

# Sacred Heart Times

Volume : 06  
Issue : 04  
02<sup>nd</sup> October 2023



## SACRED HEART COLLEGE

(AUTONOMOUS) Tirupattur

Accredited by NAAC with CGPA of 3.31/4 at 'A+' Grade | Affiliated to Thiruvalluvar University, Vellore  
NIRF Ranked as 42<sup>nd</sup> College among the Colleges of India—2023



**Dear Sacred Hearts,**

Greetings to You. I am delighted to connect with you through the latest edition of our newsletter SHC Times. It has always served as a platform for us to highlight the college's most recent activities and accomplishments.

The Women's Reservation Bill, a significant piece of legislation that has been the subject of debate and discussion in India for many years, is the first and most important recent significant event that I am proud to share with the readers. The bill aims to promote gender equality in the political sphere by reserving a certain percentage of seats for women in the country's legislative bodies, including the Lok Sabha and state legislative assemblies. In a nation renowned for its diverse and intricate social structure, it seeks to empower women and advance gender equality. I expect and also encourage our young girls to become more politically aware and engaged in the democratic process, fostering a sense of civic responsibility.

The 23<sup>rd</sup> of August was a memorable day for all Indians. The indestructible spirit of scientific innovation and curiosity that has always been at the core of the advancement of our country is exemplified by Chandrayaan-3. This mission's successful launch marks an important turning point for India's space programme and serves as motivation for all of us. We will be grateful for the work of the scientists who made this historical achievement possible. The majority of the scientists who worked on this mission came from very simple family background. As students of this prestigious institution, you are the torchbearers of the future and I urge you to take inspiration from the dedication and hard work of the scientists and engineers behind Chandrayaan-3. Let this mission serve as a reminder that no dream is too ambitious, no goal is too distant, and no challenge is impossible when we set our minds to it.

The Colleges and universities around the world have embraced green initiatives in recent years as part of their commitment to creating a sustainable future. These programmes encompass a wide range of activities aimed at instilling in the importance of agricultural and environmental protection among future generation. We, at Sacred Heart College encourage students to participate in environmental initiatives such as planting one lakh palmyra seeds in and around Tiruppatur as part of the Green Initiative. Students successfully planted 65000 seeds so far and plan to continue with such green initiatives in the future too.

As we commemorate Gandhi Jayanthy on 2nd October, my message from the life of the Father of our Nation would be, to internalize the timeless values he stood for and to draw inspiration from his unwavering commitment to social change. Gandhi's legacy is not just a part of history; it is a living philosophy that can guide each and every one especially the youth of the Nation, in a journey towards a better, more just world. Gandhiji's nonviolent philosophy, or "Ahimsa," is one of his most enduring legacies. It teaches us that conflicts can be settled peacefully and that violence only leads to more violence. Let us commit to resolving our disagreements and differences as individuals, families, and communities through dialogue, empathy, and understanding.

I extend my heartfelt gratitude to all the contributors for crafting this newsletter that authentically captures the essence of our college. May it stand as an inspiring legacy for generations to come.

May God Bless Sacred Hearts.

With Prayers and Wishes



**Rev. Dr. D. Maria Antony Raj SDB,  
Principal.**



# 47<sup>th</sup> Graduation Day



The 47<sup>th</sup> Graduation Day held at Sacred Heart College on August 26, 2023, was a remarkable event that celebrated the academic accomplishments of the graduating students. The ceremony took place in two venues. The UG candidates received their degrees in the Kamarajar Arangam. The PG candidates received their degrees in the Carreno Hall. The ceremony began at 10.30 a.m. The occasion began with an impressive academic procession,

featuring distinguished chief guests, Dr. R. Srinivasan, Member Secretary of the Tamil State Council for Science and Technology, Chennai and Rev. Dr. K.A. Maria Arockiaraj, the Additional Principal of Sacred Heart College and dignitaries Rev. Dr. Praveen Peter, the Secretary; Rev. Dr. D. Maria Antony Raj, the Principal, Deans; Vice-Principals; The event commenced with the rendition of the Tamil Vazhthu. Rev. Dr. D. Maria Antony Raj, the Principal, extended a warm welcome in his address, expressing gratitude to all attendees, particularly the graduating students and their families. The Principal's report highlighted the college's notable academic achievements and progress.

The Chief Guest, Dr. R. Srinivasan, in his inspiring address, to the graduates touched on several crucial aspects of education, responsibility, and personal development. Dr. R Srinivasan, a prominent figure known for his contributions to various fields, engaged the audience with his insightful words. He congratulated the students on their achievements. The speaker called upon the students to recognize their responsibilities and learn from their experiences, emphasizing that transformative change in the nation can be driven by the younger generation. He underlined the value of individual change, especially from a young age, as a catalyst for broader societal transformation. Commending the institution's achievements, he acknowledged the college's high ranking by the National Assessment and Accreditation Council (NAAC). He encouraged faculty members and alumni to actively participate in NAAC initiatives, aiming for continued excellence in education. The speaker concluded with a profound quote from Thirukural Thandhai Makarkaatrum Nandri Avaiyaththu Mundhi Iruppach Cheyal emphasizing the role of parents and expressing gratitude. He encouraged patience, persistence, and a strong sense of responsibility among the students, wishing them success in their future endeavours.



Following this, the candidates for graduation were presented. The chief guest, Dr. R. Srinivasan conferred degrees upon the Undergraduates, marking the culmination of their academic journey. The graduates then took a solemn pledge, committing to ethical conduct, continuous learning, and responsible contributions to society. The dissolving ceremony followed, symbolizing the students' transition from learners to alumni, bidding farewell to their academic life while embarking on new adventures in their personal and professional realms. A total of 1026 undergraduate degrees and 446 postgraduate degrees were bestowed upon the eligible graduates, marking a significant achievement for all. The ceremony concluded with the National Anthem.

## 76<sup>th</sup> Independence Day Celebration

On the vibrant morning of August 15<sup>th</sup>, 2023, the college grounds resounded with patriotism and unity as Sacred Heart College came together to celebrate the 76<sup>th</sup> Independence Day of the nation. The event commenced at 8:30 a.m., marking a momentous occasion for all attendees. The Chief Guest for the event was Mr. Gnanaraj, Office Assistant, recognized for his hard work and dedication to the institution. As the sun rose, students, faculty, and staff gathered, brimming with enthusiasm to pay tribute to the nation's freedom fighters and commemorate the struggles that led to India's independence.



The event began with the soul-stirring rendition of the "Thamizhthai Vazhthu," which encapsulated the spirit of the occasion and invoked a deep sense of pride in our cultural diversity. The Additional Principal, Rev. Dr. K.A. Maria Arockiaraj, in his welcome address, expressed his heartfelt gratitude to the attendees for joining the celebrations and highlighted the significance of Independence Day in fostering a sense of unity and patriotism among the college community. The highlight of the morning was the unfurling of the Indian National Flag, by Mr. Gnanaraj. The tricolour fluttered majestically against the azure sky, symbolizing the sacrifices of countless freedom fighters who had dreamt of a free and sovereign India. Mr. Gnanaraj's address was a stirring reflection on the significance of freedom and the responsibilities it entails. He spoke about the role of the youth in shaping the nation's future and urged everyone to embrace the principles of equality, justice, and inclusivity.

