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Every Good Work

# SACRED HEART COLLEGE (AUTONOMOUS)

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A Don Bosco Institution of Higher Education, Founded in 1951 \* Affiliated to Thiruvalluvar University, Vellore \* Autonomous since 1987

Accredited by NAAC (4<sup>th</sup> Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

## Name of the Programme: B.Sc Psychology

S No	Title of the Paper	Course Code	Course Objectives	Course Outcomes	Relevance
1	STATISTICS IN PSYCHOLOGY	AM310D	<ul style="list-style-type: none"><li>To understand basic concepts of a random variable and its probability distributions.</li><li>To graphically represent and calculate mean, median and mode.</li><li>To perform hypothesis testing and problems on inferential statistics</li><li>To outline of normal distribution, skewness and kurtosis</li><li>To define non parametric statistical test and find Spearman rank correction coefficient</li><li>To discrete and Continuous</li></ul>	<ul style="list-style-type: none"><li>Understand basic concepts of a random variable and its probability distributions.</li><li>Graphically represent and calculate mean, median and mode.</li><li>Perform hypothesis testing and problems on inferential statistics</li><li>Outline of normal distribution, skewness and kurtosis</li><li>Define non parametric statistical test and find Spearman rank correction coefficient</li><li>Discrete and Continuous Variables</li></ul>	<b>National developmental needs</b>

			Variables		
2	SOCIAL PSYCHOLOGY - I	SY502	<ul style="list-style-type: none"> <li>To learn the nature, history, principles and scope of social psychology</li> <li>To understand the significance of self- presentation behaviors</li> <li>To classify the interconnections between attitude and behavior</li> <li>To understand the dynamics behind conformity, compliance and obedience</li> <li>To know about the social belief and judgement.</li> </ul>	<ul style="list-style-type: none"> <li>Explain the nature, history, principles and scope of social psychology and methods used in social psychology research</li> <li>Demonstrate the significance of self- presentation behaviors in relation to the multifaceted development of the self</li> <li>Elaborate on the interconnections between attitude and behavior</li> <li>Compare and contrast the dynamics behind conformity, compliance and obedience</li> <li>Summarize the conditions promoting helping behavior</li> <li>Discover the attitudes, self presentation and self-justification.</li> <li>Identify the altruism and pro social behavior.</li> </ul>	<b>national developmental needs</b>
3	INTRODUCTION TO RESEARCH METHODOLOGY	SY503	<ul style="list-style-type: none"> <li>To describe the importance and process of research</li> <li>To classify research problems and formulate hypothesis</li> <li>To compare and contrast the different types of sampling</li> <li>To elaborate on the methods used in data collection</li> <li>To demonstrate an</li> </ul>	<ul style="list-style-type: none"> <li>Explain the needs, objectives, importance, problem and process of research based on review of literature</li> <li>Identify research problems and formulate hypothesis</li> <li>Compare and contrast the different types of sampling</li> <li>Elaborate on the methods used</li> </ul>	<b>national developmental needs</b>

			understanding of writing are search report	<p>in data collection</p> <ul style="list-style-type: none"> <li>• Illustrate diagrammatic and graphic representation of data.</li> <li>• Demonstrate an understanding of writing a research report</li> <li>• Examine the process of research methodology by undertaking a research</li> </ul>	
4	BEHAVIOUR MODIFICATION- (ELECTIVE I)	SY504C	<ul style="list-style-type: none"> <li>• To know the basic concepts of behavior modification</li> <li>• To learn the basic principles of behavior modification</li> <li>• To understand the measurement of behavior and behavior change</li> <li>• To transmit knowledge and develop skills needed for applying behavior modification techniques.</li> <li>• To understand the cognitive behavior modification</li> </ul>	<ul style="list-style-type: none"> <li>• Explain the basic concepts of behavior modification</li> <li>• Demonstrate the basic principles of behavior modification</li> <li>• Use the reward system for modifying behavior</li> <li>• Identify the measurement of behavior and behavior change</li> <li>• Develop knowledge and skills needed for applying behavior modification techniques.</li> <li>• Describe the cognitive behavior modification</li> <li>• Use therapies for changing their behavior</li> </ul>	<b>national developmental needs</b>
5	HEALTH PSYCHOLOGY	SY601	<ul style="list-style-type: none"> <li>• To know the basics of Health Psychology and health behavior</li> <li>• To understand the changing health habits using theoretical models</li> <li>• To gain the knowledge about the chronic illness and pain</li> </ul>	<ul style="list-style-type: none"> <li>• Explain the basics of Health Psychology and health behavior</li> <li>• Illustrate the changing health habits using theoretical models</li> <li>• Gain the knowledge about the chronic illness and pain</li> <li>• Use techniques and psychosocial</li> </ul>	<b>national developmental needs</b>

