



Ready for
Every Good Work

SACRED HEART COLLEGE (AUTONOMOUS)

Tirupattur – 635 601, Tamil Nadu, S.India

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A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

To

The Chairperson,

Tamil Nadu Social Welfare Board,

Heritage Building, Behind Ezhilagam,

Chepauk, Chennai-05.

Dear Sir,

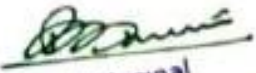
Sub: Family Counseling Centre – Submission of Annual Report – Reg.


Here with we have enclosed the Half-Yearly Report of the Family Counseling Centre for the Period from April 2021 to March 2022, which includes the Resume of cases handled, progress report of old cases of the period, details of publicity and awareness camps, general activities carried out and particulars of staff during the period. Hence we are submitting the Annual Report.

Note:-

1. Kindly let us know if there is any grant –in aid to carryout Research regarding the issues / trends in family living from the cases recorded so far.
2. Grant us training programmes for young women before marriage, so as to present problems in married life and family life. (Pre-Marital Counseling)

Thanking you


Principal
Sacred Heart College (Autonomous)
Tirupattur-635 601, Tirupattur Dist


Fr. S. Henry Daniel Ambrose,
Director
Director,
Bosco Institute of Social Work
Sacred Heart College,
Tirupattur - 635 601.

REPORT OF THE FAMILY COUNSELING CENTRE FOR THE PERIOD FROM APRIL 2021 TO MARCH 2022

Introduction

Family Counselling Centre is established in 1991 by Don Bosco Institute of Social Work. It is functioning with the collaboration of Central Social Welfare Board (CSWB), New Delhi. It provides counselling, referral and rehabilitative services to men, women and children who are affected by work related issues, victims of family maladjustments, atrocities, social ostracism and also provide crisis intervention and trauma counselling in case of disasters. On an average, every year, the centre intervenes 450 families to have better and fruitful family life. Recently, a team from TISS (Tata Institute of Social Sciences) came to the centre as part of quality assessment on behalf of the CSWB. It appreciated the centre for its contribution to the society for more than 25 years.

The centre has qualified and experienced trainers and counsellors. The centre focuses on the betterment of newly married couples, aged, adolescences and special children. The centre has expertise in dealing with the areas of family maladjustment, extra-marital affairs, Alcoholism, marital problems, psychological problems, work place related problems, personality differences, and rehabilitation. Based on its outcome based interventions, the Tamil Nadu State Government has declared the centre as State Service Provider and the counsellors have been declared as protection officers under the Domestic Violence Act, 2005.

- 1. Honorary Director : Rev.Fr. S. Henry Daniel Ambrose, MSW., M.Phil**
- 2. Counselor Male : Mr. M.Aruldoss, M.A. (Socio.), M.A. (Eco.), (MSW),
B.Ed.**
- 3. Counselor Female : Mrs. K. Tharageswari, M.A. (Socio), M.Sc. (Psy.)**
- 4. Typist : Mr. R. Ranjithkumar**
- 5. Attender : Mr. S. Stanislaus**

OBJECTIVES

The primary objective of the centre is to reach out to women and children who are prone to exploitation by the members of the society at large. Distressed women are provided Services like crisis intervention investigation in dowry death cases counseling in cases of Marital family maladjustment efforts for reconciliation in cases of separation on and out of court Settlement in marital cases, referral services like short stay free legal aid police assistance Etc by trained social workers.

