



SACRED HEART COLLEGE (AUTONOMOUS)

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Ready for
Every Good Work

A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

M.Sc. Counseling Psychology

| Sem | Code | Title of the Subject | Contact Hrs | Credit | E-hrs | CA | SE | Total |
|-----------------------|-----------------------|----------------------------------|-------------|----------|-----------------|-----------|-----------|------------|
| Semester I | | | | | | | | |
| I | FC 1 | Introduction to Psychology | 6 | 4 | 3 | 40 | 60 | 100 |
| | FC 2 | Social Psychology | 6 | 4 | 3 | 40 | 60 | 100 |
| | MC 1 | Life-Span Psychology | 6 | 4 | 3 | 40 | 60 | 100 |
| | MC 2 | Introduction to Counselling | 6 | 4 | 3 | 40 | 60 | 100 |
| | FP 1 | Field Practicum | - | 3 | R/V | 40 | 60 | 100 |
| | Semester Total | | | | 19 | | | |
| Semester II | | | | | | | | |
| II | MC 3 | Psychopathology – I | 6 | 4 | 3 | 40 | 60 | 100 |
| | MC 4 | Theories of Personality | 6 | 4 | 3 | 40 | 60 | 100 |
| | MC 5 | Psychotherapies – I | 6 | 4 | 3 | 40 | 60 | 100 |
| | MC 6 | Human Rights and Rehabilitation | 6 | 4 | 3 | 40 | 60 | 100 |
| | SK 1 | Psychological Testing* | 5 | 3 | 3 | 40 | 60 | 100 |
| | FP 2 | Field Practicum | - | 3 | R/V | 40 | 60 | 100 |
| | SI 1 | Summer Internship | - | 5 | Required | | | |
| | CC 1 | Trauma Counselling (Certificate) | - | 2* | Optional | | | |
| Semester Total | | | | 27+2* | | | | 600 |

| Sem | Code | Title of the subject | Contact Hrs | Credit | E-hrs | CA | SE | Total |
|-----------------------|-----------------------|--|-------------|-----------|-----------------------|-----------|-----------|------------|
| Semester III | | | | | | | | |
| III | MC 7 | Research Methodology & Statistics | 6 | 4 | 3 | 40 | 60 | 100 |
| | MC 8 | Psychopathology – II | 6 | 4 | 3 | 40 | 60 | 100 |
| | MC 9 | School Counselling | 6 | 4 | 3 | 40 | 60 | 100 |
| | MC 10 | Psychotherapies – II | 6 | 4 | 3 | 40 | 60 | 100 |
| | ME 1 | CBT and REBT/ Psychology of Interpersonal Relationship/ Human Resource Development | 5 | 3 | 3 | 40 | 60 | 100 |
| | FP 3 | Field Practicum | - | 3 | R/V | 40 | 60 | 100 |
| | CC 2 | Hypnotherapy (Certificate) | - | 2* | Successful Completion | | | |
| | Semester Total | | | | 22 + 2* | | | |
| Semester IV | | | | | | | | |
| IV | MC 11 | Positive Psychology | 6 | 4 | 3 | 40 | 60 | 100 |
| | MC 12 | Family & Couple Counselling | 6 | 4 | 3 | 40 | 60 | 100 |
| | MC13 | Health Psychology | 6 | 4 | 3 | 40 | 60 | 100 |
| | ME 2 | Community Psychology/ Adolescent Counselling/ Organizational Psychology | 3 | 3 | 3 | 40 | 60 | 100 |
| | SK 2 | Employability Skills* | 3 | 3 | 3 | 40 | 60 | 100 |
| | RP | Research Project | - | 4 | R/V | 40 | 60 | 100 |
| | SI 2 | Summer Internship | - | 5* | Optional | | | |
| Semester Total | | | | 22 + 5* | | | | 600 |
| Course Total | | | | 90 + 9* | | | | 2300 |