

SACRED HEART COLLEGE (AUTONOMOUS)

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A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

2019-20

SOFT SKILLS

1. Entrepreneurship

Rev.Fr.S.Henry Daniel Ambrose, Asst. Professor, Department of Social Work and Mr.P.NicolaPrakash, Project Officer, Extension Education and Services represented and participated in the three day FDP programme on "Entrepreneurship" between 24th to 26th July, 2019 at Anna University College of Engineering, Bharathidasan Institute of Technol-ogy, Triuchirapalli. The programme was spon-sored by Entrepreneurship Development and Innovation Institute, Govt. of Tamil Nadu, Guindy, Chennai. The motive of this FDP was to develop keen interest and skills of Entrepreneurship among faculty so that they can motivate, encourage and replenish the same in their students to become new young generation entrepreneurs.



Source: SHC Times VIII edition (21st December, 2019) Page 10

2. Workshop on MATLAB

A Workshop on MATLAB (Matrix Laboratory) was organized by the PG and Research Department of Mathematics on 25th September, 2019. Dr. A. George Maria Selvam, PG Head (Shift I) welcomed the gathering. Rev.Dr. Maria An-tony Raj, the principal gave the inaugural address. Rev. Fr. S.John Borg, P.G Head (Shift II) and Convener of the workshop presented the dynamics of the workshop. Dr. Ezhilmaran, Assistant Professor, Advanced School of Studies, VIT, Vellore chaired the technical session. In the valedictory session, Dr. A. Merceline Anita, Association President, Department of Mathematics (Shift I) delivered the welcome address. Rev. Dr. Maria Arokiaraj, Additional Principal gave the key-note address and distributed the certificates. Around 127 students and faculty members participated in the workshop. Dr. D.Ajay, the organizing secretary proposed the vote of thanks.



Source: SHC Times VIII edition (21st December, 2019) Page 13

3. Summer Theatre Workshop 2019

Maatru NaatakaIyakkam (Alternative Theatre Movement), Sacred Heat College organized a Summer Theatre Workshop between 21st and 31st June, 2019 in the college premises. In this workshop around 136 students and faculties participated from 26 various institutions throughout South India. There were 25 specialized theatrics trainers to train the participants across the state. A workshop was also organised alternatively for the participants. Actress Mrs. Rohini was invited as the guest of honour for the inaugural function. Mr. S Chandra kumar, Head, Fine Arts Department, Eastern University, Sri Lanka chaired the valedictory function. During the festival 9 plays were enacted.



Source: SHC Times VIII edition (4th July 2019) Page 7

4. Workshop on Coffee Painting

The Sacred Heart College Alumni Association in collaboration with the Department of Extension Education and Services, organized a one day Coffee Painting Workshop for Slum Children in Abbai Street, Tirupattur Municipality on 31st August, 2019. The programme was inaugurated by Mr. Gopina-than, Vice President, Sacred Heart College Alumni As-sociation. Ms. Nancy Lousia, Head, Department of Interior and Decoration, Islamiah Women's College, Vaniyambadi was invited as the resource person for the workshop. About 40 children participated in the programme and painting kits were distributed on behalf of the Alumni Association. The slum children actively participated in the programme.



Source: SHC Times VIII edition (8th September, 2019) Page 9

5. Workshop on Glass Blowing Technique

The Department of Chemistry in association with Rural Society for Advancement of Chemis-try (RUSAC) organized a workshop on 28th August, 2019. The workshop enabled the students to acquire the art of glass blowing. The inaugu-ral function was presided over by Rev. Dr. C. Antonyraj, Secretary. Rev. Dr. D. Maria Antony Raj, Principal and Rev. Dr. K. A. Maria Arokia Raj, Addl. Principal gave the keynote address. Mr. Rathakrishnaa and Mr. Suresh were invited as the resource persons. Around 120 Students were given demonstration and hands-on training to blow the glass materials in different shapes and sizes of choice. The valedictory function was presided over by Rev. Dr. Praveen Peter, COE and Vice-Principal (Admin, Shift-I). Dr.Vijaya Kumar, Secretary RUSAC, Asst. Professor, Department of Chemistry, Voorhees College gave the valedictory address.



