



# SACRED HEART COLLEGE (AUTONOMOUS)

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Ready for  
Every Good Work

A Don Bosco Institution of Higher Education, Founded in 1951 \* Affiliated to Thiruvalluvar University, Vellore \* Autonomous since 1987  
Accredited by NAAC (4<sup>th</sup> Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

## RED RIBBON CLUB (SHIFT - I) PROGRAMMES CONDUCTED (2020 – 21)

### International Yoga Day

The International Yoga Day was celebrated on 21<sup>st</sup> June, 2021 between 10:30-11:30 a.m through Google Meet. The RRC volunteers were briefed about the importance of practising Yoga. Prof.V.Madhan Kuamr, Asst Prof. Dept of English, Sacred Heart College(Autonomous) addressed the students. About 40 members attended the session.

### Importance of COVID 19 Vaccines

On 30<sup>th</sup> July, 2021 an awareness program on the importance of COVID 19 was conducted in collaboration with NSS & AICUF. Dr.T.Jacob John, Professor of Virology (Rtd), CMC, Vellore was the resource person. In his address the speaker elaborated on the nuances of the pandemic. He clarified the myths and misconceptions of the disease. He also motivated the staff and students to get vaccinated at the earliest.

### Virtual Lecture on Combating COVID 19

The COVID 19 Awareness Campaign was jointly organised by Red Ribbon Club (RRC), ECO Club and Rovers & Rangers, Sacred Heart College (Autonomous), Tirupattur-635601 on 5<sup>th</sup> August, 2021 between 2:30 p.m and 3:30 p.m virtually. A special lecture was delivered by Dr. Vikram Kumar M.D Siddha, Govt Siddha Hospital, Aandiappanor, Tirupattur on the significance of Siddha medicine in combating the pandemic. The speaker elaborated on the precautions and solutions available in Siddha medicine. He also highlighted on the necessity of administering vaccines. The session was interactive. Students were clarified with their doubts vividly at the end of the session. About 175 student volunteers and 4 faculty members actively participated in the event. Dr.Jude Vimal Michael, President, Eco Club, Dr.Naren Manuel Mascarenhas, President, Rangers & Rovers, Dr.Anbarasu, President, RRC (Shift II) and Mr.V.Madhan Kumar, President, RRC (Shift I) coordinated the event.

### E-Quiz on COVID 19

The E-Quiz on COVID 19 was jointly organised by Red Ribbon Club (RRC), ECO Club and Rovers & Rangers, Sacred Heart College (Autonomous), Tirupattur-635601 on 5<sup>th</sup> August, 2021 between 3:30 p.m and 4:00 p.m. The questions were framed accordingly to create awareness about the pandemic. The students were given half an hour time to complete the quiz. About 175 students participated in the event. All the participants were issued e-certificates. Dr.Jude Vimal Michael, President, Eco Club, Dr.Naren Manuel Mascarenhas, President, Rangers & Rovers, Dr.Anbarasu, President, RRC (Shift II) and Mr.V.Madhan Kumar, President, RRC (Shift I) coordinated the event.



*V. H. C.*  
**Mr. V. Madhan Kumar, M.A., NET.,**

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*Principal*  
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**Tirupattur-635 601, Tirupattur Dist**

## **Azadi Ka Amrit Mahotsav- Awareness Campaign on HIV, TB and Blood Donation**

“Azadi Ka Amrit Mahotsav”- the launch event of Awareness Campaign on HIV, TB and Blood Donation was organised by NACO on 12<sup>th</sup> August, 2021. During the event, eminent doctors across the nation created awareness about the diseases. Sacred Heart College (Autonomous), Tirupattur is one among the institutions across the state exclusively selected by the government of Tamil Nadu to attend the event online. The RRC volunteers of Sacred Heart College actively participated in the event and received their certificate of participation by NACO.

## **State Level Online Quiz Competition-TANSACS**

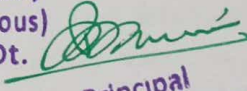
The State Level Online Quiz Competition on Adolescent Health, Mental Health, COVID 19 and Public Health Threat was organised by TANSACS on 29<sup>th</sup> December, 2021. The event was organised exclusively for RRC volunteers across the state by the Tamil Nadu AIDS Control Society. The RRC volunteers of Sacred Heart College actively participated in the event and received their certificate of participation by TNSACS.

## **The Importance of Blood Donation**

RRC (Shift-I) organised a virtual awareness programme on the importance of blood donation on 22<sup>nd</sup> March, 2022. Dr.R.Meyyappa Devan M.D., PDF., Assistant Professor, JIPMER, Karaikal-609602 addressed the students on the various aspects of blood donation and its importance. About 70 students from RRC and 60 students from ECO Club attended the event.

  
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