Following the flag hoisting, the college's NCC contingent showcased their discipline and precision through an impeccable drill performance, which left the audience awe-inspired. The synchronized movements of the cadets served as a reminder of the importance of dedication and teamwork in upholding the values of our nation. It was followed by the release of Sacred Heart Times, Newsletter by the chief guest, Mr. Gnanaraj the Rector, Rev. Dr. Praveen Peter and the Additional Principal, Rev. Dr. K.A. Maria Arockiaraj. The event culminated with a heartfelt vote of thanks delivered by NCC Cadet Sowmya. Gratitude was expressed to the Chief Guest, faculty, staff, and students for their participation and efforts in making the celebration a resounding success. The Independence day celebration was organized and well-coordinated by Lieutenant, Dr. K. Sivakumar, NCC Of-





As the sun reached its zenith, the resonating notes of the national anthem echoed across the college grounds, bringing the event to a close on a harmonious note. The attendees left with a renewed sense of patriotism and commitment to contribute to the growth and progress of the nation. The 76<sup>th</sup> Independence Day celebration served as a reminder that the journey to a stronger and more prosperous India continues, driven by the collective efforts of its citizens.

## Rev. Dr. P.P. George Memorial Lecture

The Post Graduate and Research Department of Economics, Sacred Heart College organized Rev. Dr. P.P. George Memorial Lecture on the topic "Pedagogy to Teach Mathematics for the Students of Economics" on 14<sup>th</sup> August 2023 for the under graduate and postgraduate students of the Department of Economics. The memorial lecture started with prayer song and Dr. J. Jacob Stanley Inbaraj, Head (UG) and Association President, welcomed the gathering and Dr. A. Xavier Susairaj, Head (PG) and Associate Professor shared about the memories of Rev. Fr. P.P George. Mr. S. John Sundar, Assistant Professor introduced the resource person. Dr. S. Sagathevan, Assistant Professor, Department of Economics, Madras Christian College Chennai. He delivered the Chief Guest Address highlighting the life time examples in connection with the various mathematical methods. Ms. K. Jaya Sri, III UG, Student Secretary proposed the vote of thanks.



## Full-Stack Web Application Development



The Department of Computer Applications (UG) conducted a Workshop on Full-Stack Web Application Development Frameworks on 24<sup>th</sup> July, 2023 at Carreno Hall. The event was led by Mr. T. Prabakaran and supported by a dedicated team, the workshop provided participants with practical insights into full-stack web development. The event covered topics such as full-stack architecture, installation guidance, working with themes and plugins and web hosting. Participants acknowledged the hands-on approach and relevance to real-world scenarios. The workshop equipped the students with valuable skills for setting up development environments and deploying web applications, making it a valuable experience for aspiring web developers.

students with valuable skills for setting up development environments and deploying web applications, making it a valuable experience for aspiring web developers.

## Hands on Training on JavaScript



On 31<sup>st</sup> July 2023, the students of the Department of Computer Applications (UG) conducted a hands-on training workshop on JavaScript to enhance their practical skills in web development. The objectives were to introduce JavaScript concepts, explore libraries and frameworks, and promote collaboration and problem-solving. The training covered topics like JavaScript basics and DOM manipulation. II & III UG students engaged in coding exercises, built interactive web elements and worked on group problem solving activities. The outcomes were improved understanding, increased confidence and a desire to pursue further web development projects. The training proved successful in empowering students with essential JavaScript skills.

## Invited Talk on “Social Media and Its Impact on Girls”



The Women Cell (Shift – I), Sacred Heart College (Autonomous) organized an Invited Talk on “Social Media and Its Impact on Girls” on 23<sup>rd</sup> August, 2023 at 2.15 pm in Carreno Hall. The PG Department of Mathematics and Computer Science coordinated the event. The aim of the event is to understand the issue and to work collectively towards creating a safer and more nurturing

online environment for Girls. The session started with the invocation of God’s blessings. Ms. Thenuga, II M.Sc., Computer Science hosted the programme. Ms. Sweetha, II B.Sc., Computer Science welcomed the gathering. Dr. A. Merceline Anita, Dean of Women Students – Shift I introduced the Chief Guest Dr. Preethi Prabhakaran, Head Incharge and Assistant Professor, Department of Business Administration, Hospital Administration, Auxilium College, Vellore. Dr. A. Mekala, Assistant Professor, PG Department of Computer Science presented a memento to the Chief Guest. The Chief Guest delivered a talk on “Social Media and Its Impact on Girls”. She discussed the advantages and disadvantages of social media. She explained that social media has fundamentally altered on how young people spend their time, share information, and communicate with one another. She discussed the difficulties that women face on social media, including cyberbullying, hate speech, public shaming, intimidation/threats, trolling, doxxing, and cyber-stalking. She insisted the girls to download and install the Tamil Nadu Government’s Kavalan app for their safety. The event concluded with the vote of thanks by Miss P. Revathy, II B.Sc Mathematics.



## Certificate Course on Clinical Hypnotherapy



The PG & Research Department of Counselling Psychology organized a four days certificate course on “Clinical Hypnotherapy” at Fountain, Sundampatti, Krishnagiri. The II PG students attended the course. The event was conducted between 23<sup>rd</sup> and 26<sup>th</sup> August, 2023. The resource person was Fr. Arul Xavier OFM Cap. The following topics were covered: history of hypnotherapy, identification of the issues, relaxation and induction, deepening techniques, fundamental of suggestion formulation, common demo for the relaxation,

induction and deepening techniques. About 20 students and three faculty members attended the event.

## Residential Programme on “Relationship Skills”

A special residential programme for three days on “Relationship Skills” was conducted by the Department of Psychology in collaboration with Fountain Institute of Counselling Psychotherapy and Research, Sundampatti, Krishnagiri for the II UG Students between 18<sup>th</sup> and 20<sup>th</sup> August, 2023. Rev. Dr. Stanley Alex OFM Cap was the resource person.

The sessions were about relationship skills which covered the topics like self-analysis by Johari Window, expressive art therapy, love map which was proposed by John Money, kinds of intelligence, name poem, Freudian approach and sexual deviations, needs of developmental stages, life script analysis. Certificates were distributed to the students.



## Invited Talk on Trauma Theory



The PG & Research Department of English Shift II organized the Invited Talk on Trauma Theory for the PG students on 22<sup>nd</sup> August, 2023. Dr. Maria Liny Jenifer, Assistant Professor of English, Sacred Heart College (Autonomous) was the resource person. Mrs. J. Mary Jenif, Head UG, Department of English welcomed the gathering. The resource person introduced the Trauma Theory and enlightened the students about the theory. The resource person discussed the history of trauma theory, its key concepts, and its applications to literary analysis. Finally, the resource person explored the ways in which trauma can be represented in literature. She discussed the use of symbolism, metaphor, and allegory in trauma literature. The talk was well-received by the students, it generated a lively discussion and 50 students got benefited.



# தூய நெஞ்சக் கல்லூரியில் தொல்லியல் உலா



தூய நெஞ்சக் கல்லூரியில் உள்ள தமிழ்த்துறை வீரமாமுனிவர் தமிழ் மன்றம் சார்பாகத் தமிழ் மன்ற உறுப்பினர்கள் 65 பேர் ஏலகிரிமலைக்குத் தொல்லியல் சார்ந்த இடங்களை காண அழைத்துச் செல்லப்பட்டனர். இந்நிகழ்ச்சியைக்

கல்லூரியின் முதல்வர் அருட்தந்தை முனைவர் தா. மரிய அந்தோணிராஜ் அடிகளார் தொடங்கி வைத்தார். தமிழ்த்துறைத் தலைவர் முனைவர் கி.

