Development Forum of the department. The rally was conducted between 2.30p.m and 3.30 p.m. The objective of the rally was to support sustainable development goals on climate ac-tion and life on land. Through this rally people were made aware of the ill effects in using plastic that causes environ-mental damage and climate change. The alternatives for the use of plastic in daily life were promoted. Mr. J. Maria Leo Joseph, Assistant Professor Department of Chemistry gave a short message, followed by a street dance performed by the social work department stu-dents. The programme concluded with vote of thanks.



Source: SHC Times XIII edition (8th March, 2021) Page 9

6. Webinar on Creative Thinking in Entrepreneurship for Women

The Women Cell, Sacred Heart College (Autonomous), Tirupattur organized a webinar titled Creative Thinking in Entrepreneurship for Women on 28th January, 2021. The III UG Girl Students (Arts) attended the session. Dr. S. Alphonsa Mary, Assistant Professor, Department of English welcomed the resource person and the participants. The program commenced with a prayer by Dr. A. Arokia Mary, Assistant Professor, Department of Business Administration, Miss G. Pavithra, III B.A English delivered the welcome address. The resource person of the day Dr. Auxilia Antony, Assistant Professor, Department of Commerce, Auxilium College, Vellore was introduced by Miss Ruby, III B.B.A with great reverence. The resource person addressed the gathering and acknowledged the major role played by women in shaping society. She emphasized the fact that women are no longer confined to the domestic domains and stereotypes of society. She highlighted the fact that women have evolved and have shattered all the restrictions that once confined them. From running a family to flying aircrafts women have never failed to prove their worth. By quoting the examples of women achievers she brought in the concept of entrepreneurship and the importance of being independent, creative and unique. About 96 participants attended the session. The webinar concluded with the Vote of Thanks by Miss MarudhaPriya, III B.A English.



Source: SHC Times XIII edition (8th March, 2021) Page 10

7. **Workshop on Hypnotherapy**

The students of Counseling Psychology and Social Work department attended a residential certificate course on Hypnotherapy at Fountain Institute of Counseling and Psychotherapy, Sundampatti, Krishnagiri District Hypnotherapy between 21st and 24th January, 2021. Rev. Dr. I. Joe Sanjay OFM Cap, Prof. Arul Prabakar and Rev.Sr. Sumi accompanied the students. Rev. Fr. Arul Xavier OFM Cap the Rector of the community and the animator of the workshop enriched the students with his erudite scholarship. The sessions were simple yet profound. The speaker gave a clear and distinct orientation on topics related to modern mind, critical mind and primitive mind. The course enabled the students to understand the nature and dynamics of hypnotherapy and cleared the misconceptions.

