



Lab to Land

Newsletter

OUTREACH

SACRED HEART COLLEGE (Autonomous), Tirupathur District

Volume - 12 Issue - 1 June 2022 - February 2023

About the Newsletter

Understanding social realities is crucial for any innovation. Community experience contributes to the education of students and Education contributes to the community development. OUTREACH Programme is a successful initiative of Sacred Heart College (Autonomous). Its in the 12th year of connecting lab and the class room to the neighbourhood. It is being implemented under DEEDS (Department of Extension Education and Services). OUTREACH is organized with the objective to develop volunteerism among students and carry forward their innovative initiatives in the neighbourhood. The II year UG students are involved in OUTREACH activities in promoting their learning's to result in direct benefit to the common public. There are Eleven UG departments functioning in Shift-I. The departments are Economics, Commerce, Mathematics, Physics, Chemistry, Computer Science, Business Administration, Biochemistry, Microbiology, Psychology and English. All the above departments have planned at their own with the activities that would benefit neighbourhood communities in a way that their learnings will result in application to the common people's welfare. This year it is also notable that after Covid restrictions students felt free to plan for community interventions.

The blessings of Rev. Dr. John Alexander, the Secretary of College, Rev. Dr. D. Maria Antony Raj SDB, the Principal of the College who has provided complete support and encouragement to implement the planned activities. Rev. Fr. S. Henry Daniel Ambrose SDB, Director, OUTREACH has taken the responsibility of directing and motivating the programme in the neighbourhood for the year 2022-23. Dr. C.R. Christi Anandan served as Co-ordinator for Shift I. This is the Twelfth volume and first issue of newsletter which briefs the outreach activities carried out by each academic department of Shift-I of the College during the year of 2022-2023.

Staff Orientation and Three-Day Workshop



An orientation programme was organised on 28.07.2022, to discuss on the various opportunities and programmes that could be organised in the OUTREACH. Rev. Fr. S. Henry Daniel Ambrose SDB and Dr. C.R. Christi Anandan has given the instructions and guidelines for the academic year 2022-23.

Workshop on Social Analysis was organised on 04.08.2022 where Tamil semmal PMJF Lion Dr. Ratna Natarajan the former Joint Director of NSS, Tamil Nadu has addressed the students on social



scenario and Dr. K. Arockia Raj Assistant Professor, Department of Social Work were present as a Resource Persons to train the students with the present social scenario and the various social issues prevailing in the rural and tribal communities with the themes of Social Structure in India and Social Analysis with statistical representation.

On 04. 08.2022 The students were oriented on the past events of the OUTREACH and need for volunteerism among the youth by Dr. K. Arockia Raj

Assistant Professor, P.G. Research Department of Social Work. Here Dr. K. Arockia Raj discussed with the students about the intension of OUTREACH, qualities needed to work in such services. At this session students have brainstormed and made decisions over the place of OUTREACH and activities form their Departments. The departmental plan was later submitted in the form of PPT.

On 05.08.2022 the Departmental Plans for Outreach programs were presented for improvements to Dr. C.R. Christi Anandan. The student representatives have presented their plans and few corrections were rendered in programme planning and options of activities that could add value to their programmes.



Inauguration of Outreach Programme:

Inauguration of OUTREACH programme of the college was held on 06.08.2022 at Indoor Stadium along with the inaugural ceremony of Academic Associations, Groups and Movements. The whole programme was coordinated by Rev. Dr. Theophil Anand SDB, Vice Principal in the presence of Rev. Dr, John Alexander SDB, Secretary of the College, Rev. Dr. D. Maria Antony Raj has given a welcome address to the students on the importance of Associations and OUT-

REACH Programmes held by Sacred Heart College. A procession was organized where every student representative has vouched to carry out his / her duties with diligence and with responsibility. All eleven UG departments of shift-I, presented their plan for the year 2022-23. All students were present for the ceremony.



Student Representatives who Contributed for the Success of the OUTREACH Programme for the Year 2022–2023 (Shift - I)

S. No	Name of the Department	Name of the Student Representatives
1	Economics	Mr. K. Diwakar Ms.G. Dayana
2	Commerce	Mr. Arul Jerwin Ms. Indhu
3	Mathematics	Mr. Joans Anto Ms. M. Subiksha
4	Physics	Mr. R. Thirmalai Ms. T. Boomika
5	Chemistry	Mr. S. Nithish Ms.S.Madhumitha
6	Computer Science	Mr. M. Kamaleshwar Ms. M. Medona Pearly Monisha
7	Business Administration	Mr. R. Jana Ms. V. Poornima
8	Biochemistry	Mr. A. Nithish Kumar Ms. A. Vedhashree
9	English	Mr. K. Jagannath Ms. Jade Florence Newton
10	Micro-biology	Mr. R. Vishnuvardhan Ms. N. Usha
11	Psychology	Mr. Dhinakaran Ms. Arthi

