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# SACRED HEART COLLEGE (AUTONOMOUS)

Tirupattur – 635 601, Tamil Nadu, S.India

Resi : (04179) 220103

College : (04179) 220553

Fax : (04179) 226423

A Don Bosco Institution of Higher Education, Founded in 1951 \* Affiliated to Thiruvalluvar University, Vellore \* Autonomous since 1987

Accredited by NAAC (4<sup>th</sup> Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

## Name of the Programme: M.Sc Counselling Psychology

S No	Title of the Paper	Course Code	Course Objectives	Course Outcomes	Relevance
1	FIELD PRACTICUM- I (FP-1)	MSY135F	<ul style="list-style-type: none"><li>To help students develop counselling skills in applied settings.</li><li>To acquire the skills in Ice-breaking and Team building training.</li><li>To co-ordinate effectively with their supervisors at the counselling centre and the department.</li><li>To conceptualize the client's concerns, demonstrate and apply counselling skills and write a report.</li><li>To familiarize with basic psychological tests.</li></ul>	<ul style="list-style-type: none"><li>Apply counselling skills in applied settings.</li><li>Identify the relevant tests to be used for specific counselling needs.</li><li>Analyze the skills and therapies offered in counselling centres for various issues.</li><li>Understand usefulness of counselling skills and techniques.</li><li>Write verbatim, draw genogram and write psychological test reports.</li><li>Identify various areas of counselling.</li></ul>	<b>local developmental needs</b>

2	FIELD PRACTICUM – II (FP-2)	MSY234F	<ul style="list-style-type: none"> <li>• Apply theoretical knowledge in the counselling field.</li> <li>• Understand the functions and activities of field place organization.</li> <li>• Teach students to administer psychological tests in counselling</li> <li>• Offer a comprehensive view of various therapeutic practices.</li> <li>• Educate the student to create intervention strategy</li> </ul>	<ul style="list-style-type: none"> <li>• Know to practice counselling skills in diverse settings.</li> <li>• Write counselling report, case study and psychological assessment report.</li> <li>• Evaluate the different the techniques of counselling that they learn during field practicum. <ul style="list-style-type: none"> <li>• Analyse the link between theory and practice</li> <li>• Administer psychological tests in counselling.</li> <li>• Create intervention plans in counselling set up</li> </ul> </li> </ul>	<b>local developmental needs</b>
3	SUMMER INTERNSHIP (SI-1)	MSY235F	<ul style="list-style-type: none"> <li>• Develop competency in a various domains of psychology by being in a social settings.</li> <li>• Increase the experience with multiculturalism and diversity, developing knowledge of ethical practices in the various domains of psychology.</li> <li>• Learn to maintain professional relationship and became more competent in providing direct services, such as counseling, psychotherapy and crisis intervention.</li> <li>• Helps to start applying a theoretical knowledge in the</li> </ul>	<ul style="list-style-type: none"> <li>• Transmit the theoretical and practical knowledge of psychology by being in social settings.</li> <li>• Evaluate the skills, values, ideas and experience that are opted during in the various domains of the Psychological related organizations.</li> <li>• Starts applying the gained knowledge, in the field of various</li> <li>• Sectors of Psychology.</li> <li>• Interpret the link between theories and practice.</li> </ul>	<b>local developmental needs</b>

			<p>practical exposure.</p> <ul style="list-style-type: none"> <li>• Find a meaningful educational opportunity that helps student to decide their preferred areas of practice in the psychology.</li> </ul>	<ul style="list-style-type: none"> <li>• Connect the structure and functions of the various fields of Psychology</li> <li>• Applies specific psychological concepts, theoretical perspectives, empirical finding and historical trends in psychology.</li> </ul>	
4	SCHOOL COUNSELLING (MC-9 )	MSY332T	<ul style="list-style-type: none"> <li>• Equip students with basic concepts related to school counselling and guidance</li> <li>• Comprehend the problems of children in educational settings.</li> <li>• Educate the students with the knowledge regarding school counselling programs</li> <li>• Offer information regarding adolescents and their problems</li> <li>• Teach students to handle social and personal problems</li> </ul>	<ul style="list-style-type: none"> <li>• Describe the basic concepts related to school counselling and guidance</li> <li>• Understand the problems of children in educational settings</li> <li>• Gain knowledge regarding school counselling programs</li> <li>• Appraise the school counselling program, its related objective, process and instruments.</li> <li>• Apply the acquired skills related to exceptional children in school setting</li> <li>• Connect with various issues of adolescents and the determinants</li> </ul>	<b>local developmental needs</b>

5	FIELD PRACTICUM – III (FP-III)	MSY335F	<ul style="list-style-type: none"> <li>• Apply theoretical knowledge in the counselling field.</li> <li>• Understand the functions and activities of field place organization.</li> <li>• Teach students to administer psychological tests in counselling</li> <li>• Offer a comprehensive view of various therapeutic practices.</li> <li>• Educate the student to create intervention strategy</li> </ul>	<ul style="list-style-type: none"> <li>• applying the theoretical knowledge in the Counselling Field</li> <li>• Comprehend the functions and activities of organization</li> <li>• Administer psychological tests in counselling.</li> <li>• Relate the connection between theory and practice</li> <li>• Connect the various therapeutic practices.</li> <li>• Plan the counselling intervention strategy</li> </ul>	<b>local developmental needs</b>
6	RESEARCH PROJECT (RP)	MSY434J	<ul style="list-style-type: none"> <li>• Understand research methodology by undertaking a research project.</li> <li>• Plan the steps of research by its application.</li> <li>• Acquire the skills of undertaking a research project.</li> <li>• Recognize the scope of statistics.</li> <li>• Interpret diagrammatic and graphic representation of data.</li> </ul>	<ul style="list-style-type: none"> <li>• Design substantial research-based project</li> <li>• Relate and manage change through collaboration with others</li> <li>• Analyse data and synthesize research findings</li> <li>• Extract research findings in written and verbal forms</li> <li>• Use research findings to advance education and psychological theories and practice</li> <li>• Understand ethical issues associated with practitioner research</li> </ul>	<b>Local developmental needs</b>

7	SUMMER INTERNSHIP (SI-2) OPTIONAL		<ul style="list-style-type: none"> <li>• Value experience in a counselling field by being in an open or closed setting.</li> <li>• Understand the Skills, techniques and approaches adopted by the organization.</li> <li>• Apply the knowledge gained, in the field of counselling.</li> <li>• Understand the structure and functions of the organization.</li> <li>• Prioritize to get placed in an institution.</li> </ul>	<ul style="list-style-type: none"> <li>• Relate the theoretical experience with the field by being in an open or closed setting.</li> <li>• Understand the skills, techniques and approaches adopted by the organization.</li> <li>• Apply the knowledge gained, in the field of counselling.</li> <li>• Understand the link between theory and practice.</li> <li>• Connect the structure and functions of the organizations.</li> <li>• Appraise the situation and use the appropriate therapies</li> </ul>	<b>local developmental needs</b>
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