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Every Good Work

# SACRED HEART COLLEGE (AUTONOMOUS)

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A Don Bosco Institution of Higher Education, Founded in 1951 \* Affiliated to Thiruvalluvar University, Vellore \* Autonomous since 1987

Accredited by NAAC (4<sup>th</sup> Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

## Name of the Programme: MSc Counselling Psychology

S No	Title of the Paper	Course Code	Course Objectives	Course Outcomes	Relevance
1	PSYCHOLOGICAL TESTING (SK-1)	MSY134S	<ul style="list-style-type: none"><li>• Offer training administer and interpret Psychological Tests</li><li>• Comprehend the relevance and usefulness of various psychological tests</li><li>• Offer training in planning for therapy sessions</li><li>• Teach the application of tests in clinical and non clinical set up</li><li>• Develop self awareness using the psychological tests</li></ul>	<ul style="list-style-type: none"><li>• Demonstrate competence in administering, scoring and interpreting the psychological tests.</li><li>• Identify the relevant tests to be used for specific counselling needs</li><li>• Infer test reports for planning counselling and therapy sessions</li><li>• Understand oneself and develop self awareness through the usage of psychological tests.</li><li>• Apply the tests in counselling set up for clinical, non-clinical, literate and illiterate population</li><li>• Learn to write report and completing the psychological tests.</li></ul>	<b>regional developmental needs</b>

2	BEHAVIOUR MODIFICATON (ME-1)	MSY334A	<ul style="list-style-type: none"> <li>• To make the students aware of the basic concepts of behaviour modification</li> <li>• To transmit knowledge and develop skills needed for applying behavior modification techniques.</li> <li>• To pass on knowledge and develop skills towards self-development.</li> <li>• To use the techniques to increase desirable behaviour and decrease undesirable behavior</li> <li>• To apply behaviour therapy in clinical setup</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the concept of behaviour modification and its applications.</li> <li>• Applying a behaviour modification program to shape or change behaviour.</li> <li>• Develop skills and techniques needed for modification of behaviour and self-development.</li> <li>• Use behaviour modification techniques to increase acceptable behaviour and decrease misbehaviour.</li> <li>• Identify and diagnose different psychological disorders and apply the different treatment programs.</li> <li>• Investigate the social and cultural influences on human behaviour.</li> </ul>	<b>regional developmental needs</b>
3	COMMUNITY PSYCHOLOGY (ME-2)	MSY433A	<ul style="list-style-type: none"> <li>• To learn the linkage between individuals, communities and societies and handle social issues more effectively with people's participation.</li> <li>• To understand the role and the core values of community psychology.</li> <li>• To understand various mental health issues among students.</li> <li>• To understand various natural disasters and its consequences.</li> <li>• To teach counselor's role in</li> </ul>	<ul style="list-style-type: none"> <li>• Analyze the link between individuals and communities and deal with social issues more effectively.</li> <li>• Identify critical elements of the community psychology approach.</li> <li>• Find out the mental health problems concerning with human activities and developmental processes.</li> <li>• Understand the strategies for conservation of nature and natural resources and to solve the</li> </ul>	<b>regional developmental needs</b>

			community development.	<p>emerging problems related to environment degradation.</p> <ul style="list-style-type: none"> <li>• Understand the counsellor's role in environment's potential and interventions to improve people's health and psychological well-being.</li> <li>• Develop skills for identifying and solving environmental problems.</li> </ul>	
4	ORGANIZATIONAL PSYCHOLOGY (ME-2)	MSY433C	<ul style="list-style-type: none"> <li>• Obtain knowledge about organizational psychology.</li> <li>• Understand the functions and activities of organization.</li> <li>• Acquire the skills of working with organized sectors and human resources.</li> <li>• Explain managing self-competency and communication competency.</li> <li>• Explain how job satisfaction and organizational commitment affect performance.</li> </ul>	<ul style="list-style-type: none"> <li>• Explain the importance of organizational psychology (OP) and build the relationship between OP and business management.</li> <li>• Explain conflicts in organizations and solution techniques through job analysis, leadership and motivation theories</li> <li>• Compare attitudes and attitudes measurement</li> <li>• Appraise the necessary interpersonal, behavioral and technical skills for application in the work setting</li> <li>• Articulate motivation techniques through effective leadership types.</li> <li>• Prioritize the relationship among organizational citizenship behavior, organizational commitment and job satisfaction.</li> </ul>	<b>regional developmental needs</b>

5	EMPLOYABILITY SKILLS (SK-2)	MSY434S	<ul style="list-style-type: none"> <li>• Understand the career planning skills in their interest field.</li> <li>• Acquire knowledge about the recruitment channels and analyzing the job advertisements.</li> <li>• Obtain the skill of resume writing.</li> <li>• Develop their teamwork, planning and organizational skills.</li> <li>• Create wider outlook on career decision making process.</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the career planning skills in their interest field.</li> <li>• Identify employment opportunities complete a job application including a CV for a specific job opportunity.</li> <li>• Relate and describe one career path appropriate for oneself</li> <li>• Compare employability skills and personal attributes in relation to job selection methods</li> <li>• Analyze the skills and attributes required to maintain and successfully develop in employment.</li> <li>• Identifying skills and personal attributes commonly required by employers</li> </ul>	<b>regional developmental needs</b>
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