

Sacred Heart College (Autonomous), Tirupattur
Minutes of the Staff Meeting,
Department of PG Counselling Psychology

Preliminary Board of studies Meeting
07.12.2018

The following members were present in the meeting:

Rev. Fr. Joe Sanjay, HOD
Rev. Sr. Anthoniammal, Teaching Staff
Rev. Fr. Selvaraj, Teaching Staff
Ms. Latha (college counsellor)

The sixth Staff Meeting of the Department of Counselling Psychology was held on 07th December 2018. Fr. Joe Sanjay, HOD presided over the meeting.

The following were the Agenda for the meeting.

- To discuss the previous resolutions of Board of studies meeting.
- To Review of the Existing Syllabus

The following suggestions were made during the meeting from above mentioned agenda.

- The resolutions taken by the board of studies panel on 06.12.2017 will be implemented in the revision of the syllabus.
- From the 3rd semester the School Counselling can be shifted to the 1st semester. (Reason: It would help the 1st years during the field practicum)
- Psychotherapies I and II could be maintained as it is and the syllabus could be revised.
- The syllabus of the Psychopathology I and II could be revised with updated DSM – V
- Human Resource Development as a course paper (Ref. 5 of previous resolutions) can be shifted to 4th semester instead of school counselling.
- Psychological testing can be shifted to 3rd semester.
- The elective paper, Psychology of Interpersonal relationship could be replaced with Psychometric (tool construction) in the 3rd semester.
- The syllabus has to be revised for the Introduction to Counselling skills.
- Health Psychology course can be removed and Human Resource Development can be replaced in the 4th semester.
- Health Psychology could be offered as the elective paper in the 3rd semester.
- NLP could be offered as the elective paper in the 4th semester.

- We can convert Human Rights and Rehabilitation course as self study paper (Ref. pt. 1 of previous resolutions) in the 3rd semester.

Fr. Sanjay thanked and encouraged the staff to collaborate with each other, and the meeting came to an end.

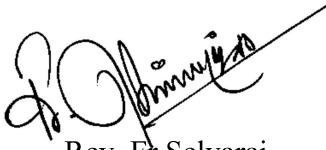
Rev. Fr. Joe Sanjay
Head of the Department

Minutes by
Fr. Selvaraj sdb

Based on the resolutions of the previous board of studies meeting and the proposals of the pre board of studies meeting the following courses are proposed for the four semesters.

I Semester Odd semester	II Semester Even Semester
1. Foundation of Human Behaviour 2. Life Span – I 3. Introduction to School Counselling 4. Introduction to Counselling Skills 5. Social Psychology	1. Psychopathology – I 2. Life Span – II 3. Research Methodology 4. Theories of Personality 5. Psychotherapies – I
III Semester Odd semester	IV Semester Even Semester
1. Psychopathology – II 2. Psychotherapies – II 3. Organizational Psychology 4. Psychological Testing 5. Elective: Psychometric /CBT & REBT/ Health Psy. 6. Human Rights and Rehabilitation (Self Study)	1. Human Resource Development 2. Family and Couple Counselling 3. Positive Psychology 4. Employability Skills 5. Research Project 6. Elective: Community Psy./Adolescent Psy./NLP

Signature of the Members



Rev. Fr. Selvaraj
Asst. Professor



Rev. Sr. P. Anthoniammal
Asst. Professor



Rev. Dr. Joe Sanjay
Head of the Department



Ms. Latha Munnusamy
College Counsellor

SACRED HEART COLLEGE (AUTONOMOUS)
PG Department of Counselling Psychology
Minutes of the Board of Studies Meeting

The Board of Studies meeting of the PG Department of Counselling Psychology was held at 11.45 a.m. on 21.12.2018 in the Board Room. The Chairman, Dr. Antony raj and the University Nominee Dr. S. Kadiravan were absent due to unavoidable reasons. The below mentioned members were present under the head of Dr. Kalyani Kenneth, who was the subject expert.

Chairman	:	Rev.Dr. Antony Raj Sacred Heat College (Autonomous) (Affiliated to Thiruvalluvar University, Vellore)
University Nominee	:	Dr.S.Kadiravan Professor& Head Department of Psychology Periyar University, Salem
Subject Expert	:	Dr.Kalyani Kenneth, Assistant Professor Madras School of Social Work Egmore, Chennai – 600 008.
Members	:	Rev. Dr. Joe Sanjay Rev. Sr. P.Anthoniammal Rev. Fr. Selvaraj Ms. Latha (College Counsellor)

Agenda

- To discuss the previous resolutions of Board of studies meeting.
- Review of the Existing Syllabus
- Review of field Practicum
- Review of Certificate course
- Preparing the Panel of External Question Paper Setters

Resolutions

- The present syllabus of Counselling Psychology should be more focused on knowledge, Attitude & Skill (KAS)
- For the successful completion of PG degree in Counselling Psychology, completion of two certificate courses should be made mandatory.

