



Ready for
Every Good Work

SACRED HEART COLLEGE (AUTONOMOUS)

Tirupattur – 635 601, Tamil Nadu, S.India

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A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

To
The Chairperson,
Tamil Nadu Social Welfare Board,
Heritage Building, Behind Ezhilagam,
Chepauk, Chennai-05.

Dear Sir,

Sub: Family Counseling Centre – Submission of Annual Report – Reg.

Here with we have enclosed the Annual Report of the Family Counseling Centre for the Period from April 2020 to March 2021, which includes the Resume of cases handled, progress report of old cases of the period, details of publicity and awareness camps, general activities carried out and particulars of staff during the period. Hence we are submitting the Annual Report.

Note;-

1. Kindly let us know if there is any grant –in aid to carryout Research regarding the issues / trends in family living from the cases recorded so far.
2. Grant us training programmes for young women before marriage, so as to present problems in married life and family life. (Pre-Marital Counseling)

Thanking you

Fr. S. Henry Daniel Ambrose,

Director
Director,
Bosco Institute of Social Work
Sacred Heart College.
Tirupattur - 635 601.

Principal
Sacred Heart College (Autonomous)
Tirupattur-635 601, Tirupattur Dist

REPORT OF THE FAMILY COUNSELING CENTRE FOR THE PERIOD FROM APRIL 2020 TO MARCH 2021

Introduction

Family Counselling Centre is established in 1991 by Don Bosco Institute of Social Work. It is functioning with the collaboration of Central Social Welfare Board (CSWB), New Delhi. It provides counselling, referral and rehabilitative services to men, women and children who are affected by work related issues, victims of family maladjustments, atrocities, social ostracism and also provide crisis intervention and trauma counselling in case of disasters. On an average, every year, the centre intervenes 450 families to have better and fruitful family life. Recently, a team from TISS (Tata Institute of Social Sciences) came to the centre as part of quality assessment on behalf of the CSWB. It appreciated the centre for its contribution to the society for more than 25 years.

The centre has qualified and experienced trainers and counsellors. The centre focuses on the betterment of newly married couples, aged, adolescences and special children. The centre has expertise in dealing with the areas of family maladjustment, extra-marital affairs, Alcoholism, marital problems, psychological problems, work place related problems, personality differences, and rehabilitation. Based on its outcome based interventions, the Tamil Nadu State Government has declared the centre as State Service Provider and the counsellors have been declared as protection officers under the Domestic Violence Act, 2005.

- 1. Honorary Director : Rev.Fr. S. Henry Daniel Ambrose, MSW., M.Phil**
- 2. Counselor Male : Mr. M.Aruldoss, M.A. (Socio.), M.A. (Eco.), (MSW),
B.Ed.**
- 3. Counselor Female : Mrs. K. Tharageswari, M.A. (Socio), M.Sc. (Psy.)**
- 4. Typist : Ms. P. Kayalvizhi**
- 5. Attender : Mr. S. Stanislaus**

OBJECTIVES

The primary objective of the centre is to reach out to women and children who are prone to exploitation by the members of the society at large. Distressed women are provided Services like crisis intervention investigation in dowry death cases counseling in cases of Marital family maladjustment efforts for reconciliation in cases of separation on and out of court Settlement in marital cases, referral services like short stay free legal aid police assistance Etc by trained social workers.

Annexure-IV

ANNUAL PROGRESS REPORT OF THE FAMILY COUNSELLING CENTRE

APRIL 2020 to MARCH 2021

NAME & ADDRESS OF FCC	:	THESACRED HEART COLLEGE SOCIETY Bosco Institute of social Work, 71, Vaniyambadi Road, Tirupattur, Vellore Dt., - 635601 Tamil Nadu biswshc1@gmail.com
Whether the Centre has been declared as Service Provider by State Govt. under Domestic Violence Act. 2005	:	Yes
Whether the Counsellors have been declared as Protection Officer by State Govt. under Domestic Violence Act. 2005	:	Yes
I. Quantitative Analysis:	:	
1) No. of new cases registered (give numbers)	:	292
2) No. of pending cases from previous period	:	21
3) No. of cases closed during this period	:	270
4) No. of referrals (Include cases where only guidance is given in one session and no. of participants of neighborhood meetings)	:	33
II. Quantitative Analysis:	:	
5) Types of cases received (New)	:	292
i) Dowry demands	:	NIL
ii) Domestic Violence (mental and physical torture)	:	03
iii) Maladjustment due to	:	
Separation	:	17
Misunderstanding	:	13