பார்த்திபராஜா வாழ்த்தி வழிஅனுப்பி வைத்தார்.

தமிழ் மன்றத் தலைவர் முனைவர் க. மோகன் காந்தி, முனைவர் ஷைலஜா ஆகியோர் ஒருங்கிணைப்பில் திருப்பத்தூர் தூய நெஞ்சக் கல்லூரியில் இருந்து ஏலகிரிமலைக்குத் தமிழ் மன்ற உறுப்பினர்கள் 65 பேரை அழைத்துச் சென்று, தொல்லியல் கற்றலுக்காகக் களப்பயணத்தை மேற்கொண்டனர். இந்நிகழ்ச்சிக்குத் தொல்லியல் உலா எனப் பெயர் சூட்டப் பெற்றுள்ளது. ஏலகிரிமலையிலுள்ள அத்தனாவூரில் அருவி தங்கும் விடுதியிலுள்ள புலிக்குத்திப்பட்டான் நடுகல், அத்தனாவூர் மாரியம்மன் கோயிலுக்கு அருகே உள்ள செக்குக் கல்வெட்டு, பெருமாளப்பன் கோயில் கற்கோடாரிகள், மங்களம் கிராமத்திலுள்ள பள்ளிக் கூடத்து. ராமசாமி நிலத்திலுள்ள திருப்பத்தூர் பெயர் பொறிக்கப் பெற்ற பல்லவர் கால நடுகல், மேலும் அங்குள்ள பாறை நடுகல், உடன் கட்டை நடுகல், ஆஞ்சநேயர் சிற்பம் ஆகியவற்றை பார்வையிட்டனர். இறுதியாக நிலாவூரில் உள்ள மூன்று பல்லவர் கால நடுகற்கள் குறித்த விளக்கங்களைக் க. மோகன் காந்தி கூறினார். இக்கள ஆய்வினால் பல தொல்லியல் சார்ந்த அறிவை மாணவ, மாணவியர் பெற்றனர்.

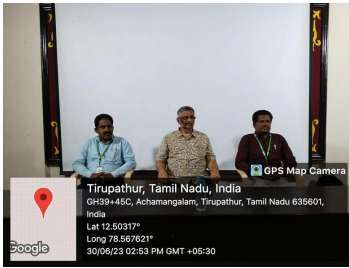
## Motivational Talk



The Department of Chemistry (Shift I & II) organized a Motivational Talk for the students on 18th August, 2023. Dr. T. Jeyabalan, Head (UG) Shift-1 introduced and honoured the chief guests Mr. R. Sivasankar, Senior Research Scientist, Biocon Bristol Myers Squibb (BBRC), Syngene International Ltd, Bangalore and Mr. L. S. Kannan Trainer, Leadership Speaker & Coach Lean Six Sigma Kaizen Consultant. Mr. R. Sivasankar spoke about chemo informatics and pharmaceutical science and some basic organic synthesis and mechanisms to the students. Mr.L.S. Kannan discussed some ideas related to CO<sub>2</sub> gas converts into Oxygen and other ideas. Both the speakers were the alumni of the institution. The students actively participated in the event.



## “Science, Opinion and Superstition”



The Research Forum, Sacred Heart College organised a session on “Science, Opinion and Superstition” on 30<sup>th</sup> June, 2023. Dr. T. Venkateswaran, Scientist-F, UGC, Vigyanprasar, New Delhi was the resource person. Students from various science disciplines such as Biochemistry, Chemistry, Mathematics, and Physics attended the event. Dr. Parthibraja, Head, Department of Tamil, introduced the chief guest. Dr. Venkateswaran addressed on the intersection between science, opinion, and superstition. He emphasized the significance of science in shaping our understanding of the world. He discussed the scientific method, its rigorous approach to inquiry, and its role in uncovering evidence-based knowledge. The speaker delved into the concept of opinions and highlighted the importance of critical thinking when evaluating information. He stressed the need for individuals to differentiate between personal opinions and scientific facts.

Dr. Venkateswaran shed light on the prevalence of superstitions in society and the negative consequences they can have on decision-making processes. He presented examples and case studies to illustrate the detrimental effects of superstition on various aspects of life. In conclusion, Dr. Venkateswaran emphasized the role of science communication in dispelling superstitions and promoting scientific thinking. He encouraged the students to engage in scientific discourse, ask questions, and challenge unfounded beliefs.

## Debate on “Movies – Boon or Bane to Today’s Youth”

The NSS Division of Sacred Heart College (Autonomous), Tirupattur, joined hands with the Tamil literary association 'Veerama Munivar', alongside ALCUF and RRC, to orchestrate an insightful debate on 29<sup>th</sup> August, 2023. The focal point of this event was the examination of whether contemporary films wield a positive or negative impact on the mentality of today's youth. The event was graced by the esteemed presence of Dr. K. Parthibaraja, Head and Assistant Professor of P.G & Research in Tamil at Sacred Heart College (Autonomous). Dr. Parthibaraja shared his profound insights on the pervasive influence of current cinema on the impressionable minds of students. He emphasized the enduring significance of books and how their unique value remains irreplaceable. The ensuing deliberation was steered by the capable guidance of Dr. G. Mohan Gandhi, who artfully chaired the debate. Eight adept students delved into the discourse, expounding upon whether movies should be seen as a blessing or a curse. Their presentations encompassed a spectrum of ideologies, drawing from movie references, songs, quotations, dialogues, and various perspectives. The event garnered an enthusiastic audience of 156 students, who relished the wit and thought-provoking ideologies presented throughout the debate. Dr. G. Mohan Gandhi, the debate's moderator, brought the discourse to a conclusion. He posited that while movies indeed mirror the contemporary societal reality, there remains room for improvement in their ability to effectively resonate with the broader youth mindset. In essence, the collaborative initiative succeeded in sparking a meaningful dialogue about the role of movies in shaping the cognitive landscape of today's youth. The event not only encouraged critical thinking but also celebrated the diverse perspectives that contribute to this on going societal conversation.





# International Youth Camp- YMCA & SHC

## Students Exchange Programme



An International Youth Camp was organized by YMCA Boys Division Tirupattur and YMCA Taichung of Taiwan in collaboration with Sacred Heart College between 8<sup>th</sup> and 15<sup>th</sup> August, 2023 at Tirupattur and Yellagiri Hills. About 16 university students from Taiwan and 10 students from Sacred Heart College participated in the camp.

The International Youth Camp was inaugurated by Rev. Dr. K. A. Maria Arockiaraj the Additional Principal, Sacred Heart College (Autonomous) on 8th August, 2023 at YMCA Camp site, Yellagiri. He highlighted the cultural connections and the differences between Taiwan and India. He highlighted three aspects such as loving oneself, loving family and loving the environment- the common values of both the countries. The camp had enormous learning opportunities through art work, simulation games, life skills classes to rural children, experience of manual work, labour experience with farmers, trekking to tribal villages, Indian home living experience, learning of Tamil folk arts, experience in attending Indian class, camp fire, inter-cultural dialogue. The students from Taiwan were coordinated by Mr. George Bernardsha, Executive Secretary, YMCA, Tirupathur. The students from Sacred Heart College were coordinated by Dr. K. Arockiaraj, Youth Development Specialization, P.G & Research Department of Social Work, Sacred Heart College (Autonomous), Tirupathur. During the valedictory of the camp, the organizing secretaries and the students of both the countries expressed their gratitude towards Rev. Dr. D. Maria Antony Raj, the Principal, Sacred Heart College for generously allowing this educational experience to come true.