Staff In-charges who Contributed for the Success of the DEEDS Programme for the Year 2022-2023 (Shift - I)

S. No	Name of the Department	Name of the Staff In-Charge
1	Economics	Dr. R. Kurinji Malar
2	Commerce	Dr. G. Prakash
3	Mathematics	Dr. M. Antony Arockiasamy
4	Physics	Dr. M. Jose
5	Chemistry	Mr. J. Mario Leo Joseph
6	Computer Science	Dr.S. Sagaya Raj
7	Business Administration	Mr. J. Anandraj
8	Biochemistry	Mrs. K. Sheela
9	English	Mr. A. Augustine
10	Micro-biology	Mr. M. Manigandan
11	Field Coordinator	Mr. D. Balamurugan
12	General Coordinator	Dr. C.R. Christi Anandan

OUTREACH SCHEDULE AND VILLAGES

S. No	Name of the Department	Village Visited	Duration
1	Economics	Bommikuppam & Puthiya Athikuppam	17.08.2022 & 18.08.2022
2	Commerce	Kasinayakkanpatti	14.09.2022 & 15.09.2022
3	Mathematics	Vettampattu	29.08.2022 & 30.08.2022
4	Physics	Pazhalnthottam	17.08.2022 & 18.08.2022
5	Chemistry	A . K . MOTTUR	01.09.2022 & 02.09.2022
6	Computer Science	ACHAMANGALAM	21.09.2022 & 22.09.2022
7	Biochemistry	Selendampalli	12.09.2022 & 13.09.2022
8	Business Administration	Andiyappanur	12.09.2022 & 13.09.2022
9	English	Pudhu Poongulam	20.10.2022 & 21.10.2022
10	Micro Biology	Yelaruvi	13.10.2022 & 14.10.2022
11	Psychology	Pichanur	17.10.2022 & 18.10.2022

Major Activities of the Departments

S. No	Name of the Department	Major Activities
1	Economics	<ul style="list-style-type: none"> • Awareness programme on women empowerment • Focus group discussion on infrastructure development • Awareness program on the importance of environment and its Conservation • Socio-economic survey
2	Commerce	<ul style="list-style-type: none"> • Exhibition to create awareness on modern banking and insurance practices • A Socio- Economic Survey was conducted and Cultural programs (Skit, Dance and songs) to the village people to spread knowledge on environmental protection and hygiene
3	Mathematics	<ul style="list-style-type: none"> • Cleaning at village, both primary and high school. • Planted 50 saplings. • Medicinal saplings were planted inside the school. • Organised a rally on Women empowerment.
4	Physics	<ul style="list-style-type: none"> • Conducted awareness programmes about science • Planted 100 saplings in the village roadway • Conducted games and cultural programme for school students
5	Chemistry	<ul style="list-style-type: none"> • Tree plantation on the lake bunds at A.K. Mottur, in collaboration with Lions Club, Tirupattur who provided 50 jamun tree saplings, the panchayat of A.K. Mottur provided 50 coconut tree saplings. • Distribute pamphlets provided by Lions Club, Tirupattur and speak to them about the dangers of paediatric cancer.
6	Computer Science	<ul style="list-style-type: none"> • Teaching Computer subjects in High School and Elementary School • Conducted Games for High School and Elementary School students; • E-Services to the villagers of Achamangalam • Medical camp, Diabetic Camp and Eye Testing • Tree plantation in and around Achamangalam
7	Biochemistry	<ul style="list-style-type: none"> • Created general awareness program on Hygienic and Disease Prevention. • Orientation and awareness on the importance of Education • A rally on banning plastics in and around village. • Nearly fifty saplings were planted in the village surroundings.
8	Business Administration	<ul style="list-style-type: none"> • Nearly 40 trees were planted in the village surroundings. • Approximately we collected 400 kilograms of plastic waste from the village surroundings and cleaned Dam and Hospital • We created the awareness program to the village peoples and how the plastics are harmful to our society.
9	English	<ul style="list-style-type: none"> • Tree Plantation • Universal Blood Group Survey • Arts and Crafts Camp & Working Person Survey • Sports Activities & Teaching
10	Micro Biology	<ul style="list-style-type: none"> • Blood Group, Blood Pressure and Body mass index tested for school children and villagers. • Planting the samplings around the school campus. • Rally on Awareness regarding communicable diseases among the village people and school children. • Awareness on Breast cancer and its causes among the women's of Village and distributed Pamphlets.
11	Psychology	<ul style="list-style-type: none"> • Created awareness program on postpartum depression for pregnant women and their family members. • Awareness on good & bad touch • Nearly 20 trees were planted in the village surroundings.