a)	Personality difference	:	11
b)	Interference of Parents/in-laws	:	09
c)	Extra marital relations	:	24
d)	Alcohol/drug addiction	:	26
e)	Economic crisis	:	31
f)	Any other (specify)	:	
	Widow	:	15
	Love Affair	:	09
	Orphan	:	13
	Physically Challenged	:	19
	Mentally sick		03
iv)	Depression	:	12
v)	Family property dispute	:	06
vi)	Career counseling	:	24
vii)	Any other (Specify); Aged Home	:	03
	Medical help	:	07
	Educational guidance	:	20
	Govt welfare	:	07
	Covid-19	:	09
	Covid-19 Travel pass		04
6)	Assistance rendered (New cases)	:	292
i)	Counseling and Guidance	:	164
ii)	Referred for	:	
a)	Legal aid	:	09
b)	Police assistance	:	44
c)	Short Stay	:	Nil
d)	Vocational Training	:	22
e)	Employment/Financial aid	:	18
f)	Drug de-addiction/Rabat Centre	:	17
g)	Medical Aid	:	05
h)	Any other (Specify)	:	
	Orphanage	:	13
	Mentally sick	:	07
7)	Outcome of closed cases	:	270
i)	Reconciliation	:	40
ii)	Separation	:	14
iii)	Mutual settlement (for return of dowry or any other out of court settlement)	:	Nil
iv)	Went to court	:	04
v)	Whether in de-addiction centre	:	14
vi)	Whether gainfully employed	:	18

vii) Whether self-employed	:	15
III. Other Activities:	:	
8) No. of sub-Committee meetings (attach minutes)	:	08
9) Publicity/Awareness campaign on social issues (give report copies of leaflets/pamphlets, brochures and newspaper cuttings etc)	:	29
10) Neighborhood Meetings (give report, photographs, duly signed list of Participants, and feedback report etc.)	:	24

Awareness Campaign

Awareness campaigns were organized in the following villages. They are as following.

S. No.	Date	Venue	No. of Participants	Topic
1.	20.04.2020	Tirupattur	120	Awareness about corona virus – COVID19
2.	23.04.2020	Workers – Sacred Heart College	45	Awareness about corona virus and distribution of food materials
3.	11.05.2020	Vettapattu	35	Importance of wearing mask
4.	20.05.2020	Bosco Nagar	40	Distribution of dry food Material under COVID 19
5.	25.05.2020	Annadapatti	37	Awareness – Implication of COVID 19
6.	27.05.2020	Rettaimalaisrinivasanpet	41	Importance of wearing mask
7.	02.06.2020	Sivarajpet	40	Process of hand wash - demonstration
8.	10.06.2020	Kandhili	40	Importance of hand washing to prevent corona virus
9.	06.07.2020	Natrampalli	42	Distribution of dry food Material under

				COVID 19
10.	10.07.2020	Jolarpet – Parsampet	35	Awareness about corona virus – with dry food materials
11.	05.08.2020	Idayampatti	37	Distribution of dry food Materials to the physically challenged people under COVID 19
12.	20.08.2020	CKC Nagar	20	Awareness with distribution of dry food materials
13	05.09.20	Pachal	30	Special Medical camp on prevention of COVID 19 held in Pachal
14	31.10.2020	Mary Immaculate	22	Women Issues - conducted for the Workers and Office Assistants
15	05.11.2020	Collectrate, Tirupattur	43	Awareness programme on Scheduled Tribes (ST)
16	08.11.2020	Kurisillapattu	56	Importance of Women Education
17	10.12.2020	BISW	31	Orientation about FCC
18	18.12.2020	Pachal	37	Evils of Alcoholism
19	20.12.2020	Natrampalli	26	Drug & Abuse illicit Trafficking
20	19.01.2021	Kodiyur	23	Orientation about FCC
21	20.01.2021	Kathari	34	Women Issues
22	24.01.2021	Sivarajpettai	27	Orientation about FCC
23	25.01.2021	Kethandapatti	64	Child Abuse Dept of Social work
24	10.02.2021	Bommikuppam	57	Women and Law
25	13.02.2021	Kudapattu	26	Women Issues and Law
26	18.02.2021	Vengalapuram	72	Prevention of Suicide Tendency

