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Every Good Work

SACRED HEART COLLEGE (AUTONOMOUS)

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A Don Bosco Institution of Higher Education, Founded in 1951 * Affiliated to Thiruvalluvar University, Vellore * Autonomous since 1987

Accredited by NAAC (4th Cycle – under RAF) with CGPA of 3.31 / 4 at 'A+' Grade

Name of the Programme: B.Sc Psychology

S No	Title of the Paper	Course Code	Course Objectives	Course Outcomes	Relevance
1	BUSINESS COMMUNICATION	ABA401	<ul style="list-style-type: none"> • Imbibe meaning of Business Communication and the general principles of communication. • Learn the mechanical structure of letters and drafting of others forms of communications. • Illustrate the mechanism of writing business reports. • Draft different kinds of business letters and communications. • Gain knowledge about Trade Letter, Export Letter, Letters of Application and Report Writing. 	<ul style="list-style-type: none"> • Imbibe meaning of Business Communication and the general principles of communication. • Learn the mechanical structure of letters and drafting of others forms of communications. • Illustrate the mechanism of writing business reports. • Explain the clinical features and causal factors of anxiety related disorder • Gain knowledge about Trade Letter, Export Letter, Letters of Application and Report Writing. • Draft different kinds of business letters and communications. 	Local developmental needs

2	SUMMER INTERNSHIP (SI-2)	SY419SI	<ul style="list-style-type: none"> • Foster capability in different fields of psychology by being in group environments. • Increment the involvement in multiculturalism and variety, creating information on moral practices in the different areas of brain science. • Improved your ability to maintain professional relationships and provide direct services like counseling, psychotherapy, and crisis intervention. • Aids in the beginning application of theoretical knowledge during the practical experience. • Look for a valuable educational opportunity that helps students choose their preferred psychology practice areas. 	<ul style="list-style-type: none"> • Transmit the theoretical and practical knowledge of psychology by being in social settings. • Evaluate the skills, values, ideas and experience that are opted during in the various domains of the Psychological related organizations. • Starts applying the gained knowledge, in the field of various sectors of Psychology. • Interpret the link between theories and practice. • Connect the structure and functions of the various fields of Psychology • Applies specific psychological concepts, theoretical perspectives, empirical finding and historical trends in psychology. • Create career platform for interested domains in psychology 	local developmental needs
3	STRESS MANAGEMENT- (NON-MAJOR ELECTIVE I)	NSY501	<ul style="list-style-type: none"> • To understand the basic concepts related to stress • To know about the stress and its relationship to body and emotion • To learn about stress and its relationship to mind and spirit • To relate teach and practice 	<ul style="list-style-type: none"> • Explain the basic concepts related to stress • Define stress and its relationship to body and emotion • Comprehend stress and its relationship to mind and spirit • Demonstrate coping strategies 	Local developmental needs

			coping strategies <ul style="list-style-type: none"> To understand the approaches of stress 	<ul style="list-style-type: none"> Illustrate Relaxation techniques Compare the healthy and unhealthy emotion Gain knowledge on relaxation techniques. 	
4	PSYCHOLOGY OF INTERPERSONAL RELATIONSHIP (NON-MAJOR ELECTIVE -II)	NSY601	<ul style="list-style-type: none"> To learn about self and attitudes To comprehend the difference between stereotyping, prejudice and discrimination. To know the concepts of interpersonal attraction and pro social behavior. To summarize aggression and social influence. To promote helping behavior. 	<ul style="list-style-type: none"> Describe about self and attitudes Comprehend the difference between stereotyping, prejudice and discrimination. Define the concepts of interpersonal attraction and pro social behavior. Explain how interacting with diverse individuals can enhance self-awareness Summarize about aggression and social influence. Compile the importance of the helping behavior. Describe the value of interpersonal relationships and skills 	Local developmental needs