



Ready for
Every Good Work

SACRED HEART COLLEGE (AUTONOMOUS)

Tirupattur – 635 601, Tamil Nadu, S.India

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A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

4.1.1 The Institution has adequate infrastructure and other facilities for

- Teaching – learning, viz., Classrooms, Laboratories, Computing equipment etc.
- ICT – enabled facilities such as Smart class, LMS etc.
- Facilities for Cultural and Sports activities, Yoga Centre, Games (indoor and outdoor), Gymnasium, Auditorium etc.

Gym Equipments for Boys

1	Dumbles 2.5kg
2	Dumbles 5 kg
3	Dumbles 7.5kg
4	Dumbles 10kg
5	Weight plates 5kg
6	Weight plates 10kg
7	Weight plates 15kg
8	Rods
9	Multi station equipments -2nos
10	Bench press table for three variants
11	Wrist curl
12	Bicep stand

Gym Equipments for Girls

1	Multi station equipments-1
2	Hip twister
3	Swiss ball
4	Dumbles 2.5kg
5	Dumbles 5 kg
6	Medicine ball