## Book Exhibition 2023

The Department of Library, Sacred Heart College (Autonomous) in collaboration with New Century Book House organized a Book Exhibition in commemoration of the 131<sup>st</sup> birthday anniversary of Padmashri Dr. S.R. Ranganathan (Father of Library science, India) from 21st August to 30th August 2023 in the college Library. Rev. Dr. D. Maria Antonyraj, Principal inaugurated the exhibition on 21<sup>st</sup> August 2023 at 10 am and paid tribute to Dr. S.R. Ranganthan on his 131st Birthday Anniversary. The book exhibition showcased 2100 titles published recently by New Century Book House, Arivu Pathipagam, Thamarai Publications and V S Publishers, New Delhi.



The collections were on wide range of topics which included Tamil Literature, collections of Shakespeare's works, Mathematics, Science, General Knowledge, TNPSC, UPSC and other competitive examinations. The faculty members and students visited the stall very enthusiastically and purchased the books with 10% to 30% discount. This book exhibition helped the faculty and the students to enhance their knowledge and wisdom on the recent publications.



# Celebration of the Feast of the Most Sacred Heart of Jesus



Celebration of the Patronal Feast of the Most Sacred Heart of Jesus on 3<sup>rd</sup> September, 2023, was a momentous occasion; marked by a solemn Eucharistic celebration held at the Kamarajar Arangam at 5 p.m. The main celebrant for this significant event was Rev. Dr. Thaddaeus, SDB, Principal of Don Bosco College and the CEO of Bosco Soft in Yelagiri. The event was graced by the presence of the Salesian Community, the dedicated Staff, enthusiastic students, and well-wishers who gathered together for this momentous prayer service. In his heartfelt sermon, Rev. Dr. Thaddaeus, took the congregation down memory lane, reflecting on the establishment of the Sacred Heart Shrine and the invaluable service provided by the Salesians in the Tirupattur District. He shared a deeply personal and inspiring account of his victorious battle against blood cancer, attributing his recovery to the miraculous intervention of the Divine.

Following the Holy Mass, Rev. Dr. Praveen Peter, the reverend Rector and Secretary of Sacred Heart College, bestowed a well-deserved honour upon Rev. Dr. Thaddaeus. Additionally, during the occasion, Rev. Dr. Thaddaeus had the privilege of launching the much-anticipated Sacred Heart College android Application, now readily available on the play store. In a spirit of compassion and generosity, Rev. Dr. Praveen Peter introduced the Break Fast Scheme, an initiative aimed at supporting needy students. This thoughtful gesture further exemplifies the commitment to nurturing not only the spiritual but also the material well-being of the student community. The day's celebrations reached its pinnacle with a Solemn Car Procession, led by Rev. Fr. S. Henry Daniel Ambrose and Rev. Dr. Gandhi Kallarasan, the Campus Minister, brought the celebrations to a meaningful conclusion, leaving all with a deep sense of reverence and gratitude



## A Special Talk on Developing Reading Skills



On 1<sup>st</sup> September, 2023, the Department of English, Shift I, English Language Association, Sacred Heart College hosted a special talk focused on the topic "Developing Reading Skills." The event took place at the Kamarajar Arangam, at 2 p.m. Professor N. Arul Doss, the Head of the Department of English, extended a warm welcome to all attendees and introduced the distinguished resource person, Rev. Dr. K. A. Maria Arockiaraj, Additional Principal of Shift II.

During the talk, Rev. Dr. K.A. Maria Arockiaraj, enlightened the students on the essential skills required for developing effective reading abilities. He discussed various factors that play a crucial role in becoming proficient readers and highlighted different approaches to reading. The program was both informative and engaging, providing valuable insights into the art of reading and comprehension. It concluded with a vote of thanks delivered by Deepak Roshan, a student from II B.A. English. It was organized and coordinated by Dr. F. Julian Xercies Rigley, the president of the association. This event served as a valuable opportunity for students to enhance their reading skills and gain a deeper appreciation for the importance of reading in their academic and personal lives.

## Workshop on “Effective Project Methodologies and Development Strategies”

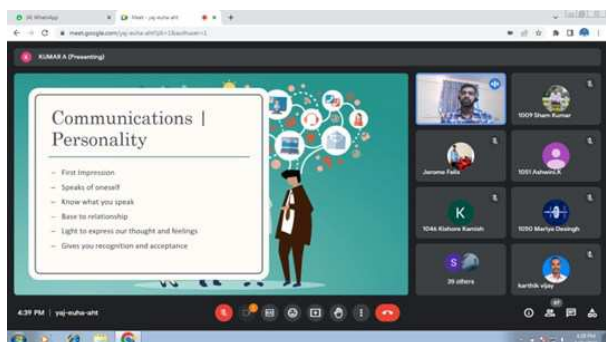


The Department of Computer Science (Shift I) in collaboration with Xavier Board Colleges (Auxilium College, Gonzaga College) organised the Workshop on “Effective Project Methodologies and Development Strategies” on 25<sup>th</sup> August, 2023. The participants were III UG, PG Students from the host institution and students and faculty from Xavier Board Colleges. Dr. M.D.

Anandaraj Asst. Professor Department of Computer Science, Loyola College, Chennai. There were three sessions during the event. The event provided a comprehensive exploration of software engineering paradigms, hands-on experience with PHP and MySQL, and a practical application task that allowed students to showcase their newfound skills. It also aimed at equipping computer science students with the knowledge and skills required for successful project management and development in today's dynamic tech landscape. With a diverse group of participants from various courses and colleges, the workshop provided a platform for collaboration and learning. The workshop concluded with a valediction session. Certificates were distributed to the participants.



## Interaction with Alumnus on Career Guidance



On 31<sup>st</sup> August 2023, the Department of Computer Applications (UG) arranged a Career Guidance Programme for the final year students. The event aimed to provide valuable insights and guidance about career prospects in the ever-evolving field of technology. The students and the faculty member along with Mr. A. Kumar, Alumnus, Senior Network Engineer, Happiest Mind Technology, Bengaluru met virtually. Mr. Kumar explored the various career opportunities available

in the field of networking and other areas of industry through his personal experience. The students actively participated in the event.

## Workshop on “Live Long Without Drugs and Substance”

On 28<sup>th</sup> August, 2023 the Department of Life Education in collaboration with Don Bosco Rehabilitation Centre, Jawadhu Hills organized a Workshop on the topic “Live Long Without Drugs and Substance” for all the I UG Students (Shift I & II) of the institution. The objectives of the workshop were to create awareness, clarify myths, facts and understand the impact and prevention of drug addiction. There were four resource persons invited to animate the students: Rev. Fr. Vinoth, Team Leader, Mr. David, Field Supervisor, Mr. Dhass, Field Supervisor and Mr. Mani, Field Supervisor. During the valedictory session Rev. Fr. Praveen Peter informed the students about the drug de-addiction program available in the campus. Mr. Pratap, Department of Life Education proposed the vote of thanks. About 1346 students attended the workshop.

## One Day National Workshop on Data Analytics using R



The Department of Data Science organized a “One Day National Workshop on Data Analytics using R” on 7<sup>th</sup> September, 2023. The Resource Person was Mr. Rajesh Kumar MR, Senior Application Analyst, Toyota Motors, Bengaluru. He covered the topics on fundamentals of data, data types, formulas and functions, operators, data frames and packages, data manipulation, data visualization etc., Mr. S.Vijay convener welcomed the gathering

and introduced the chief guest. Dr. A. George Louis Raja, Head, Department of Data Science honoured the chief guest. About 271 participants from 13 colleges participated in the workshop.