Annexure-IV

ANNUAL PROGRESS REPORT OF THE FAMILY COUNSELLING CENTRE

APRIL 2021 MARCH 2022

NAME & ADDRESS OF FCC	:	THESACRED HEART COLLEGE SOCIETY Bosco Institute of social Work, 71, Vaniyambadi Road, Tirupattur, Vellore Dt., - 635601 Tamil Nadu biswshc1@gmail.com
Whether the Centre has been declared as Service Provider by State Govt. under Domestic Violence Act. 2005	:	Yes
Whether the Counsellors have been declared as Protection Officer by State Govt. under Domestic Violence Act. 2005	:	Yes
I. Quantitative Analysis:	:	
1) No. of new cases registered (give numbers)	:	262
2) No. of pending cases from previous period	:	19
3) No. of cases closed during this period	:	243
4) No. of referrals (Include cases where only guidance is given in one session and no. of participants of neighborhood meetings)	:	23
II. Quantitative Analysis:	:	
5) Types of cases received (New)	:	<u>262</u>
i) Dowry demands	:	01
ii) Domestic Violence (mental and physical torture)	:	NIL

iii)	Maladjustment due to	:	
	a) Separation		22
	b) Misunderstanding		13
	a) Personality difference	:	10
	b) Interference of Parents/in-laws	:	07
	c) Extra marital relations	:	15
	d) Alcohol/drug addiction	:	20
	e) Economic crisis	:	18
	f) Any other (specify)	:	
	Widow	:	17
	Love Affair	:	04
	Orphan	:	Nil
	Physically Challenged	:	21
	Mentally sick		17
iv)	Depression	:	14
v)	Family property dispute	:	03
vi)	Career counseling	:	11
vii)	Any other (Specify);	:	05
	Aged Home		
	Medical help	:	13
	Educational guidance	:	21
	Govt welfare	:	09
	Covid-19	:	21
6)	Assistance rendered (New cases)	:	262
	Counseling and Guidance	:	208
ii)	Referred for	:	
	a) Legal aid	:	Nil
	b) Police assistance	:	18
	c) Short Stay	:	Nil
	d) Vocational Training	:	07
	e) Employment/Financial aid	:	02
	f) Drug de-addiction/Rabat Centre	:	09
	g) Medical Aid	:	07
	h) Any other (Specify)	:	
	Orphanage	:	Nil
	Mentally sick	:	11
7)	Outcome of closed cases	:	243
	i) Reconciliation	:	07
	ii) Separation	:	07
	iii) Mutual settlement (for	:	Nil

return of dowry or any other out of court settlement)	:	
iv) Went to court	:	03
v) Whether in de-addiction centre	:	14
vi) Whether gainfully employed	:	16
vii) Whether self-employed	:	0
III. Other Activities:	:	
8) No. of sub-Committee meetings (attach minutes)	:	08
9) Publicity/Awareness campaign on social issues (give report copies of leaflets/pamphlets, brochures and newspaper cuttings etc)	:	32
10) Neighborhood Meetings (give report, photographs, duly signed list of Participants, and feedback report etc.)	:	23

Awareness Campaign

Awareness campaigns were organized in the following villages. They are as following.

S. No.	Date	Venue	No. of Participants	Topic
1.	05.04.2021	UthavumUllangal,	22	Dowry Harassment
2.	10.04.2021	Sagaya Nagar	43	Importance of Education
3.	21.04.2021	Kurumbakeripudhur	56	Importance of Women Education
4.	12.05.2021	Jallagamparai	31	Orientation about FCC
5.	22.05.2021	Tirupattur	37	Awareness on Covid-19
6.	15.06.2021	Pachal	26	Drug & Abuse illicit Trafficking
7.	23.06.2021	Annandapatti	23	Orientation about FCC
8.	09.07.2021	Ponneri	34	Women Issues
9.	14.07.2021	Kallathur	27	Orientation about FCC
10.	29.07.2021	BISW Hall	64	Pre-Marital counseling (Gypsygirls

