

## National Workshop on Art Therapy

The PG Department of Counselling Psychology conducted a National Workshop on Art Therapy between 28<sup>th</sup> and 29<sup>th</sup> of September, 2019. Dr. Asha, Educational Scientist, Master Hypnotist & Child Development Consultant Learning and Development Analyst was the resource person of the Workshop. Around 42 participants including College and School Counsellors, Psychologist, Professors, Teachers and Research Scholars from 18 different institutions took part in this Workshop. Rev.Dr.Antonyraj SDB, the Secretary addressed the gathering and graced the occasion by his valuable presence. Rev.Dr.I.Joe Sanjay OFM Cap, Head of the Department of Counselling and Psychology coordinated the workshop.



## World Suicide Prevention Day

The Department of Counselling Psychology observed "World Suicide Prevention Day" on 13<sup>th</sup> September, 2019. It was an awareness campaign. Rev. Dr.C.Antonyraj, Rector and Rev. Dr.D.Maria Antonyraj, Principal inaugurated the awareness campaign. The Department in collaboration with Counselling Center and FOLC, invited all the staff and students of Sacred Heart College to work together to prevent suicide and bring awareness among themselves. The events included: "I Love Myself" badges, Oath Taking, Thumb Impression Campaign and "Letting go of Worries and Receiving a Blessing" respectively.