# Blood Donation Camp



The Red Ribbon Club (Shift I & II), Sacred Heart College in collaboration with Rotary Club, Tirupattur and Government Hospital, Tirupattur organized a Blood Donation Camp on 21<sup>st</sup> August 2023 at Carreno Hall between 9.00 am and 2.00 pm. During the inaugural session: Thiru. D. Baskara Pandian, I.A.S., District Collector, Tirupattur, Rev. Dr. Praveen Peter, Secretary, Rev. Dr. D. Maria Antonyraj, Principal, Rev. Dr. K.A. Maria Arokiaraj, Additional Principal, the medical team comprising doctors, nurses and technical staff, Government Hospital, Tirupattur, Rotary Club Members and RRC Program Officers graced the occasion. About 50 units of blood were donated by the students of the institution. Certificates and Refreshments were provided to the donors. Mr. V. Madhan Kumar, Mr. V. S Jayakumar Paul Bosco and Dr. J Jayachitra, Programme Officers, RRC, coordinated the event. About 100 students of RRC (Shift I & II) actively involved in the successful conduct of the event.

## National Seminar on “Dream Analysis Interpretation and Therapy”

The Two Day National Seminar on “Dream Analysis, Interpretation and Therapy” was organized by the Department of Psychology on 7<sup>th</sup> & 8<sup>th</sup> September, 2023 at Pope Francis Hall. Rev. Dr. Sundar Wilson, the Director of Anugraha Counselling Center was the resource person. On 7<sup>th</sup> September the seminar began with the inauguration function in the presence of Fr. Wilson, the resource person, Rev. Fr. Praveen Peter, Rector and Secretary, Fr. Joe Sanjay, Head, Department of Counselling Psychology, teaching faculties and the student participants. Fr. Praveen Peter felicitated the gathering and spoke about the importance of dreams. On the first day topics like various elements and aspects of dream, stages of dream & sleep, rest and sleep, types of dreams and dream content were dealt with real life examples and group discussions. On the second day topics like dream symbols, interpretation and archetypes were discussed. During the valedictory session Rev. Dr. Maria Arokiaraj, the Additional Principal Shift II, thanked the resource person and appreciated the faculty members for organizing the seminar and distributed the certificates. Students and Scholars from Auxilium College, Vellore, DKM College, Vellore, Muthurangam Govt. College, Sacred Heart FOLC Members, Alumni of Sacred Heart College along with the III UG, I & II PG Students, Department of Psychology attended the event.

## National Workshop on Professional Courses



The Department of Commerce, Shift-II organized the “National Workshop on Professional Courses” on September 11, 2023 in collaboration with Xavier Board of Higher Education in India. Rev. Dr. K. A Maria Arokiaraj, Additional Principal gave the inaugural address. The resource person of the first session CA. C. Suresh Kumar, inspired and motivated the students by providing an outline and detailed information about the Chartered Accountant course. He covered the syllabus, course duration, examination levels, fee

structure, availability of scholarships, articleship, offerings and presence of regional councils. He also gave brief introduction about ICAI (Institute of Chartered Accountants of India) and its members. The resource person of the second session Mr. M. V. Raj Kumar provided detailed information about the CMA course, including the subjects involved. During the session, the resource person emphasized the lack of awareness about CMA, making it a highly interactive session. Certificates were distributed to all the participants. About 200 students attended the event.

## Talent Expo - 2023



The English Association, Department of English Shift-II organised the ‘Talent Expo - 2023’ for the department students between 28<sup>th</sup> and 31<sup>th</sup> August, 2023. The objective of the event was to put forth the students to volunteer themselves and to express their individual literary skills to the department. The events were scheduled virtually, on-stage and off-stage. The online events such as poster presentation, meme vid-

eo, meme picture, reel video and photography were conducted. The offstage events were face painting, calligraphy, paper craft, JAM, painting, elocution, mehndhi, poem writing, essay writing, short story writing and pencil sketch and the on-stage events were dramatic monologue, literary parade, group singing, mime, group dance, solo singing and solo dance. The students actively participated and expressed their talent. During the valediction the video clippings of all the events and the address of Rev. Dr. K.A. Maria Arokiaraj, Head PG & Research Department of English and Additional Principal were played. Mr. U. Kamesh, the Association President coordinated the event. E-Certificates were provided to all the participants of the event.



# Workshop on “Version Control System - Git and GitHub”



The Department of Computer Science, Sacred Heart College (Autonomous), Tirupattur organised the Workshop titled “Version Control System - Git and GitHub” on 07<sup>th</sup> September, 2023 at Louis Mathias Hall, in collaboration with Xavier Board Colleges (Auxilium College & Gonzaga College). The resource person was **Mr. Prasanth Rao**, Python Developer, Cogno AI | Exotel Bangalore. The resource person addressed the gathering on three sessions: Introduction to Version Control System and Getting Started Git, Working with Local Repositories and Branching, Collaborative Development with Remote Repositories and Advanced Git Features and Best Practices.

The event provided a comprehensive exploration of the developer team to efficiently communicate and manage (track) all the changes that have been made to the source code along with the information like who made and what changes have been made and a practical application task that allowed students to showcase their skills. With a diverse group of participants from various courses and colleges, the workshop provided a platform for collaboration and learning. The participants were III BSc (CS) (43 Students), Shift-I, III B.Sc (CS) (14 Students), Shift-II I M.Sc (CS) (20 Students), Shift-I, II M.Sc (CS) (16 Students), Shift-I & Xavier Board Colleges (40 including faculty). The event was coordinated by Dr. A.Mekala and Dr.R.Sandrilla, Faculty, Department of Computer Science respectively.

The event provided a comprehensive exploration of the developer team to efficiently communicate and manage (track) all the changes that have been made to the source code along with the information like who made and what changes have been made and a practical application task that allowed students to showcase their skills. With a diverse group of participants from various courses and colleges, the workshop provided a platform for collaboration and learning. The participants were III BSc (CS) (43 Students), Shift-I, III B.Sc (CS) (14 Students), Shift-II I M.Sc (CS) (20 Students), Shift-I, II M.Sc (CS) (16 Students), Shift-I & Xavier Board Colleges (40 including faculty). The event was coordinated by Dr. A.Mekala and Dr.R.Sandrilla, Faculty, Department of Computer Science respectively.

## SHINE’23



The PG and Research Department of Computer Applications, Sacred Heart College, Tirupattur organized the Annual IT Meet SHINE’ 2023 on 21<sup>st</sup> September, 2023. This is the twenty Fourth version of the IT Symposium. The whole competition was conducted in campus, in which 82 participants from 7 colleges across Tamil Nadu. The events namely: IoT and Robotics, Debugging, Gaming, Marketing, Brain Teaser and Multimedia were conducted. Mr.R.

Veeraragavan, Asst. Prof. & Association President coordinated the event along with the faculty members and students of the department.



## Workshop on "POWERMATE"



On 8<sup>th</sup> September, 2023, the Department of Computer Application, Sacred Heart College organized the Workshop titled "POWERMATE" to upskill participants with the Microsoft Power Platform. The workshop was designed to provide hands-on experience in utilizing the Microsoft Power Platform, specifically focusing on Power Apps, Power Automate, Power BI and Chatbots. Mr. Shamuddin and Mr. Siva, from Infosys, Bengaluru were the resource persons. Both experts brought and shared their expertise in Microsoft Power Platform, making the participants attentive. The workshop drew an impressive turnout, with 365 enthusiastic participants from 13 colleges. Rev. Dr. Maria Arokiaraj SDB, the Additional Principal delivered the inaugural address emphasizing the importance of staying updated with technological advancements. Participants were given certificates to recognize their active participation and successful completion.