11.	30.07.2021	Sacred Heart college	57	Women and Law
12.	02.08.2021	Natrampalli	26	Use of Sanitary Napkins
13.	17.08.2021	Jollarpet	72	Prevention of Suicide Tendency
14.	19.08.2021	Sivarajpet	54	Orientation about FCC
15	04.09.2021	Annandapatti	43	Rashtriya poshan maah programme
16.	28.09.2021	Vishamangalam	64	Rashtriya poshan maah programme
17	22.10.2021	D.B.Centre	22	Orientation about FCC
18	09.11.2021	Kandhili	43	Importance of Education
19	20.11.2021	Bosco Institute	56	Importance of Women Education
20	26.11.2021	Pachal	31	Orientation about FCC
21	01.12.2021	Tirupattur	37	Awareness on Covid-19
22	23.12.2021	Natrampalli	26	Drug & Abuse illicit Trafficking
23	28.01.2022	Sivarajpettai	23	Orientation about FCC
24	03.02.2022	Anandapatti	34	Women Issues
25	24.02.2022	Tirupattur	27	Orientation about FCC
26	27.02.2022	Kallathur	64	Physically challenged welfare scheme
27	09.03.2022	Sagaya Nagar	57	Women and Law
28	18.03.2022	Don Bosco Matric school	26	School counseling
29	25.03.2022	Jollarpet	72	Prevention of Suicide Tendency
30	29.03.2022	Sacred Heart college	54	Women's Day celebration

Minutes of the Sub-Committee Meeting

The Sub-Committee meeting was conducted by the counselors on 18.09.2021 .It was held in the premises of All women police station, Tirupattur. The meeting started with the

silent prayer. Then the previous meeting minutes was read by the counselor Mr.M.Aruldoss . A copy of the minutes has been issued to all the members. During this quarter, the counselors have come across many Covid-19 and Depressed cases. And then the counselor shared about four Alcoholic clients referred to a De-addiction center and how they were followed by through A'A' meeting.

Then the Advocate Mrs. PremaBharathi shared about importance of women education and its necessities. During this quarter we have received many cases from AWPS Jollarpet and Tirupattur .They are mostly family issues like separation, Misunderstanding, Extramarital affair and Alcoholic problems.

Then Mrs. Rani SI, Awps Tirupattur shared her view about child Abuse and prevention of child marriage. And also she spoke about Love affair and early marriage. Still the villages are not aware of prevention of early marriage, so they should be taught about through awareness and mobile camps.

The following suggestions were given by the Sub-Committee members.

1. To increase Awareness programme for the schools and colleges.
2. To conduct more Awareness session on prevention of child marriage and demerits of Love marriage.
3. To conduct Awareness campaign on importance of women and education and women empowerment.
4. To conduct Awareness camps on Legal issues with the help of Free Legal Aid.
5. To organize seminar on prevention of Suicidal Tendency and ask of parents and youth in this regard.

At the end Mrs. K.Tharageswari, Family counselor expressed her feelings about various issues about depression and psychological problems of Youth With the vote of thanks of Mr. M.Aruldoss Family counselor the programme came to an end.

PARTICULARS OF THE STAFF DURING THE PERIOD FROM APRIL 2021 TO MARCH 2022

S.No	Name	Joining in FCC	Qualification	Experience	Salary
1.	Mr.M.Aruldoss (Counselor)	01.03.2002	M.A.,(Socio)	19Years	13000
2.	Mrs.K.Tharageswari (Counselor)	02.05.2011	M.A., (Socio), M.sc.,(Psy)	10Years	13000
3.	Mr.R.Ranjithkumar (Typist)	01.04.2021	XII	2Year	3,000
4.	Mr.S.Stanislaus (Attender)	01.04.2016	VII	3Year	2,500



The Director addressing to the ICDS staff about the importance of counselling



An NGO – First India from Chennai – Came and explained about the use of sanitary Napkin and issued free of cost to the women in and around Tirupattur – Organized by BISW / FCC



Conducted pre marital counselling session for the girls – Gypsy's



After the awareness session the participants were given chance to share their problems and needs



AA meeting on progress



Motivating a client with the parent to send for de-addiction centre



The female counsellor is providing counselling seriously



A Serious Discussion with the MS and AWP Sub Inspector, Tirupattur.