Source: SHC Times XIII edition (8th March, 2021) Page 11

8. **Motor Bike Awareness Rally on Road Safety**

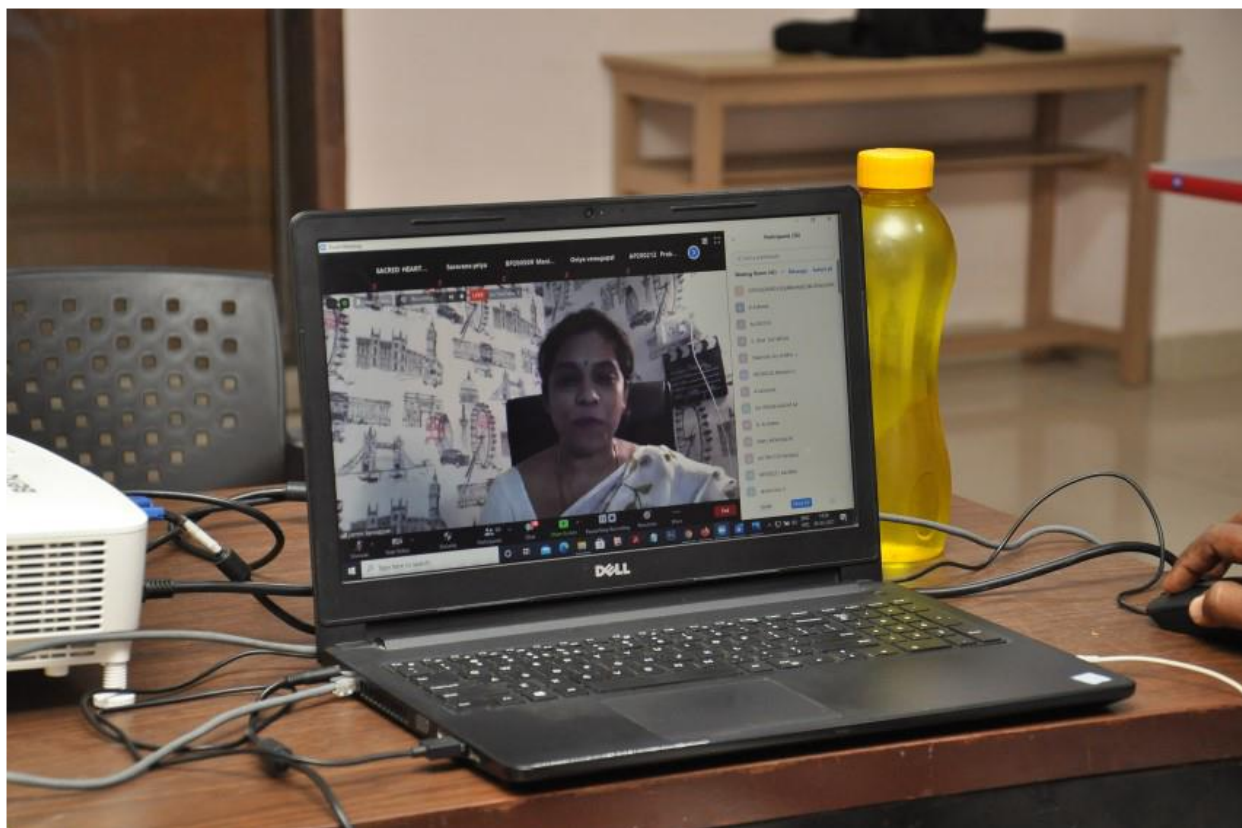
The National Service Scheme (NSS), Sacred Heart College, Tirupattur in as-sociation with Rathnas Lions Club, Tirupattur organized a motor bike rally from Sacred Heart College campus until Housing Board, Tirupattur on 13th February, 2021. The rally was flagged off jointly at 10.15 a.m. by Rev.Dr. John Alexander, Rector and Secretary, Rev.Dr. D. Maria Antony Raj, Principal, Mr.Thangavel DSP, Tirupattur, Rathnas Lions Club members Ln. Bhuvanewari and Ln. P.R.Dhevarajan respectively. The volunteers wore helmet and raised placards containing slogans such as “wear helmet save lives”, “respect traffic rules”, “moderate speed always good” “high speed kills” to ensure road safety, About 100 volunteers from NSS and Media forum moved from Sacred Heart College slowly across the town bus stand, pudupet road and reached housing board signal at 11.15a.m. The students from Bharath Marshal Art Academy performed street play, mime, silabattam during the rally. The town police escorted the rally and regulated the traffic.The rally created awareness on road safety measures such as wearing helmet, following traffic rules, avoiding the usage of mobile while riding and liquor consumption etc., The event was coordinated by NSS Program officers: Dr. M. Antony Arockiasamy, Dr. U. Ramesh, Dr. B. Seenivasan , and Dr. A. Royal Edward Williams, Media Forum and Ln. Mr. Kishore respectively.