Department of Economics at BOMMIKUPPAM



Department of Commerce at KASINAYAKKANPATTI



Department of Physics at PAZHALTHOTTAM



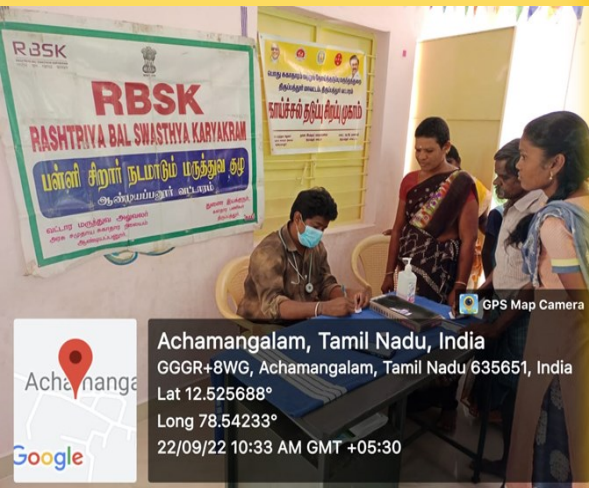
Department of Chemistry at A.K. MOTTUR



Department of Mathematics at VETAPATU



Department of Computer Science at ACHAMANGALAM



Department of Business Administration at ANDIYAPPANUR



Department of Biochemistry at KETHANDAPATTY



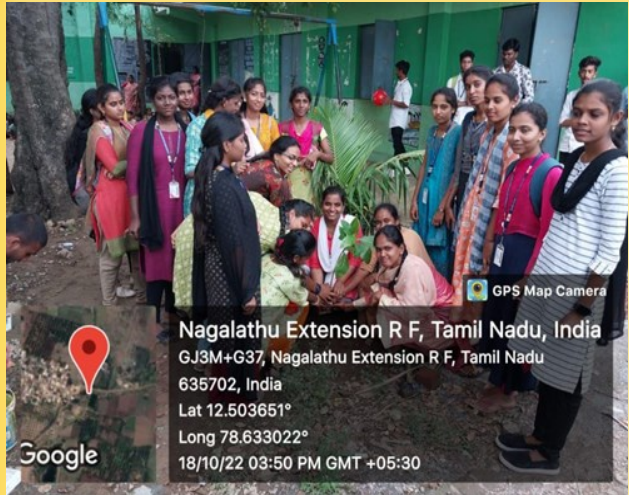
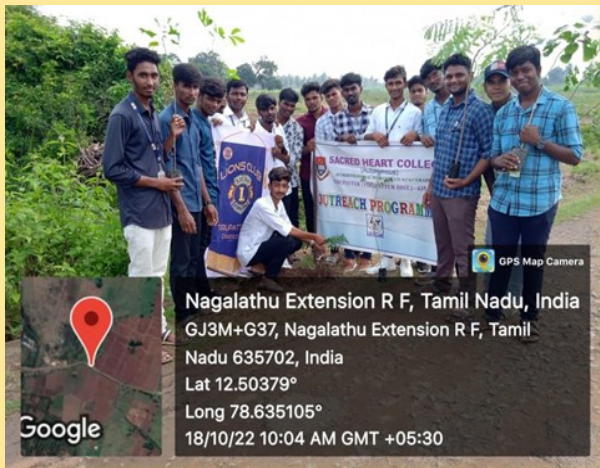
Department of English at PUDHU POONGULAM



Department of Micro Biology at ELARUVI



Department of Psychology at Pudhu Poongulam



OUTCOMES OF THE PROGRAMME

- **Students have developed an attitude towards the social issues and rural India**
- **Students have identified their leadership abilities by planning events, coordinating their class members, implementing and evaluating their programmes.**
- **Students found innovative and creative means of spreading their knowledge to the society.**
- **Learned to work as team**
- **Gained the skills of organizing the programme**
- **Overcame stage fear and learned to plan in advance for the programmes.**
- **Got exposure to the problems in the society and issues that they can handle in the future.**
- **Neighbourhood communities have gained awareness on various issues**
- **School children in the neighbourhood schools had access to knowledge and skills on science and advancements.**

CONCLUSION

At the outset we would like to thank Rev. Dr. John Alexander SDB, Rev. Dr. D. Maria Antony Raj SDB, Rev. Dr. G. Theophil Anand SDB for their relentless support rendered for the successful organization of this OUTREACH Programme at this Academic year 2022-2023. We extend our heart felt gratitude to Rev. Fr. S. Henry Daniel Ambrose who as a Director guided the team. It is also very important and noteworthy to mention and recognize the contributions of the Staff In-charges of Departments and the Head of the Departments for their extension of support.

We extend our sincere gratitude and appreciation for the support rendered by the Podhical Engineering College and Don Bosco Arts and Science College for buses. As accompaniers we had the field team of DEEDs Mr. Ranjith Kumar and Mr. Arul Dass who have supported in coordination of events in the villages. They have accompanied students and facilitated their interactions with the villagers. We also thank and recognize the contributions of the drivers Mr. Raja and Mr. Thanislas for their support in safe transportation to the villages.

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Accredited by NAAC (4th Cycle) with CGPA of 3.31 at A+ grade
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