

SACRED HEART COLLEGE (AUTONOMOUS)

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A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

B.Sc Psychology

S No	Title of the Paper	Course Code	Course Objectives	Course Outcomes	Relevance
1	GENERAL PSYCHOLOGY – I	SY101	 To introduce students to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life. To understand the concepts of sensation, Perception and Attention. To know the Structural features of Consciousness. To gain knowledge on Learning and its related theories. To learn the process of Memory. 	 Summarize the origin of psychology as science and acquire knowledge of the various methods used in psychology to understand human behavior Define concepts and explain sensation, perception and attention Demonstrate the structural features of Consciousness Explain role of Learning, and compare various theories of learning Describe the fundamental processes of Memory Gaining knowledge about the goals of psychology 	global developmental needs

				• Interpret the theory of sensation.	
2	BIOLOGICAL PSYCHOLOGY – I	SY102	 To explore the biological basis of experience and behavior. To develop an understanding of the influence of behavior, cognition, and the environment on bodily system. To develop an appreciation of the neurobiological basis of psychological function and dysfunction. To understand the process of neural communication. To understand the influence of various hormones on behavior. 	 Relate the research methods with the study of brain and behavior Demonstrate the structure and functions of neurons Associate the process of neural communication. Explain the role of Neurotransmitter Demonstrate the structure and functions of the nervous system Demonstrate the structure and functions of brain Illustrate the influence of various Hormones on behaviour 	global developmental needs
3	GENERAL PSYCHOLOGY - II	SY201	 To know the basic aspects of thinking and behaviour To understand the process of motivation and frustration. To know underlying principles of physiological of emotion and stress To gain the knowledge about the various approaches of personality To understand the concepts of conflicts of frustration 	 Relate the basic aspects of thinking and behavior Demonstrate the process of motivation and frustration Explain the underlying principles of physiological of emotion and stress Elaborate on the attributes of creativity and Intelligence Compare and contrast the various approaches of personality Infer the problem solving and decision making process Interpret the concepts of conflicts 	global developmental needs

				and frustration.	
4	BIOLOGICAL PSYCHOLOGY - II	SY202	 To explore the biological basis of sleep and dream To comprehend the brain mechanism involved in regulating thirst and hunger To know the biological basis of emotions To understand the biological basis of sleep & dream and various sleep disorders To identify the brain areas associated with learning and memory 	 Explain the biological basis of sleep & dream and various sleep disorders Elucidate brain development and neuro plasticity Summarize the brain mechanism involved in regulating thirst and hunger Comprehend the various type of eating disorders Illustrate the biological basis of emotions Recognize the attack behavior and escape behavior of fear and anxiety Identify the brain areas associated with learning & memory 	global developmental needs
5	DEVELOPMENT PSYCHOLOGY - I	SY316	 To relate the developmental stages from conception till birth To tell about human Physical growth through birth To introduce the developmental stages of infancy and babyhood To know about the developmental process in early and late childhood To understand the stages of socialization, family relations 	 Outline the developmental stage of conception through birth Gain knowledge on human physical growth and development across life-span Explain the developmental stage of infancy and babyhood Gain knowledge on the various developmental process of early and late childhood Relate various developmental 	global developmental needs

			and personality development	stages of socialization, family relations and personality development • Describe the hazards in developmental stages. • Identify the specific skills in childhood.	
6	INTRODUCTION TO THEORIES OF PERSONALITIES	SY317	 To relate the concepts, assessment, measurement and research methods pertaining to personality. To know the various psychoanalytic perspective of personality To understand the life span and trait perspective of personality To gain knowledge about existential humanistic perspective of psychology To gain about behavioral, cognitive and social perspective of personality 	 Describe the concepts, assessment, measurement and research methods pertaining to Personality Outline the various psychoanalytic perspectives of Personality Summarize the life span and trait perspective of Personality Illustrate the existential humanistic perspective of Personality Explain Behavioral, Cognitive and Social perspectives of personality Classify the personality factor Demonstrate the Psychological type, ego crises, personality disposition 	global developmental needs
7	DEVELOPMENTAL PSYCHOLOGY - II	SY416	 To know the developmental process of puberty and adolescence. To analyze various developmental process of young adulthood 	 Explain the developmental process of puberty and adolescence Relate the various development process of young adulthood 	global developmental needs

			 To know the developmental tasks of middle age To define the problem related to old age To Gain knowledge about hazards and happiness in human life-span 	 Explain the developmental tasks of middle age Identify problems related to old age Gain knowledge about hazards and happiness in human life-span Relate the growth spurt and body changes in puberty Explain the hazards of puberty till old age Explain the basics of Positive 	global
8	POSITIVE PSYCHOLOGY- (ELECTIVE I)	SY504A	 To know the basics of positive psychology and its association To identify the basic concepts related to positive emotions, well being and happiness To gain knowledge about self control, regulation and personal goal setting To know the importance of positive cognitive states and processes To create positive environment. 	 Explain the basics of Positive psychology and how Positive psychology is associated to the other branches of psychology Define basic concepts related to positive emotions, wellbeing and happiness Elaborate on Self Control, Regulation and Personal Goal Setting Summarize the importance of positive cognitive states and processes Develop skills to create a positive environment Explain positive schooling Describe optimism, pessimism, spirituality 	developmental needs

9	FORENSIC PSYCHOLOGY	SY504B	 To describe the Psychology and law To identified the major influences on the accuracy of eyewitness memory To summarize the Psychology of confession To outline the Psychology of Investigation To know the Criminological Psychology and Psychological profile of violence 	 Explain the Psychology and law Identified the major influences on the accuracy of eyewitness memory Summarize the Psychology of confession Outline the Psychology of Investigation Demonstrate the profiling and common characteristics of offender Describe Criminological Psychology and Psychological profile of violence Summarize the characteristics of violent offenders and their related behaviors. 	global developmental needs
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