Source: SHC Times XIII edition (8th March, 2021) Page 16

10. Inter-Collegiate Debate on Women Empowerment

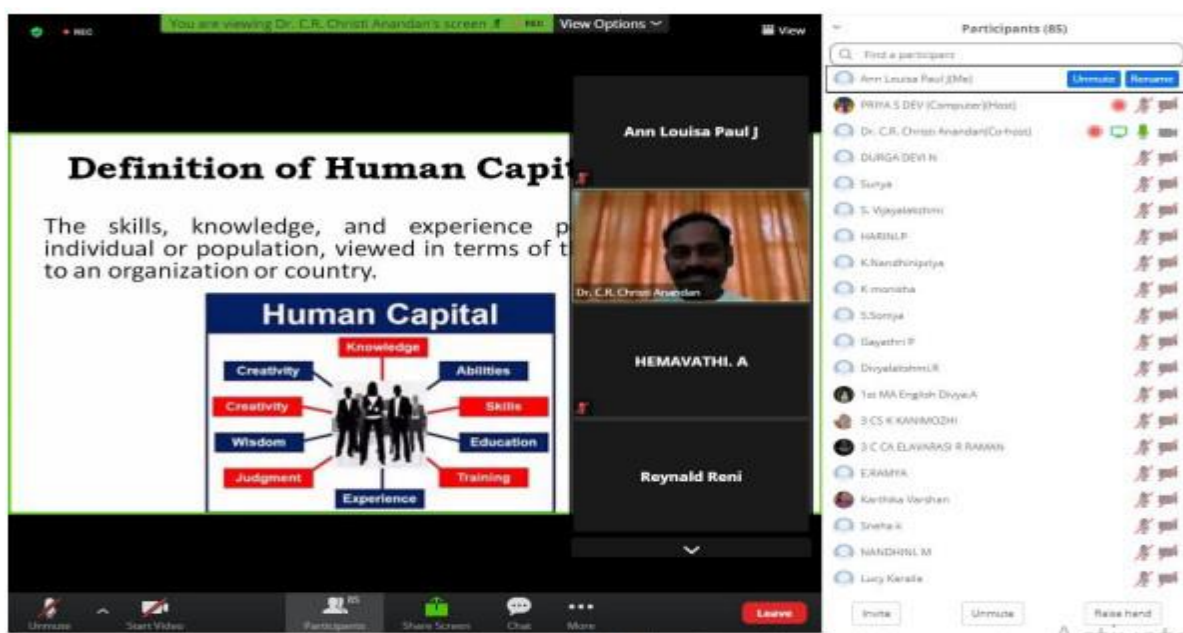
The Sacred Heart College Women Cell in collaboration with the Department of Biochemistry organized an Inter – Collegiate Virtual Debate on ‘Women Empowerment’, on International Women’s Day, 8th March 2021 between 3.00 p.m. and 5.00 p.m. Many women students from different colleges participated in the debate. Dr. M. Pavithra Asst. Prof, D.G. Vaishnava College, Chennai was the judge for the debate. The debate was on the topic “Does Women Empowerment prevail more in Family or Society”? Thus it was declared that women empowerment prevails more in the family than society. The best speaker awards were given to two speakers of the debate, one from each category: S. Abinaya, Auxilium College, Vellore and C. Anu, Sacred Heart College, Tirupattur.



Source: SHC Times XIII edition (03rd July, 2021) Page 7

11. National Workshop on Labour Legislation

The P.G & Research Department of Social Work, Sacred Heart College (Autonomous) Tirupattur in collaboration with Dream Beyond Training Academy, Chennai organized a National Workshop on Labour Legislation between 29th March and 9th April, 2021. The workshop was open to the public and about 80 students and budding professionals attended the event. Resource persons were: Dr G. Gopala Krishna, Mentor, Enquiry Officer, Certified Peer Reviewer, Veteran HR, Adv. M. Dinesh Kumar, Veteran HR, Director, Dream Beyond Training Academy, Mr. C. Raj, Asst Manager, HR, Mr. Dhurga Das, TVS Group of Companies and Mr. Rizwan, Founder, Career Desire. The experts addressed the gathering about a variety of issues related to Labour Legislation with recent amendments based on their experiences and expertise. During the weeks long training, webinar participants had the opportunity to choose among various sessions to discuss topics and develop recommendations. The topics include: Introduction about HR, Labour Laws, Factories Act 1948 & TN Factories, Industrial Disputes Act 1947, Maternity Benefit Act 1961, Minimum Wages Act 1948, Payment of Bonus Act 1965, Payment of Gratuity Act 1972, Payment of Wages Act 1936, Equal Remuneration Act 1976, Industrial Employment (Standing Orders) Act 1946, Tamil Nadu Shops and Establishments Act 1947, EPF & MP Act 1952 and ESI Act, 1948, Preparing Resume and Interview tips.



Source: SHC Times XIV edition (03rd July, 2021) Page 13

12. National Webinar on Sustaining Physical and Emotional Well-Being in Combating Covid-19

The Department of Physical Education, Sacred Heart College (Autonomous), Tirupattur organised a National Webinar on "Sustaining Physical and Emotional Well-Being in Combating Covid-19" on 22nd June 2021. The National Webinar was organised at 3:00 p.m. through Zoom platform. The welcome address was delivered by Dr. K. Arockiaraj, Assistant Professor, Department of Social Work, and Sacred Heart College. Rev. Dr. Praveen Peter, Vice Principal (Shift-I) & COE gave the felicitation address. The resource person Mr. Vinod Jacob, Assistant Professor, Department of Physical Education, SN College, Cherthala, Kerala highlighted the need for physical exercises to fight illness and provided the necessary guidelines for the Covid Survivors.