SPECIAL PROGRAMME

WOMEN'S DAY CELEBRATION

International women's day is all about unity, celebration reflection advocacy and action. Whatever that looks like global at a Local level. But one thing is for sure, International women's day has been occurring for well over a country and continues to grow from strength to strength.

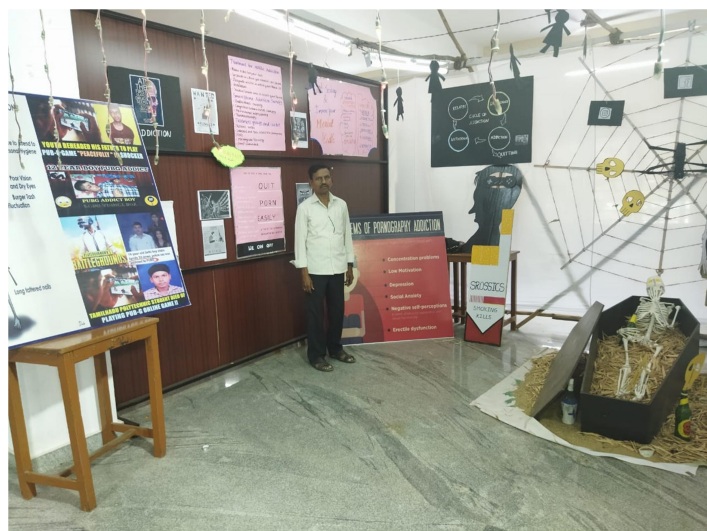
We celebrated International women's day every year and on 8th March at OASIS in the Sacred Heart college society around 120 women participated in this programme Mrs. Jayalakshmi Inspector of police was the chief guest of the programme. Rev.Fr.Henry Daniel Ambrose the Director of FCC have co-ordinate the programme Mr. Loganathan, NABINS and were the dignitaries present during the event. At the end Mr.M.Aruldoss and Mrs.K.Tharageswari shared their views about FCC. And the notices were distributed to the participates. Then the cultural program was staged and focussed in the issues of women people enjoyed very much

With the vote of thanks of Mr.K.Karaunakaran co-ordinator , Mahalirhittam this the programme came to end.



PSYCHOLOGICAL EXHIBITION

The Department of counselling psychology ,they have conducted an psychological Exhibition by focussing on motivation, Book reading, Notes Taking Mind mapping and Diagrams, Memory ,Time management ,Test preparation, Auditory Learner and counselling methods. We sent many school students and general public to see the Exhibition. Totally more than 4000 people visited and benefited from the Exhibition. It helped many individuals to know by themselves about the importance of counselling.



SPECIAL PROGRAMME FOR PHYSICALLY CHALLENGED PEOPLE

We have organised special campaign for the people who have affected with spinal code. There are 70 candidates affected with the same problem, in order to help them we had a meeting in a remote village called T.Krishnapuram. After gathering we have collected basic information about all the families. They have expressed that, they are suffering from lack of Medicine, lack of bath room facilities and could not get proper income to manage the families. They were normal in the beginning by birth but after sometime due to accident and falling from trees, they have affected with spinal code and became physically challenged. So we consoled them and promised to help through other sources.





Inspection was held in Bosco Institute of social work, for Fcc. Joint visit made by Mr. Perumalsamy the Joint Secretary with Mrs. Vasanthi Ananden DSWO Tirupattur. They have verified all the records and appreciated the counselors and their performance on 9.2.22.





After corona We have started providing counseling to Donbosco and nearby government schools in Higher secondary students. By FCC Bosco Institute of social work, Sacred



Heart college Tirupattur, Tirupattur District.

An orientation was given to the SHG members During the livelihood skill training. It was started on 17th and finished on 20.11.21. The Regional Director of worker s Education Board presided over the programme. FCC, Bosco Sacred Heart college Tirupattur, Tirupattur Dt.





An Awareness program was conducted for the SHGs of Kandhili and Tirupattur Block. no. of participants 52. Topics dealt Government Welfare Schemes. FCC Bosco Institute of social work