Source: SHC Times VIII edition (8th September, 2019) Page 11

LANGUAGE AND COMMUNICATION SKILLS

1. Theatrics Workshop

The Department of English (Shift II) organized a workshop on theatrics in collaboration with MaatruNaadagaIyakkam (MNI) from 8th to 12th July, 2019. Mr. Thirunavukkarasu, National School of Drama, New Delhi, Dr.K.Parthibaraja, Assistant Professor, Department of Tamil and Mr.Kumanan trained the students. Around 70 students participated in the workshop. The workshop focused on skills such as concentration, understanding and group work.



Source: SHC Times VIII edition (8th September, 2019) Page 10

LIFE SKILLS

1. National Workshop on Art Therapy

The PG Department of Counselling Psychology conducted a National Workshop on Art Therapy between 28th and 29th of Septem-ber, 2019. Dr. Asha, Educational Scientist, Master Hypnotist & Child Development Consultant Learning and Development Analyst was the resource person of the Workshop. Around 42 participants including College and School Counsellors, Psycholo-gist, Professors, Teachers and Research Scholars from 18 different institutions took part in this Workshop. Rev.Dr.Antonyraj SDB, the Secretary addressed the gather-ing and graced the occasion by his valu-able presence. Rev.Dr.I.Joe Sanjay OFM Cap, Head of the Department of Counselling and Psychology coordinated the workshop.



Source: SHC Times VIII edition (21st December, 2019) Page 7

2. World Suicide Prevention Day

The Department of Counselling Psychology observed "World Suicide Prevention Day" on 13th September, 2019. It was an awareness campaign. Rev. Dr.C.Antonyraj, Rector and Rev. Dr.D.MariaAntonyraj, Principal inaugurated the awareness campaign. The Department in collaboration with Counseling Center and FOLC, invited all the staff and students of Sacred Heart College to work together to pre-vent suicide and bring awareness among themselves. The events included: "I Love Myself" badges, Oath Taking, Thumb Impression Campaign and "Letting go of Worries and Receiving a Blessing" respectively.



Source: SHC Times VIII edition (21st December, 2019) Page 7

3. National Seminar on Capacity Building

A National Seminar on Capacity Building for Rural Graduates was organized by the Department of Business Ad-ministration on 13th October, 2019. In the inaugural function Prof. J. Anandraj, Association President, extended his warm words of welcome. The department signed four MOU"s with Brindavan College, Bangalore, St. Jo-seph"s College of Arts & Science, Cuddalore, Loyola College, Vettavalam and MarudharKesari Jain College, Vaniyambadi respectively. Rev.Dr. C. Antonyraj, SDB the Rector delivered the felicitation address and Rev. Fr. Daniel Ambrose, SDB and Rev. Fr. John Borg, SDB inaugurated the Seminar and be-stowed their blessings and addressed the gathering. Vote of Thanks was proposed by Prof. A. Joshuva Victor, Four technical events were conducted during the seminar. In the valedictory function Prof. R. Veerappan, Head, Dept of Business Administration, proposed the vote of thanks.



Source: SHC Times VIII edition (21st December, 2019) Page 9

4. Know Thyself

"Know Thyself" is the magic key which opens the human mind says Socrates. The Department of Counseling Psychology and Counseling Centre took this magic key to open the minds of the young who are new to the campus. Rev. Fr. Sanjay OFM Cap, Miss. Latha Munusamy and Rev. Fr. Mani Lazar SDB were the resource persons for this programme. The programme took place in three different venues for the students of both the shifts, for an hour and half from 25th June to 27th June 2019. The students participated actively in the prgramme. The students gave their feedback at the end of the programme.



Source: SHC Times VIII edition (4th July 2019) Page 5

5. International Yoga Day

The International Yoga Day was celebrated with lot of energy and enthusiasm by the students of our college. There were two functions organized simultaneously in two different halls in the college campus with two different mediation groups namely Heart fullness Meditation and Bramakumari Rajayoga meditation. The celebration at Pope Francis Hall was led by Brahmakumari Rajayoga Meditation team led by Mrs. Suseela from Vaniyambadi Unit of Brahmadkumaris. The programme started with the Tamil Thai Vaz-hthu. Dr. M.Antony Arockiasamy the programme officer welcomed the gathering and introduced the chief guest. Rev.Fr.Praveen Peter the Vice-Principal honoured the resource person with a shawl and narrated the importance of Yoga in our life. He also asked the students to learn this art and get the body and mind fit. In her key note address the chief guest of the day Mrs.SuseelaBrahmakumari trainer started with the knowledge of mind, heart and body. She interacted with the students and engaged them in the discus-sion of mind and body. She exhorted the students to participate actively in any physical activity so that the mind gets fresher. At the end of the session the chief guest conducted a session of Raja Yogam of Bramakumaris. At the end of the meditation two students gave feedback and clarified doubts with the guest. Around 200 students and staff participated and benefitted from the new meditation technique. The programe concluded with national anthem.