Dr. Kavita Kholgade, Managing Director, Kavita Sports & Fitness, Secretary, Khel Rang FSSA, Director of Physical Education, SMRK College, Nashik, Maharashtra highlighted the importance of emotional well-being. She emphasized the need for strengthening the Emotional Quotient for successful life and overall wellbeing. Dr. K. Arockiaraj moderated the discussion after each session. Vote of thanks was proposed by Mr. A. Bento Devaraj, Director of Physical Education, Department of Physical Education, Sacred Heart College. About 60 faculty members and 30 students from various institutions across the nation attended the webinar.

Source: SHC Times XIV edition (03rd July, 2021) Page 18

AWARENESS OF TRENDS IN TECHNOLOGY

1. Workshop on How to Convert the Projects into Patent

The Intellectual Property Cell (IPR), Sacred Heart College (Autonomous), Tirupatturorganised a National Virtual Workshop titled “How to Convert the Projects into Patent” on 12th January, 2021. The objective of the workshop is to enlighten the PG students and Research Scholars of the campus, since they carryout project as a part of their curriculum. Dr. A. Royal Edward Williams, Assistant Professor, Department of Economics was the convener of the event. The programme started with a prayer song coordinated by Dr. A. Prabu, Assistant Professor, Department of Tamil followed by welcome address by Dr. V. Collins ArunPrakash, IPR Cell, Member and PG Head, Department of Chemistry. He felicitated the resource person Dr. PreethamBala-krishnan, Assistant Professor, Tamil Nadu Law University, Tiruchirappalli, Tamil Nadu. In the first session, she gave the basic idea of IPR, difference between novel and trivial things which can and cannot be patented. In the second half of her lecture, she concentrated on how an ordinary idea could be performed innovatively and how that can be patented. About 101 participants from various institutions across the nation attended the workshop.



Source: SHC Times XIII edition (8th March, 2021) Page 9

2. Webinar on Thin Films – Preparation and Characterization

The Department of Physics, Sacred Heart College (Autonomous), Tirupattur in collaboration with the Department of Physics, Annai Velankanni College, Tholayavattam, Kanyakumari District organised a webinar titled Thin Films – Preparation and Characterization on 21st May 2021. Mrs. Latha Batrace, Head, Dept of Physics, AVC delivered the welcome address. Dr. J. Johnson, Principal, AVC and Rev. Fr. Kulanthai, Secretary, AVC delivered the felicitation address. The resource person Dr. A. Dhayal Raj, Asst. Prof, Dept of Physics, Sacred Heart College delivered his lecture on “Thin films- Preparation and characterization”. He explained the different types of thin film preparation and the different techniques of characterization. About 95 participants attended the lecture. Dr. M. Jose, Asst. Prof, Dept of Physics, Sacred Heart College thanked the resource person, participants and both the managements of AVC and SHC.

ANNAI VELANKANNI COLLEGE
(Accredited by NAAC with B++ grade and approved by UGC under Section 2(f) and 12(B) status)
(Affiliated to Manonmaniam Sundaranar University, Tirunelveli)
THOLAYAVATTAM, Killiyoor Taluk, Kanyakumari District-629157

In collaboration with

SACRED HEART COLLEGE (AUTONOMOUS)
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(Affiliated to Thiruvalluvar University, Vellore)
TIRUPATTUR, Tirupattur District- 635 601

One day Webinar on
“THIN FILMS-PREPARATION AND CHARACTERIZATION”

Friday, 21st May 2021 at 10.30 am
Organized by
Department of Physics and Research Centre
AVC, Tholayavattam & SHC, Tirupattur



Resource Person
Dr. A. DHAYAL RAJ M.Sc, M.Phil, Ph.D
Assistant Professor, SHC (Autonomous), Tirupattur

Convenors
Mrs. M. Latha Beatrice, HOD of Physics, AVC, Tholayavattam
Dr. A. Albert Irudayaraj, HOD of Physics, SHC, Tirupattur
E-certificate will be given for active participants

Live on Google meet link: <https://meet.google.com/nnk-xgzj-sja>

Source: SHC Times XIVedition (03rd July, 2021) Page 19