- The learning outcomes of each subject have to be ordered from basic objective to higher level of objective or simple to complex objectives.
- Every subject should have at least two prescribed text books which have been used for framing the syllabus, apart from the references.
- All the reports submitted by the students, should be written according to the APA format only.
- In the subject “Introduction to Counselling”, Unit I sub-topics such as ‘nature, objective and need’ can be added. This unit can also incorporate additional sub-topic which explains ‘What counselling is not?’
- The title of the subject ‘Introduction to Counselling Skills’ can be modified as “Basic Counselling Skills”
- Syllabus of the subject “Social Psychology” should be framed in such a manner that it integrates the counselling psychology perspective.
- The subject ‘Psychopathology’ can give more important to therapies and counselling, rather than the treatment concept, as treatment is a part of clinical psychology.
- The syllabus of the subject ‘Psychopathology I and II’ could be revised with updated DSM – 5.
- Field Practicum I, II and III can be distinguished according to the nature of activity done by the student. Field Practicum I can be mentioned as Field Practicum I (observation visit and report writing), Field Practicum II (Applying Skills of Counselling) and Field Practicum III (Case study).
- One of the learning outcomes of Field Practicum I, ‘Ice Breaking and Team Building training’ can be removed.
- The title of the subject ‘Psychological Tests’ can be modified to ‘Psychological Assessments’.
- In the subject ‘Psychopathology I’, under unit-I the subheading mental disorder can be changed to ‘Cognitive Disorder’ or ‘Psychopathology’.
- In ‘Psychopathology I’ subject, ‘Digital Addiction and Gadget Addiction’ can be added in Unit V.
- The title of the subject ‘Theories of Personalities’ can be modified as ‘Personality Theories.’
- In the Unit V of Psychotherapies I, the last sub-topic can be changed as ‘write/collect case studies on Psycho-Dynamic Therapies and Cognitive-Behavioural Therapies.
- In the ‘Psychological Testing’ subject, assessments can be categorize into different themes/ topics namely Intelligence, Personality, Clinical, Motivation, Career and Organization.
- Unit II of the subject ‘School Counselling’ the topic ‘Backward Children’ can be replaced by ‘Intellectually backward child’.
- The title of the subject ‘Human Resource Development’ can be changed into ‘Human Resource Management’ and the content can be revised so that it does not overlap with other subjects such as Interpersonal Relationship/Organization Psychology.

- In the subject ‘Adolescent Counselling’ more emphasis on ‘adolescent issues and treatment or counselling provided’ can be given. The content need to be revised according to the topic. In Unit V the sub-division, ‘major issues, prevention and treatment’ can be added.
- To include “Organizational Psychology” as a main core paper in the third semester.
- The title of the subject ‘Organizational Psychology’ can be changed to either ‘Corporate Counselling’ or ‘Counselling in Workplace’ or ‘Organization Behaviour’. The units can be revised and balanced according to the credits given to the subject.
- To add ‘Time Management’ in the Unit I of ‘Employability skills’ paper.
- The following courses can be given as certificate courses: Marriage counselling, Drama/Creative art/dance therapy and SPSS.
- Instead of having the title ‘Psychotherapies I and II’ topics like “Freudian school of Psychotherapies/ Neo-Freudian school of psychotherapies” could be added in the bracket.
- Life Skills could be an elective subject in the 4th semester.
- During the Field Practicum III students should be placed in a block (one month), as it will be beneficial to them for continuous learning.

The following suggestions were made during the **Preliminary Board of studies Meeting**. They were discussed and approved.

- From the 3rd semester the paper ‘School Counselling’ can be shifted to the 1st semester.
- Psychotherapies I and II could be maintained as it is and the syllabus could be revised.
- Psychological Assessment can be shifted to 3rd semester.
- The elective subject, ‘Psychology of Interpersonal Relationship’ could be replaced with ‘Test Construction’ in the 3rd semester.
- The syllabus has to be revised for the subject ‘Introduction to Counselling skills.’
- The subject ‘Health Psychology’ can be removed and the subject ‘Human Resource Development’ can be replaced in the 4th semester.
- ‘Health Psychology’ could be offered as the elective subject in the 3rd semester.

Based on the resolutions of the previous board of studies meeting and the proposals of the pre board of studies meeting the following courses are proposed and approved for the four semesters.

I Semester Odd semester	II Semester Even Semester
Foundation of Human Behaviour Life Span Psychology/approach– I Introduction to School Counselling Basic Counselling Skills Social Psychology	Psychopathology – I Life Span Psychology/approach– II Research Methodology Personality Theories Psychotherapies – I (Freudian approach)
III Semester	IV Semester

Odd semester	Even Semester
Psychopathology – II Psychotherapies – II (Neo-Freudian approach) Organizational Behaviour Psychological Assessment Elective: Test Construction/CBT & REBT/ Health Psy. Human Rights and Rehabilitation (Self Study)	Human Resource Management Family and Couple Counselling Positive Psychology Employability Skills Research Project Elective: Community Psy./Adolescent Psy./Life skills

Fr. Sanjay thanked Dr. Kalyani Kenneth for accepting to be the subject expert and giving her valuable suggestions. He also thanked the staff for their wonderful collaboration and the meeting came to an end at 1.15 pm.

Signature of the Members



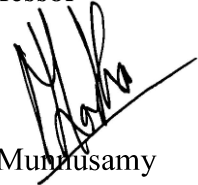
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Ms. Latha Munnusamy
College Counsellor



Dr. Kalyani Kenneth
Subject Expert