## Blood Donation Camp 2023

On 13<sup>th</sup> September, 2023, an altruistic endeavor came to life at Thandi Periyar Hall, MSW Block, Sacred Heart College in Tirupattur. This event, the Blood Donation Camp 2023, was a collaborative effort involving various esteemed organizations dedicated to promoting healthcare and community welfare. The objective was simple yet profound: to collect blood donations to support cancer patients. The successful execution of the Blood Donation Camp 2023 was



made possible by the efficient coordination of dedicated individuals. Dr. K. Arockia Raj, Dr. Clayton, and Dr. Christi Anandan played pivotal roles in overseeing the event's organization. Dr. Mohan Gandhi and Dr. U. Ramesh, NSS Programme officers, provided invaluable support throughout the process. The event began with an inaugural address by Rev. Fr. Andrews Raja, the Head of the P.G & Research Department of Social Work at Sacred Heart College. This address set the tone for the day, emphasizing the importance of selfless giving and community service. Lion M.L. Gudiyannan, President of the Lions



Club of Tirupattur Host in Tirupattur District, delivered an inspiring keynote address. His words resonated with the audience, motivating them to actively participate in this noble cause. Lion Ratna Natarajan, a distinguished Past District Governor of the Lions Club, shared insightful remarks that added depth and significance to the event. The event lasted from 8:00 AM to 5:00 PM and witnessed a remarkable turnout of 156 students who selflessly contributed to the cause, resulting in the collection of over 86 units of blood.

## Distribution of Livestock Support Grant

On 14<sup>th</sup> September, 2023 with the help of SURABI and DBSARC the Department of Extension Education and Services, Sacred Heart College (Autonomous) distributed Livestock Support Grant to the Nine Gypsy Women. The gypsy women hail in Idaya Nagar, Pachal Village. Rev. Dr. Praveen Peter, Rector and Secretary, Rev. Dr. Maria Antonyraj, Principal, Rev. Dr. Shanmugam, Director-DEEDS, Mr. Moses, DBSARC-BRAVE Project Coordinator distributed the grant to the nine beneficiaries. Each beneficiary received Rs.10,000 each to start their enterprise.



## IBM Skills Build Orientation Program

On 13<sup>th</sup> September 2023, Sacred Heart College, Tirupattur hosted an IBM SkillsBuild Orientation Programme in collaboration with SURABI and REACHA aimed at providing students with valuable skills and certification. It was a significant step taken by Sacred Heart College towards equipping students with essential skills and certifications to compete in the job market. Rev. Dr.

D. Maria Antony Raj, Principal introduced the institution to the resource persons and Rev. Fr. Joseph Leo, Director, SURABI introduced about the IBM SkillsBuild programme to the students. He said that the programme is to prepare the students with industry-specific employability skills and IBM SkillsBuild programmes are learner friendly, learner paced and promote life-long learning. Mr. Lawrie Colaco, Senior Consultant at REACHA, shared insights and expertise on the importance of industry-relevant skills and certifications in today's competitive job market. Mr. Vijaya Prakash, Lead Outreach and Operation at IBM, demonstrated the procedure to register for the IBM SkillsBuild courses, access the learning resources, and obtain certifications. As a pilot run of the programme, all the students from the MBA, MCA, and M.Sc, Computer Science programmes were invited to participate. This diverse group of students were selected to represent different facets of the industry and to evaluate the effectiveness of the programme.



## Seminar on Life Style Management



The Department of Commerce (Shift I) organized the Seminar titled "Life Style Management" on 3<sup>rd</sup> August, 2023 in collaboration with Auxilium College, Vellore, as a part of the academic collaborative activity under Xavier Board of Higher Education. The program was intended to create awareness of life style management among students and make corrections in their everyday life and it also aimed to promote their overall well-being.

The resource person for the seminar was Dr. Beulah Suresh, Head, Department of Business Administration, Auxilium College, Vellore. In her lecture, she explained about the value of life and how to stay away from negativity. She shared plenty of cases on how to tackle the depression and nurtured the young minds how to respect and give love to their parents. About 150 students attended the seminar and actively participated by interacting with the resource person.

# Enhancing Horticulture through Mulching and Planting of Endangered Tree Saplings



On 8<sup>th</sup> September 2023, Sacred Heart College (Autonomous), Tirupattur District organized a programme on "Enhancing Horticulture through Mulching and Planting of Endangered Tree Saplings," as a beacon of environmental responsibility and sustainable practices. This event was a testament to the college's commitment to a greener and more sustainable future. Organized collaboratively by NSS – SHC, together with the P.G. & Research Department

of Social Work - SHC, the Eco Club – SHC, and proudly hosted in partnership with the esteemed Lions Club of Tirupattur Host, this initiative was a symbol of unity in the pursuit of environmental conservation. The event commenced with the symbolic planting of 25 endangered tree species, each selected for its ecological significance. The list included *Chionanthus ramiflorus*, *Mallotus nudiflorus*, *Justicia beddomei*, and others. The program marked the official inauguration of the 'Go Green Grow Green' initiative, a student-led endeavor initiated by the P.G. & Research Department of Social Work at Sacred Heart College since 2017. A significant component of the program involved the mulching of 126 trees across the college campus.

Dr. Clayton Michael Fonceca, the organizing secretary, welcomed the gathering and set the tone for the program. Dr. K. Arockia Raj elucidated the importance of green practices and provided insights into the 'Go Green Grow Green' initiative. Dr. C.R. Christi Anandan, Asst. Professor, P.G. & Research Department of Social Work, honored Rev. Dr. D. Maria Antony Raj, Principal - SHC, with a shawl and a sapling, symbolizing the initiation of the program. Dr. G. Mohan Gandhi, NSS Programme Officer, honored Lion M.L. Gudiyannan, President of the Lions Club of Tirupattur Host, with a shawl and a sapling, which was subsequently planted. Lion M.L. Gudiyannan delivered the chief guest address, emphasizing the critical importance of environmental conservation and fostering a green planet. Rev. Dr. D. Maria Antony Raj, Principal – SHC, delivered the presidential address, highlighting the significance of adopting sustainable and eco-friendly practices. Dr. U. Ramesh, NSS Programme Officer, played a crucial role in organizing and coordinating the NSS volunteers' efforts, ensuring the program's smooth execution. Dr. Jude, the Coordinator of the Eco Club, actively engaged students in eco-conscious activities and contributed to the program's environmental objectives, including improving air quality on campus. Dr. Mario, who originally conceived the idea and supported the project, provided valuable guidance and expertise throughout the initiative. Father Nidhin, another key supporter, contributed to the project's success by facilitating necessary resources and support. The program witnessed active participation from 152 students.





## Parents Meeting for III UG (Shift II)



Parents' and Teachers' Meet for the III UG students was held on 02<sup>nd</sup> September, 2023 for Shift-II between 11.00 am and 12.45 pm. The students gathered in the Kamarajar Arangam at 11.00 am. Prayer song was sung by Mr. Henston and team. Mrs. S. Savitha, Vice Principal Academics welcomed the gathering and she emphasized on the importance of parents meeting.