Source: SHC Times VIII edition (4th July 2019) Page 6

6. Workshop on Healing the Inner Child

A two day workshop on Healing the Inner Child was jointly organized by the Department of Counselling Psychology, Counselling Centre and Fullness of Life Club between 9th and 10th July, 2019 at Fountain Institute of Counselling and Psycho-therapy, Sundampatti, Krishnagiri. Rev. On the first day Rev. Fr. Stanly, Chair-man delivered a lecture on "The Importance of Healthy Mind and its Relation-ship to the Physical Self". The second day focused on Physiopsychology, FLAG, Counter Transference, Emotional Cyst, The Science of Attraction, Identifying Emotional Cards and Ways to Overcome Attraction (Boy-Girl Relationship). Around 31 students actively participated in the workshop.



Source: SHC Times VIII edition (4th July 2019) Page 11

7. Awareness Programme on Problems Related to Adolescent Girls and Their Management

The Department of Counseling Psychology organized an Awareness Programme titled Prob-lems Related to Adolescent Girls and Their Management for the III UG Girl Students on 28th January, 2020. The event aimed to help the participants to understand their physiological changes, well-being and the way to tackle the challenges in everyday life through Video Presentations. The Stages of Their Transformation, Modern Problems and Its Solutions were also explained. Dr. A. Merceline Anita, Dean of Women Students convened the programme. Rev. Fr. Sanjay, Head, Department of Counseling Psychology, Ms. LathaMunusamy, Counsellor and Rev. Sr. Anthoniammal, Assistant Professor, Department of Counselling Psychology along with the Post Graduate Students coordinated the Programme.

Source: SHC Times VIII edition (31st March, 2020) Page 9

8. Awareness Programme on Nutrition, Health & Hygiene

The Department of Microbiology and Bio-chemistry organisedan awareness pro-gramme on Nutrition, Health and Hygiene for the girl students on 10th February, 2020. Ms. R. Mahalakshmi, Head, Department of Nutri-tion, FSM and Dietetics, MarudharKesari Jain College for Women, Vaniyambadi was invited as the chief guest. The III UG girl stu-dents from Arts Stream participated in the programme. Dr. S.R. Xavier Raja Rathinam, Vice Principal (Academics Shift-I), Staff and Students graced the occasion.



Source: SHC Times VIII edition (31st March, 2020) Page 14

AWARENESS OF TRENDS IN TECHNOLOGY

1. National Level Workshop on Apache Kafka

A National Workshop on Apache Kafka Programming was organized by the Department of Com-puter Applications (UG) on 29thAugust, 2019. Around 97 students from Sacred Heart College and 295 students and staff from other colleges participated in the workshop. Rev.Dr.K.A. Maria Arockiaraj, Additional Principal (Shift II) inaugurated the workshop. Prof. V.S. Jayakumar Paul Bosco and Dr.A.Mekala handled a session on the Basics of Kafka Programming. Prof.T.Prabakaran and Prof.V.Krishna Kumar handled a session on the imple-mentation of Kafka Programming. Rev.Dr.G.ThophilAnand, Vice Principal, Administration (Shift-II), gave the felicitation address. Prof.A.John Martin, Head, Dr.A.Mekala, Prof.R.Karthik, Prof.C.Dharma Devi and Prof.J.Merlin Florence collectively coordinated the workshop.



