



# SACRED HEART COLLEGE (AUTONOMOUS)

Tirupattur – 635 601, Tamil Nadu, S.India

Resi : (04179) 220103

College : (04179) 220553

Fax : (04179) 226423

Ready for  
Every Good Work

A Don Bosco Institution of Higher Education, Founded in 1951 \* Affiliated to Thiruvalluvar University, Vellore \* Autonomous since 1987

Accredited by NAAC (4<sup>th</sup> Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

## M.Sc. Counselling Psychology

### Syllabus

#### 2021-22 Batch Onwards

Sem	Code	Title of the Subject	Contact Hrs	Credit	E-hrs	CA	SE	Total
<b>Semester I</b>								
<b>I</b>	FC 1	Introduction to Psychology	6	4	3	50	50	100
	FC 2	Biological Psychology	6	4	3	50	50	100
	MC 1	Life-Span Psychology	6	4	3	50	50	100
	MC 2	Introduction to Counselling	6	4	3	50	50	100
	SK 1	Psychological Testing*	5	3	3	50	50	100
	FP 1	Field Practicum	-	3	R/V	50	50	100
	CC1	Healing the Inner Child	-	2*	Optional			
	<b>Semester Total</b>				22+2*			
<b>Semester II</b>								
<b>II</b>	MC 3	Research Methodology & Statistics	6	4	3	50	50	100
	MC 4	Psychopathology – I	6	4	3	50	50	100
	MC 5	Theories of Personality	6	4	3	50	50	100
	MC 6	Psychotherapies	6	4	3	50	50	100
	FP 2	Field Practicum	-	3	R/V	50	50	100
	SI 1	Summer Internship	-	4	Required			
	CC 2	Learning Disability	-	2*	Optional			
	<b>Semester Total</b>				23+2*			

Sem	Code	Title of the subject	Contact Hrs	Credit	E-hrs	CA	SE	Total	
<b>Semester III</b>									
<b>III</b>	MC 7	Psychopathology – II	6	4	3	50	50	100	
	MC 8	Social Psychology	6	4	3	50	50	100	
	MC 9	School Counselling	6	4	3	50	50	100	
	MC 10	Human Rights and Rehabilitation	6	4	3	50	50	100	
	ME 1	Behaviour Modification / Training and Development / Human Resource Development	5	3	3	50	50	100	
	FP 3	Field Practicum	-	3	R/V	50	50	100	
	CC 3	Hypnotherapy	-	2*	Optional				
	<b>Semester Total</b>			22 + 2*				600	
<b>Semester IV</b>									
<b>IV</b>	MC 11	Positive Psychology	6	4	3	50	50	100	
	MC 12	Family & Couple Counselling	6	4	3	50	50	100	
	MC13	Health Psychology	6	4	3	50	50	100	
	ME 2	Community Psychology/ Psychometry/ Organizational Psychology	3	3	3	50	50	100	
	SK 2	Employability Skills*	3	3	3	50	50	100	
	RP	Research Project	-	5	R/V	50	50	100	
	SI 2	Summer Internship	-	4*	Optional				
	CC4	Neuro Linguistic Programming	-	2*	Optional				
		<b>Semester Total</b>			23+ 4*+2*				600
	<b>Course Total</b>			90 + 12*				2300	

**Record Work for Practicum – (summer of 2<sup>nd</sup> semester)**

- Cover Page
- Certificate – A page with the name and the roll number and the details of the academic semester with the sign of the HOD.
- Attendance Log - A page that details the whole month Reporting Time, Working Time and Checking out time with a signature from someone in the agency (Like an attendance) (Ref-1)
- Table of content
- 1. Profile of Agency ( Name, Address, objectives/motto/vision, Details of the target group and description of the Agency) (2-3 pages)
- 2. Activities carried out Daily (A short and general description of the activity – Like the attendance but you will describe the nature of work done on a daily basis) (Ref-2)
- 3. Client work (Counseling, working with mentally challenged persons or learning) ( Do the following for One client every day even though you may meet many clients- 2 pages)
  - a. Demographical features
  - b. Presenting problem
  - c. History of the problem (Past treatment, if)
  - d. Counseling proper/Action Taken
  - e. Learning ( Professional and Personal, if any)
  - f. Future plan
- 4. 2 case conferences (5-7 pages) ( one in the middle of the practicum and one at the end of the practicum)
- 5. A self-evaluation of the one month field placement ( 4-5 Pages)
  - a. Professional learning/Appraisal
  - b. Personal growth/Appraisal

Space – 1.5

Font Size – 12

No Colour

**Ref.1**

<b>S.No</b>	<b>Date</b>	<b>Reporting Time</b>	<b>Check-out Time</b>	<b>Working Hours</b>	<b>Signature of the Supervisor</b>

**Ref. 2**

<b>S.No</b>	<b>Day</b>	<b>Activities Carried out</b>

*This second internship programme is purely non-compulsory.*

*During the summer holidays the second year students go for one month summer internship training.*

*The students are placed in hospitals or counseling centers or welfare organizations or service organization during the summer holidays.*

*During the placement the students are expected to learn about the vision, mission, philosophy, administration, strategies, program, activities, and achievements and also involve with the activities of the organization to whatever extent possible.*

*Students should get daily activity sheets signed by the concerned persons in the organizations. They have to write daily records of their learning and submit to the department once they complete their summer internship. Successful completion is certified by the department and communicated to the Controller of Examination.*

*This is optional programme and no marks are attached. The students get extra credits.*

**Record Work for Practicum – 2 (summer of 4<sup>th</sup> semester)**

Cover Page

Certificate – A page with the name and the roll number and the details of the academic semester with the sign of the HOD and Principal.

Attendance Log - A page that details the whole month Reporting Time, Working Time and Checking out time with a signature from someone in the agency (Like an attendance) (Ref-1)

Table of content

Profile of Agency ( Name, Address, objectives/motto/vision, Details of the target group and description of the Agency) (2-3 pages)

Activities carried out Daily (A short and general description of the activity – Like the attendance but you will describe the nature of work done on a daily basis) (Ref-2)

Client work (Counseling, working with mentally challenged persons or learning) ( Do the following for One client every day even though you may meet many clients- 2 pages)

Demographical features

Presenting problem

History of the problem (Past treatment, if)

Psycho-social development

Counseling proper/Action Taken

Learning ( Professional and Personal, if any)

Future plan

2 case conferences (5-7 pages) ( one in the middle of the practicum and one at the end of the practicum)

A self-evaluation of the one month field placement ( 4-5 Pages)

Professional learning/Appraisal

Personal growth/Appraisal

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## SEMESTER – IV

### RESEARCH PROJECT (RP)

**II MSC (COUNSELLING PSYCHOLOGY)**

**CODE: MSY434J**

6 Hours Per Week

Each student is assigned with a research supervisor. The students have to get the guidance and carryout the following steps and complete the research project within a semester.

Selection of Topic, Defining terms, Finalization of Objectives of Study.

Feasibility Study, Pilot Visit to the Field of Study

Detailed Research Proposal

Finalization of Research tool

Review of Literature and Bibliography

Finalization of Methodology Chapter.

Analysis and Interpretation of Data using SPSS

Main Findings and Suggestions

Summary and Conclusion

Submission of Bound Copy

The supervisor evaluates the work of the student out of 40 marks for above components also considering the quality, punctuality and regularity of consultation and correction.

The student submits the approved chapters as a bound volume. The Public Viva Voce is conducted by an external examiner and the marks are awarded out of 60.