Rev. Dr. Praveen Peter, SDB, the Rector and the Secretary, gave the presidential address. He spoke about the responsibility of parents for welfare of the Students. Rev. Dr. Rev. Dr. Samson Shanmugam SDB, Vice Principal Administration, gave the introduction message to the students. He explained about the rules and regulations of the college, discipline of the college, norms of using mobile phones in campus, dress code, behavior of the students, fees details, opportunities of studying in the college and availability of various scholarships etc.

## SPACE – 2023



Space-2023 is an intercollegiate IT Fest organized by the Department of Computer Science (Shift-I). It was held on the 14<sup>th</sup> of September, 2023, at Kamarajar Arangam. The following technical events took place during SPACE 2023: Geek Speak, Techno Freak, Connexions, Ad-Zap, Media Mirchi, Animatronics, Clash of Codes, Star of Space. About 194 students from various colleges in Tirupattur district and neighboring districts

(Thiruvannamalai, Vellore, Krishnagiri, and Dharmapuri) participated in the event. The event's inauguration occurred at 9:20 AM in Kamarajar Arangam. Mr. Darresh, Associate Vice President of Ryzklytix Consulting Solutions Pvt. Ltd in Bangalore and an alumnus of the institution, served as the chief guest.

The valediction of the event took place at 4:00 PM in Kamarajar Arangam. Alumni of the Department of Computer Science, Mr. C. P. Kowshik, MD of Bhoopalam Jewelry, was the Guest of Honor. He delivered the Presidential Address and Valedictory Address. Subsequently, certificates and cash prizes were awarded to the winners of all the events, with the Star of Space receiving a certificate and trophy. The overall championship trophy was presented to the best-performing college of Space 2023.

## Women's Meet – 2023



On 9<sup>th</sup> September, 2023 Sacred Heart College (Autonomous), Tirupattur organized the Women's Meet for the Undergraduate Women Students of both the Shifts. It was a remarkable event with a significant theme "Let's Celebrate the Womanhood". The day was filled with insightful discussions, entertainment, and community engagement. It was mainly conducted for the welfare of the women students which was organized by the Deans, Women Cell of both the shifts with the guidance and support rendered by the management.

The event commenced with a melodious performance of the college choir, which set the stage for a memorable day. Ms. G. Girija extended a warm welcome to all attendees, marking the beginning of the program. The Chief Guests for the meet were Dr. K. Marimuthu, MBBS, DCH, Joint Director, Health Services, Tirupattur, Dr. Murali, MBBS, MPH, APM, Primary Health Centre, Tirupattur and Mrs. Kalpana, M.A., M.Phil. ICTC – Counsellor, Govt., Primary Health Centre, Andiyappanur. The chief guests were introduced by Mrs. S. Savitha, Vice Principal (Academics – Shift II) and were graciously honored by Dr. S. Kalaiarasi, Associate Dean of Shift I, Dr. G. Devi, Dean of Women Students, Shift II, & Dr. A. Merceline Anita, Dean of Women Students, Shift I.

Dr. K. Marimuthu, in his talk, highlighted the importance of main factors such as marriage age, pregnancy-related issues, and hemoglobin and nutrition level of Girls. Also, Dr. Murali shared his valuable insights regarding the health and well-being of women. He pointed out that women's health is very much important as they all play a vital role in the growth of their families. This informative session shed light on critical aspects of women's health. Following the guest speeches, Mrs. Kalpana, ICTC Counselor conducted an interactive questioning session, wherein students actively participated, showcasing their knowledge and engagement with the topics discussed. The entertainment segment featured captivating dance performances and choreography that delighted the audience, adding a vibrant and cultural touch to the event. The audience thoroughly enjoyed this part of the program which was highlighting the theme of the Women's Meet. The event's success would not have been possible without the dedication and effort of many individuals. The Vote of Thanks was proposed by Ms. Subiksha, expressing gratitude to all participants and volunteers who contributed to the event's success. The Masters of Ceremony were Ms. V. Sirmisha and Ms. M. Lokeshwari

One of the highlights of the celebration was the presence of food and game stalls. These stalls attracted a significant crowd, resulting in a thriving buying and selling atmosphere. The hard work put in by the girls in preparing and managing these stalls was evident, and their efforts paid off with the success of these attractions. The event concluded with lively music and dance performances that had everyone on their feet, celebrating the spirit of togetherness and joy.



# Suicide Prevention Day



The Department of Psychology along with Counseling Centre organized the “International Suicide Prevention Day” on 14<sup>th</sup> September, 2023 at Sacred Heart College Campus, Tirupattur. World Suicide Prevention Day (WSPD) is observed every year on 10th September. The International Association of Suicide Prevention declared “Creating Hope through Action” as the theme for this World Suicide Prevention Day 2023. The goal of the suicide prevention program was to draw attention to the issue, decrease stigma, and raise awareness among the college students.

The faculty and students of the Department of Psychology designed boards related to suicide prevention and organised several other activities to create awareness among the students in the campus. The phrase "I love myself" was temporally inscribed on the hands and board with rubber stamps. Suicide prevention hand bands and tips to mental health bookmarks were distributed among the college students. Undergraduate students from the department created models related to suicide which focused on breaking the stigma surrounding seeking help while undergoing mental health issues. The students explained several scenarios and how help can be sought at every step to the students who visited the stall. The dignitaries who visited the stalls were Rev. Dr. Praveen Peter SDB, the Rector, Rev. Dr. Maria Antony Raj, the Principal Rev. Dr. Theophil Anand SDB, the Vice Principal Shift-I, Rev. Dr. Samson Shanmugam the Vice Principal Shift-II, Rev. Dr. John Borg SDB, the Controller of Examination, faculty from various departments and students participated in the awareness program.

# Workshop on “Yoga and Fitness”



The Department of Commerce (CA), Sacred Heart College (Autonomous), Tirupattur organized the workshop titled “Yoga and Fitness” on 15<sup>th</sup> September, 2023 between 10.30 a.m. and 12.00 p.m at Pope Francis Hall. The resource person Mr. Manikandan, Silambam Master, Naveen Kumar, Karate Master and Asst. Prof. Jayalakshmi, Yoga Master has highlighted the benefits of yoga, silambam and karate. They also shared few tips on defense mechanism. The resource persons highlighted the available government sector, sports quota job opportunities. About 76 students attended the event.





# BIOZONE-2023



The PG and Research Department of Biochemistry organized the International Conference titled "Recent Advancements in Life Sciences" [RALS-2023], the 13<sup>th</sup> Edition of BIOZONE on 12<sup>th</sup> September, 2023. The PG Association President Dr. V. Gopalakrishnan welcomed the gathering. Rev. Dr. Praveen Peter, SDB, the Rector and Secretary, gave the inaugural address. In his inaugural address, he appreciated the department for

conducting the international conference and insisted the students to utilize the expertise of the resource persons. He thanked the resource persons for making themselves available for the international conference. Dr. A. Jayaprakash felicitated the resource person, Dr. S. Vijayanand, and Dr. K. Prabu felicitated the jury member, Dr. M. Gomathi. Dr. A.C. Gomathi introduced the resource person Dr. S. Vijayanand and Dr. A. Jayaprakash introduced the speakers Prof. Dr. Ashok Gnanasekaran and Dr. M. Fernandes Durai introduced the jury member, Dr. M. Gomathi for the poster presentation. The souvenir of BIOZONE 2023 was released by Rector Rev. Dr. Praveen Peter SDB, and resource persons received souvenir copies. Dr. I. Niyas Ahamed's Textbook of Immunology was released by Rector Rev. Dr. Praveen Peter, SDB, and resource persons received the copies.