27	01.03.2021	Periyamottur	54	Orientation about FCC
28	03.03.2021	Mookkanur	43	Dowry Harassment
29	10.03.2021	Bommikuppam	64	Orientation about FCC

Minutes of the Sub-Committee Meeting – 29.09.2020

The sub – committee meeting was organized in the premises of All women police station , Tirupattur. The meeting started with a silent prayer. Then the Counselor Mr.M.Aruldoss has given a brief introduction about the concept of FCC and he explained about the past activities of counseling center. Since the Tirupattur is became the separate District, there are possibilities of meeting the higher officials like District collector, Superintendent of police, District Social welfare officer and various heads of the other Department to utilize their service.

Then the previous meeting minutes read by the counselor Mrs. K. Tharageswari. The counsellor introduced the other committee members to the inspector of all women police station Mrs. Jayalakshmi, Tirupattur. After that Mr. Aruldoss family counselor explained the history of some five different cases to the committee members for a discussion. A young girl from Irunapattu had love affair and it was referred by the All Women Police Station, Tirupattur. She was given counseling and she was worrying about her lover because he was denying to marry her. Then the counselor spoke with the parents and his relatives and they have accepted to arrange the marriage after his completion of study. Then the girl became very happy and went to Tirupur to work in a Garments unit.

Then the inspector, Mrs. Jayalakshmi was appreciating the counselors and their co operation to settle the cases. And also she shared her experience about the family cases as well as the court cases, that how it was prolonged. And then the Sub Committee lawyer Mrs. Prama Bharathi shared her view about the present and trend of the parents their youngsters . And Mrs. Kavitha Pc All Women Police Station, have explained about the difficulties of handling the alcoholic cases. Mrs. Tharageswari Family Counsellor was explaining about the cases attended during the lock down period and they were facing economic crises and tortured by their husbands etc. Then the few other members ex president Mr.Gopi and others came little late for the meeting but they have given their valuable suggestions for the improvement of the FCC programmes.

The Suggestions are as follows:

1. To conduct awareness programme with the free legal aid for the college students through on line.
2. To continue the awareness programme for the families of Alcoholic separately if possible.
3. To involve the youth and conduct awareness programme for the youngsters with regard to love affair and its difficulties and how it can be avoided in near future.
4. To increase the mobile camps with the All Women Police Station and other Govt officials like MS and other officials.

With the vote of thanks of Mr.Aruldoss the family counselor the meeting came to an end.



Sub Committee Meeting held on 29.09.2020



Minutes of the Sub-Committee Meeting – 27.02.2021

The Sub-Committee meeting was organized by the counselors on 27.02.2021 .It was held in the premises of Bosco Institute of Social work, Sacred Heart College, Tirupattur. The meeting started with the prayer by the Director. Rev.Fr. S. Daniel Ambrose spoke about the concept and the importance of the counseling. Then the previous meeting minutes was read by the counselor Mr. M. Arul doss. After lockdown a typical case was referred by the Ambur All Women Police station to the counselors. The client is a Muslim having two small children. They were accompanied by the escort PC from Ambur, AWPS . We had more than three sessions the client’s were having misunderstanding each other. It was dealt by the counselors had joint session with the parents of the both client, but could not convince them for the reconciliation, but the male client was adamant he doesn’t like to live together. Since they had fight and beaten each other, the case was referred to DSWO, Under Domestic violence, Vellore. For further action. So the case was briefed and submitted to the Sub-committee meeting. From Tirupattur AWPS also we had important case like child marriage and separation and misunderstanding. It was given counseling and referred to take further action. The Inspector Mrs.Jayalakshmi and the other staff they were very co-operative. Finally the Advocate Mrs. PremaBharathi shared about her views and how people were suffering and fighting during previous lockdown period. Finally the counselor Mr. M.Aruldoss spoke about three Alcoholic recently sent to De-addiction centre and how they became sober.

