

#### SACRED HEART COLLEGE (AUTONOMOUS)

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Ready for Every Good Work

A Don Bosco Institution of Higher Education, Founded in 1951 \* Affiliated to Thiruvalluvar University, Vellore \* Autonomous since 1987

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#### YRC - REPORT

#### Annual Report for the academic year 2022-23

Sl.No	Date	Title	Resource Person
1.	30.08.2022	Orientation Programme on "Youth Red Cross"	Dr. R. Kurinji Malar YRC President (Shift-I)
2.	21.09.2022	Awareness Talk on "Youth Volunteerism"	Dr. R. Kurinji Malar YRC President (Shift-I)
3.	26.09.2022	Awareness program on "World Environmental Health Day" (International Day)	Dr. M. Vincent Sahayaraj, Assistant Professor of Economics
4.	29.09.2022	Awareness Talk on "International Day of Awareness of Food Loss and Food Waste" (International Day)	Dr. A. Royal Edward Williams & Mr. R. Sankaran , Assistant Professors of Economics
5.	25.01.2023	E-Poster Competition on "Plastic eradication day" (International Day)	Dr. A. Joy Christina Assistant Professor of English
6.	21.02.2023	Invited talk on "Gender Equality" (International Day)	Dr. R. Kurinji Malar YRC President (Shift-I)
7.	10.04.2023	Certificate Distribution for YRC Volunteers	Dr. R. Kurinji Malar YRC President (Shift-I)
8.	12.04.2023	Orphanage Volunteer Programme (Collaborative event with Govt. Aided Orphanage Home) Vaniyambadi	Dr. R. Kurinji Malar YRC President (Shift-I)

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### Sacred Heart College



(Autonomous)

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### YOUTH RED CROSS (YRC)

**REPORT** 2022-2023

### Dr. R. Kurinji Malar

YRC President (Shift-I), Sacred Heart College (Autonomous), Tirupattur

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## Orientation Programme on "Youth Red Cross" 30.08.2022

An "Orientation Progarmme" on "Youth Red Cross" was organized on 30.08.2022 at Pope Francis Hall from 2 to 3 pm. All the YRC students of Shift-I participated in the programme. YRC President Dr. R. Kurinji Malar enlightened the students on the history of YRC and its location, main objectives and core principles of YRC. She also insisted on the importance of voluntary service which is the main objective of YRC. Students actively participated in the programme.



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# Awareness Talk on "Youth Volunteerism" 21.09.2022

An Awareness Talk on "Youth Volunteerism" was organized on 21.09.2022 from 2 to 3 pm in the Sacred Heart College Campus. All the YRC students of Shift-I participated in the programme. YRC President Dr. R. Kurinji Malar enlightened the students on the importance of youth volunteerism. In her talk, she explained that volunteering can provide a healthy boost to self-confidence, self-esteem, life satisfaction and youth volunteerism also provides a natural sense of accomplishment, pride and identity. Students actively participated in the programme.





### Awareness Program on "World Environmental Health Day" 26.09.2022

YRC (Shift-I) organized an awareness program on "World Environmental Health Day" on 26.09.2022. YRC volunteers displayed awareness charts related to environmental health around the college campus. The program was coordinated by Dr. Kurinji Malar, YRC President and Assistant Professor of Economics; Sacred Heart College (Autonomous), Tirupattur. Nearly 56 YRC volunteers exhibited 125 charts depicting various concepts on environmental health. YRC volunteers created awareness among the students and faculty members through their chart display and explanations. Dr. M. Vincent Sahayaraj, Assistant Professor of Economics evaluated the charts and cash prizes were awarded to the best charts. Overall the awareness program was a great success.





# Awareness Talk on "International Day of Awareness of Food Loss and Food Waste" 29.09.2022

The Youth Red Cross (Shift-I) conducted Awareness Talk on "International Day of Awareness of Food Loss and Food Waste" on 29.09.2022 in Mother Teresa Hall. Ms. Devadarshini, II BA English welcomed the gathering. Dr. A. Royal Edward Williams, Assistant Professor of Economics and Prof. R. Sankaran, Assistant Professor of Economics were the resource persons for this awareness programme. Dr. Kurinji Malar, YRC President felicitated the resource persons with mementoes. Dr. A. Royal Edward Williams in his talk elaborated on the total food production, consumption, food waste, malnutrition level, food scarcity, food loss in agriculture sector and level of Anemia in India. Mr. R. Sankaran addressed on the importance of farmers, agriculture, different types of revolution such as green revolution, white revolution, yellow revolution, blue revolution and its importance in India. Students actively participated in the program and interacted with the resource persons. Ms. Aisha, II B.Sc. Physics delivered the vote of thanks. Students actively participated in the program.



### E-Poster Competition on "Eradication of Plastics" 29.01.2023

YRC (Shift-I)organized an E-Poster Competition on "Eradication of Plastics" on 29.01.2023. The program was organized by Dr. R. Kurinji Malar, YRC President, Sacred Heart College (Autonomous), Tirupattur. Nearly 46 YRC volunteers participated in the competition and exhibited their talents. Posters depicted various concepts on plastic eradication and its harmful effects on human health and environment. YRC volunteers created awareness among the students and faculty members through their chart display and explanations. E-certificates were dispatched to the students for their active participation in the e-Poster competition. Overall the awareness program was a great success.





### Invited Talk on "Gender Equality" 21.02.2023

Invited talk on gender equality organized by Dr. R. Kurinji Malar, YRC President on 21.02.2023 in front of Golden Jubilee building. Gender equality is an international day. To create some awareness among the students the resource person addressed about the gender discrimination, gender equality, gender participation, etc. During the programme YRC volunteers interacted with different opinions and shared their views on gender equality.



### Orphanage Volunteer Programme 12.04.2023

The Youth Red Cross (Shift-I) organized orphanage volunteer programme from 12.04.2023 to 14.04.2023 in "Karunai Illam" Vaniyambadi. The YRC Volunteers served in different ways like taking tuition, serving food, distribution of snacks, bushes cleaning, domestic cleaning, psychological counseling, etc. Under the orphanage volunteer programme YRC volunteers learnt how to serve to the society, how to adopt with society and how to extend youth volunteerism through different ways. At the end the YRC volunteers organized entertainment programme to the elders and children in Karunai Illam.





Dr. R. Kurinji Malar YRC President (Shift-I)

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