Source: SHC Times VIII edition (8th September, 2019) Page 9

2. 8th National Conference on Winning the Global Business War through Artificial Intelligence

Sacred Heart Institute of Management Studies (SHIMS), proudly organized the 8th National Conference on "Winning the Global Business War through Artificial Intelligence" on 26th November, 2019 in John Med Block. The conference was graced by Mr. K. K. Sathasivan, Assistant Vice-president (Marketing), Ramco Cement Ltd., Chennai. He was felicitated by Rev. Dr. D. Maria Antony Raj and Rev. Fr. S. Lawrence. The gathering was wel-comed by Dr. S. Sasikumar, HOD of SHIMS. First technical session was chaired by Dr. A. Vasumathi, professor VIT University, Vellore. Second technical session was chaired by Dr. M. Sathish, Assistant Professor, ChinmayaVishavidyapeeth University Ernakuluam, Kerala. In the conference the SHIMS has great honour in releasing the link of 4thUGC Care listed journal *Think India Journal*. Vote of thanks was delivered by Sajan M. George, one of the Ph. D. full time scholar. Finally Dr. J. Sasiganth presented the certificate to the pa-per presenters and the participants.

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Source: SHC Times VIII edition (21st December, 2019) Page 8

3. MICROGALAXY 2019

The Department of Microbiology organized its first International Conference on Advanced Trends and Innovations in Life Sciences -ATILS 2019" on 27th September, 2019. The organizing secretary Dr. R. Bright welcomed the gathering. Rev. Dr. Maria Antony Raj,SDB, the Principal gave the inaugural address. Dr. P.Saranraj, Assistant Professor and Head of Microbiology department introduced the Resource persons Dr. N.Prithviraj, Senior Scien-tist, Shanghai Jiao University, China and Dr.Rajpraveen, Associate Profes-sor, Department of Agriculture Extension, Annamalai University, Tamil Nadu. Dr. K.Amala, Assistant Profes-sor introduced Dr. P.Sivasakthivelan, Assistant Professor, Department of Agricultural Microbiology, Annamalai University, Tamil Nadu. About 230 participants from twenty institutions and 150 other department students participated in the conference. In the valedictory session the welcome address was delivered by Ms. NeethuAsokan, Assistant Professor. Dr.Rajpraveen, Associate Professor, Department of Agriculture Extension, AnnamalaiUniver-sity, Tamil Nadu delivered the valedictory address. Prizes for the best paper were distributed by the Resource persons.



Source: SHC Times VIII edition (21st December, 2019) Page 13

4. Workshop on Powder X-Ray

The Department of Physics (Shift I & II) in collaboration with Bruker India Scientific Pvt. Ltd., Bangalore organized a Workshop on Capability Enhancement in Powder X-Ray Diffraction and Rietveld Refinement Analysis on 30th and 31st January, 2020. Dr. RavikumarIyyemperumal, Application Scientist, Bruker India Scientific Pvt. Ltd., Bangalore was the resource person. The workshop imparted technical knowledge corre-sponding Powder X-Ray Diffraction and Rietveld Refinement Analysis. The PG Students, M.Phil and Ph.D Scholars of Sacred Heart College and thirty two other external members from various institutions participated in the workshop. Dr.S.R.XavierRajarathinam, the Vice Principal (Academics), Rev.Dr.K.A.MariaArokiaraj, the Additional Principal and the faculty members of the department graced the occasion.



Source: SHC Times VIII edition (31st March, 2020) Page 6

5. Learn Excellent Adventures in Physics

Intra collegiate physics competitions were con-ducted by PG and Reach Department of Physics, Sacred Heart College (Autonomous) on 12th December 2019 at Kamarajar Arangam LEAP 2019 is a multi-paradigm competitions. The main objective of the programme was to find out students with understanding, experimentation and application of phys-ics at different di-mensions. The programme was inaugurated at 9.30a.m. Dr.A.AlbertIrudhayaraj UG Head, Department of Physics (Shift-I) welcomed and felicitated the gathering. Special moti-vational talk was given by our alumini, Mr. D. Kribanithi, Re-search Scholar at NIT Trichy,Miss.A. ReenaArulvani, Assis-tant Professor, MarudharKesari Jain College, Vaniyambadi and Miss.A.Jyathsenai, Assistant Professor, MarudharKesari Jain College, Vaniyambadi and the Convener of LEAP 2019 Rev. Dr. G. TheophilAnand presented the dynamics of the day. After the inauguration both on stage and off stage com-petitions including speech, Adzab, fancy dress, dumb cha-rade, physics play, quiz, essay, pencil sketch, working model and poster presentation were conducted for the students. Around 350 students and faculty members participated in LEAP 2019.





Source: SHC Times VIII edition (21st December, 2019) Page 14