The following suggestions were made by the members.

1. The Director suggested to forming the Therapeutic group for the wife's of Alcoholist and the children of Alocholist.

2. Other members suggested increasing the Awareness meeting for the public and the various types of workers in the community

To conduct Mobile camp with All Women Police station.

With this the meeting came to an end with the vote of thanks of Mrs. K.Tharageswari, Famliy counselor.



PARTICULARS OF THE STAFF DURING THE PERIOD FROM APRIL 2020 TO SEPTEMBER 2020

S.No	Name	Joining in FCC	Qualification	Experience	Salary
1.	Mr.M.Aruldoss (Counselor)	01.03.2002	M.A.,(Socio)	17Years	11,410
2.	Mrs.K.Tharageswari (Counselor)	02.05.2011	M.A., (Socio), M.sc.,(Psy)	9Years	11,402
3.	Ms.P.Kayalvizhi (Typist)	01.04.2017	XII	2Year	3,000

4.	Mr.S.Stanislaus (Attender)	01.04.2016	VII	3Year	2,500
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SPECIAL ACTIVITIES – COVID 19

CORONA RELIEF WORK

The entire nation is on lockdown to fight against the fast spread of Covid-19. The poor people and the daily wages suffer most, become the victims of starvation.

The Sacred Heart College Society, Tirupattur has extended financial help and food materials to the Gypsy community(Narikuravas) at Idhaya Nagar through Institutional Social Responsibility (ISR) fund and Unnat Bharat Abiyan. The Rector Rev. Dr. C. Antonyraj and the Principal Rev. Dr. D. Maria Antony Raj have taken the initiative to help the neediest people during lockdown due to the spread of COVID-19 in India.

The initiative was coordinated and actualized by the Director,FCC, Extension Education and Services Rev. Fr. S. Henry Daniel Ambrose with his team. With the help of the Mrs. Sagayamary, staff in-charge, Gypsies Development Work and prepared the list and informed the people earlier to avoid crowd. They were called individually and given the rice bags, provision and financial assistance which would help them for 15 days to run their life. Bro. Anand has facilitated the distribution of 12 kgs of rice bags and financial assistance of Rs. 7,500 per family on April 01, 2020 and it was given to 40 gypsy families for a tune of Rs. 3,00,000.

The Gypsy community was happy to receive our support and thanked the college management for having supported them in their crisis.





CORONA RELIEF WORK 23.04.20

The Sacred Heart College Society responds to the needs of the poor and needy once again. The Society, with the assistance of grass roots workers identified 500 ultra poor families from Self Help Groups, Sanitary Workers, other daily wage earners from 13 villages consisting of 4 blocks, namely Tirupathur, Jolarpettai, Natrampalli and Kandili. The District Collector Mr. M.P. Sivanarul, IAS graced the occasion, brought awareness and distributed food materials kit worth of Rs. 2.5 lakhs to the beneficiaries. The Rector and Secretary Dr. C. Antonyraj presided over the programme. Fr. S. Henry Daniel Ambrose, Director, FCC, Extension Education and Fr. Gandhi Kallarasan, Administrator coordinated the event. The Principal Dr.D. Maria Antony Raj proposed vote of thanks.





Awarness programme on COVID 19 and its implications held in the office premises for the leaders of WSHG's





Special Medical camp on prevention of COVID 19 held in Pachal 05.09.20

Awareness Programme with dry food distribution – on COVID19





Awareness Programme on COVID19 held in vettapattu Panchayat



OTHER ACTIVITIES AND AWARENESS PORGRAMMES



One day training program on child protection conducted by social difference counselor was invited to attend and share his views held in the collecterate, Tirupattur District on 27.02.2021



The Sub-Committee Meeting was conducted in the Bosco Institute of Social Work on 27.02.2021

Rev.Fr. S. Henry Daniel Ambrose, Director Explained the concept and importance of counseling.