			<ul style="list-style-type: none"> <li>To summarize the concept of stress and coping</li> <li>To understand the Promoting health behavior</li> </ul>	<p>interventions for illness and pain</p> <ul style="list-style-type: none"> <li>Summarize the concept of stress and coping</li> <li>Explain theoretical models and its contributions</li> <li>Express the need to promote health behavior</li> </ul>	
6	SPORTS PSYCHOLOGY- (ELECTIVE- II)	SY604A	<ul style="list-style-type: none"> <li>To learn the need, importance and research methods in sports psychology</li> <li>To understand and apply psychological techniques and theories.</li> <li>To understand the nature, measurement of attitude towards sports behavior</li> <li>To classify various abilities and skills</li> <li>To explain the prevalence, etiology and intervention of alcohol and drug use among athletes</li> </ul>	<ul style="list-style-type: none"> <li>Explain the need, importance and research methods in sports psychology</li> <li>Apply psychological techniques and theories.</li> <li>Relate physical activity and mental health</li> <li>Discuss the nature, measurement of attitude towards sports behavior</li> <li>Develop physical activity and psychological principles of human performance</li> <li>Classify various abilities and skills required for sports person</li> <li>Explain the prevalence, etiology and intervention of alcohol and drug use among athletes</li> </ul>	<b>national developmental needs</b>
7	HUMAN RESOURCE MANAGEMENT- (ELECTIVE- II)	SY604B	<ul style="list-style-type: none"> <li>To learn the basic concepts of human resource management</li> <li>To understand the need of job analysis in relation to Human Resource Planning and Recruiting</li> </ul>	<ul style="list-style-type: none"> <li>Outline the basic concepts of human resource management</li> <li>Identify the need of job analysis in relation to Human Resource Planning and Recruiting</li> <li>List strategies for analyze training</li> </ul>	<b>national developmental needs</b>

			<ul style="list-style-type: none"> <li>• To learn strategies for analyze training needs and developing employees</li> <li>• To explain the techniques of performance appraisal</li> <li>• To understand the importance of Employee motivation in organization</li> </ul>	<p>needs and developing employees</p> <ul style="list-style-type: none"> <li>• Explain the techniques of performance appraisal</li> <li>• Examine current issues, trends, practices, and processes in human resource management</li> <li>• Relate the importance of Employee motivation in organization</li> <li>• Acquire knowledge in managing the workforce of the organization</li> </ul>	
8	RESEARCH PROJECT	SY605J	<ul style="list-style-type: none"> <li>• To identify areas in Psychology in which they have strong interests</li> <li>• To understand use of relevant review of literature to the research project.</li> <li>• To understand and apply an appropriate techniques or research methodology</li> <li>• To acquire the skills of undertaking a research project.</li> <li>• To produce final dissertation outcomes of a high professional standard</li> </ul>	<ul style="list-style-type: none"> <li>• Identify areas in Psychology in which they have strong interests</li> <li>• Gain research methodology knowledge by undertaking a research project.</li> <li>• Relate use of relevant review of literature to the research project.</li> <li>• Apply an appropriate techniques or research methodology</li> <li>• Acquire the skills of undertaking a research project.</li> <li>• Examine the scope of statistics.</li> <li>• Demonstrate diagrammatic and graphic representation of data.</li> </ul>	<b>national developmental needs</b>