



SACRED HEART COLLEGE (AUTONOMOUS)

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Ready for
Every Good Work

A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

NSS REPORT (2018-19)

“NOT ME BUT YOU”

Month And Date	Activity	Resource Person
June 21/06/18	International Yoga Day : Special Meditation for world peace	Mr.S.Sivakumar – “Heartfulness” Trainer, Krishnagiri
24/06.18	Guided Meditation by Heartfulness Institute	Mr.S.Senthilkumar
July 27.07.18	Campus Cleaning Drive	All NSS Volunteers and POs
August 02.08.18	Child Protection and Women’s Rights	Mrs. M.A. Sneha , Advocate – Tirupattur
12.08.18	“Clean India” Oath Taking	Dr.M.Antony Arockiasamy
13.08.18	“Clean India” Slogan Writing	NSS Volunteers
16.08.18	“Clean India” Awareness March	Dr.M.Antony Arockiasamy and Dr.U.Ramesh
16.08.18	“Solid Waste Mangement” Special talk and field visit	Mr. Rajarathinam - Sanitary Officer , Tirupattur Municipality
20.08.18	“Cleaning Drive” GH, Tirupattur	Dr.Selvakumar –Dean GH, Tirupattur
September 10.09.18	“Clean Idaya nagar” Awareness Programme	Dr.M.Antony Arockiasamy and all NSS Volunteers
24.09.18	NSS Day - “Plastic Free India”	Dr .Praveen Peter SDB- VP-Shift I
28.09.18	Blood Donation Camp – Government Hospital Tirupattur	Dr.Kumaravel- Chief Blood Bank, Government Hospital, Tirupattur.

Dr. C. Mohan Gandhi

Assistant Professor,
Dept. of Tamil,

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Principal
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4th CYCLE

CRITERION III

October 15.10.18	Youth Awakening Day- Dr.A.P.J Abdul Kalam birth day	Dr .P.Balasubramanian Head – Dept.of Tamil
December 10.12.18 to 16.12.18	National Integration Camp Karaikudi	National Level Participants
January 28.01.19 to 29.01.19	NAAC Peer Team Visit	NAAC Team
February 02.02.19	College Day Seating Arrangements	All POs and NSS Volunteers,

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NSS REPORT (2018-19)

“NOT ME BUT YOU”

The NSS activities of the academic year started with meaningful and grand celebration of International day of YOGA on 21st June 2018. The highlight of this function was that all the second year students of shift-1 took part actively and learned useful techniques in “Heartfulness Meditation” ably assisted by two teams lead by Mr.S.Sivakumar and Mr.S.Senthilkumar from “Heartfulness Meditation”. A second session of the same mediation also was given to NSS volunteers on 24th June, 2018.

In order to highlight the importance of cleanliness, campus cleaning was done on 27th July 2018 by the NSS volunteers. To make awareness about Child Protection and Women’s rights a special seminar was conducted. Mrs. M.A. Sneha , Advocate from Tirupattur court conducted the sessions and enriched the NSS volunteers. In order to create awareness among the public the NSS volunteers and lead by Pos Dr.M.AntonyArockiasamy and Dr.U.Ramesh, took up an “Awareness-March” from College campus to Tirupattur Municipality via Rettai Malai Srinivasan Road, on 16th August,2018, carrying placards depicting the awareness slogans. In Municipal Office, Mr. Rajarathinam - Sanitary Officer, Tirupattur Municipality gave a talk on Solid Waste Management and explained the modus operandi of functioning of Waste Management in Tirupattur Municipality. It was a great eye opener for all the NSS volunteers. The sanitary workers from Sacred Heart College also participated and benefitted.

The NSS volunteers did a marvelous job of cleaning the Tirupattur GH on 20th August, 2018. About 40 NSS volunteers and Two POs took this noble task of helping the GH in keeping their terraces free of garbage so that the building does not develop cracks due to stagnation of water in terrace. “Clean Idayanagar” Awareness Programme on 10th September 2018 was one of the biggest highlight of NSS in this academic year. It was of two fold. In the after noon the gypsy village was cleaned by all the volunteers. In the evening an awareness programme was conducted to make the people aware of their responsibilities of keeping the surroundings clean. The whole programme was lead by Dr.M.AntonyArockiasamy and Mr. Aruldoss from DB- Center. This year the NSS day (24th September 2018) was celebrated with the focus on “Plastic Free India”. Rev. Fr. Praveen Peter explained about the need for eradication of plastic and distributed the NSS certificates for passed out NSS volunteers of previous year.

In collaboration with the GH-Blood bank, the NSS organized Blood donation camp and mobilized 66 units for Blood Bank of Tirupattur GH on 28th September 2018. The Youth Awakening day was celebrated with an interactive lecture by Dr .P.Balasubramanian Head – Dept.of Tamil. To protect mother nature, a special talk on “Green India” was given by Dr.M.AntonyArockiasamy PO, on 17th December 2018, with the focus on protecting and preserving Western Ghats. Apart from these special programmes, regular meetings were held on Mondays and the NSS of Sacred Heart College did all the programmes instructed by University and Govt. Departments from time to time.

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