Awareness Programme on Women Issues - conducted for the Workers and Office Assistants of Mary Immaculate Convent in Tirupattur. - 31. 10. 2020



Our commissioner Mrs. Kannagibakkiyanathan, IAS Visited Tirupattur Collectrate and addressed to the yelagiri and Jawadhi Hills Scheduled Tribes (ST). The District Collector M.P. Sivan Arul Priseded over the meeting. For this meeting the counselors was also invited by the commissioner to attend the meeting on 05.11.2020



Awareness Programme on Alcoholic problems were conducted for the people of Kurisilapattu & Kudapattu. – 08.11.2020



A mentally sick person was identified and rehabilitated to karunai illam Vaniyambadi. 15.12.2020



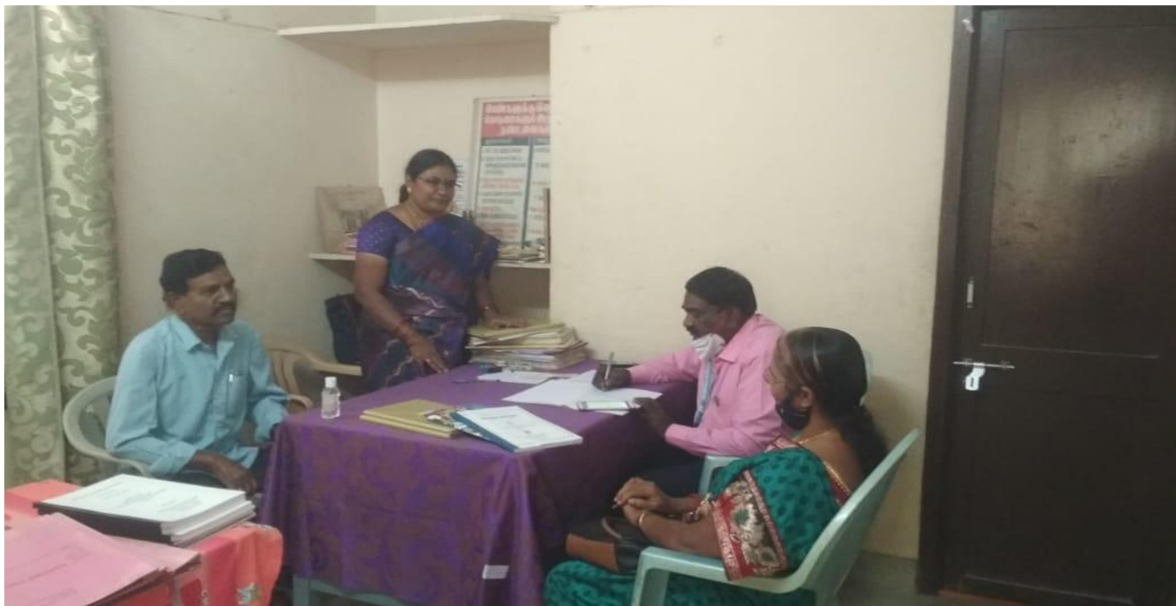
Mr. Kannan is an orphan from Pachel Village a seriously sick person found in the bus stand, he was rehabilitated by the counselor – admitted in Karunai Illam, vaniyambadi - 18.12.2020



Orientation about Women Education and Prevention of Child Marriage programme was conducted in the Bosco Institute of Social Work for the people of Kathari & Natrampalli. – 20.01.2021



Orientation about FCC was given to the SHG members of Kethandapatti Village – Conducted in Bosco Institute of Social Work. 25.01.2021.



**Inspection held on 13.02.2021 by Joint Secretary TNSWB & District Social welfare officer
Visited FCC, Bosco Institute of Social Work, Tirupattur, Tirupattur District.**