During the first session Dr. S. Vijayanand, Associate Professor, School of Life Sciences, Kristu Jayanti College (Autonomous), Bangalore, Karnataka delivered his lecture on "Phytochemical Research and its Scope". During the second session Prof. Dr. Ashok Gnanasekaran, Director, Centre of Research for Infectious Diseases and Phytochemical Studies, Quest International University, Malaysia, delivered his lecture on "Phytopharmaceuticals: A New Drug from Plants". Oral and poster presentations were held at Carreno Hall and Pope Francis Hall at 2 p.m. Dr. S. Vijayanand judged the oral presentation. Dr. M. Gomathi judged the poster presentation.

In the valedictory function, UG association secretary V. Nandhakumar welcomed the gatherings. Rev. Dr. S. John Borg, SDB, COE, was felicitated by Dr. V. Gopalakrishnan, PG Association President. Rev. Dr. S. John Borg, SDB, COE, distributed the prizes and certificates and delivered the valedictory address. Dr. K. Prabu, UG Association President, proposed the vote of thanks.



## Skill Course on “Basic Counselling Skills”



The Department of Psychology in collaboration with Fountain Institute organized the Workshop titled “Basic Counselling Skills” for the III UG Students in Fountain Institute, Krishnagiri between 14<sup>th</sup> and 16<sup>th</sup> September 2023. Rev. Fr. Stanley Alex OFM Cap was the resource person. Mr. Sunil and Ms. Sandhya, Asst. Prof. Dept. of Psychology accompanied the students for the three days residential programme. Rev. Fr. John Antony OFM inaugurated the residential course with his insightful words and welcomed

the participants.

The students were engaged with lot of learning aspect of counselling skills and practical sessions. There were many group discussions. The following elements were dealt during the sessions: introduction to counseling, why counselling is needed, neuro linguistic program (SWISH, EISPU) New behaviour generator, modeling and sub modalities, problem solving techniques. Talent night and camp fire were conducted; the students actively participated and exhibited their talents by singing, dance, talent show, silambam, creative programmes, instrumental piece and conducting party games. During the valedictory session the course completion certificate were issued to all the students.

## Annual Picnic (Administrative Staff)

On 16<sup>th</sup> September 2023, about 54 Administrative Staff, Sacred Heart College accompanied by Rev. Fr. Samson Shanmugam went on a one day picnic to Wonderla, Bengaluru. The excited administrative staff departed from the college campus at 5.20 am and broke the journey for breakfast at Hosur at 8.20 am. After they reached Wonderla at 11.00 am and spent nearly six hours, from 11.30 am to 5.30 pm in Wonderla playing different games and enjoying their to the maximum. The administrative staff started their backward journey to the college at 6.00 pm and had a short break at Hosur for supper at 9.15 pm. They reached the college at 12.15 in the morning safely. The college management had made necessary arrangement, served snacks and delicious food.



## Invited Talk on “Exploring Career Opportunities in Zoology”



The Department of Zoology, Sacred Heart College organized the invited talk titled “Exploring Career Opportunities in Zoology” on 20<sup>th</sup> September, 2023. Dr. A. Vinothkannan, Asst. Prof, Dept. of Zoology introduced the resource person and Dr. A. Jayaprakash, Head, Department of Zoology felicitated the resource person with a memento. The resource person was Dr. K. Prabhu, UGC- Kothari Post-Doctoral Fellow, Department of Marine Science, Bharathidasan University, Tiruchirappalli. In his talk, he elaborated on scope and opportunities in Zoology and enlightened the students with the value and career opportunities for Zoology in government and allied sectors. He also insisted the students to concentrate on the basics in Zoology and advised them to prepare well for the competitive exams. He also shed light on the government jobs in Zoology after the successful completion of UG Degree.

## National Workshop on Executive Skill 2023



The Department of Commerce (CA), Sacred Heart College (Autonomous), Tirupattur in collaboration with Xavier Board of Higher Education, Gonzaga College of Arts and Science and Sri Vidya Mandir Arts and Science College, Uthangarai organized the National Workshop on "Executive Skill 2023" on 19<sup>th</sup> September, 2023 between 10.00 a.m. and 04.30 p.m at Carreno Hall. Rev. Dr. K.A. Maria Arokiaraj, Addl. Principal (Shift II) felicitated the resource person and delivered the inaugural address. The resource person was Acharya V C Malarmannan, Dean, Nalanda School of Business, Tiruchirapalli. The resource person while addressing the gathering conducted various activities like: team playing, communication skill, observation skill, time management, work discipline, leadership, problem solving ability, decision making skill and mind alertness. About 248 students attended the event.

## Intra-Department For and Against Competition on 'Artificial Intelligence'



An Intra-Department For and Against Competition on 'Artificial Intelligence' was organized by the PG and Research Department of Commerce (Shift- II) on 27<sup>th</sup> September, 2023 for the I and II PG students. Mr. R. Veerappan Assistant Professor and Head, Department of Business Administration, Sacred Heart College (Autonomous), Tirupattur judged the programme. Students enthusiastically and sportively argued with the rival team. The competition enabled the students to showcase their academic and creative skills.

## "Intra Commerce Fest"



The Department of Commerce (Shift-II) organized an "Intra Commerce Fest" on 27<sup>th</sup> September, 2023. The following events were conducted: Ad Selfie, For and Against (FRAG), Connexion, TechWallet, Product Launching, Paper Presentation, Investment Tips for Students and about BitCoin. The event was a great success, it provided a platform for participants to showcase their talents and knowledge.

## Special Talk on Career Guidance and Skills for Placement

The Department of Chemistry (Shift II) organized a Motivational Talk for the students on, 2023. Dr. V. Collins Arun Prakash, Head (PG) Shift-1I introduced and honoured the chief guest Mr. C. Anbalagan M.Tech (Chemical Engineering). PGDBA, DGM (Retired), Orchid Pharmaceuticals Ltd, Chennai. He spoke about career guidance and pharmaceutical science to the students. He also elaborated about the skills for obtaining placements to the students. The students actively participated in the event.





## Invited Talk on “Social Media and Its Effects on Business, Education and Society”

The Department of Commerce, Shift-II organized the Invited Talk titled “Social Media and Its Effects on Business, Education and Society” on 26<sup>th</sup> September, 2023. The program commenced with the invocation of God's blessings. The resource person for the session Mr. F. Anbu, Deputy Director of CIBI shared an overview and in-depth knowledge on social media. He discussed the benefits and drawbacks of social networking and he explained various opportunities on social media to make money by way of promoting new ventures and online business.



## National Conference on Material Synthesis and Environmental Sustainability (NCMSES-2023)



The Department of Physics (Shift I & II) organized the National Conference on Material Synthesis and Environmental Sustainability – (NCMSES-2023) on 26<sup>th</sup> September 2023. Dr. A. Albert Irudayaraj, Head, Dept. of Physics welcomed the gathering and briefly explained the importance of the theme of the conference. He introduced and welcomed the resource persons Dr. A. Joseph Nathanael, Associate Professor, Center for Biometrics, Cellular and Molecular Theranostics (CBCMT), Vellore Institute of Technology, Vellore, Tamil Nadu, Dr. S.

Adarash Rag, Assistant Professor, Department of Computer Science and Engineering, Sahayadri College of Engineering and Management, Mangalore, Karnataka and Dr. S. Rajagopal, Assistant Professor, Department of Physics and Electronics, Jain Deemed University, Bangalore, Karnataka. Rev. Dr. Praveen Peter Rector and Secretary inaugurated the event. He spoke about the importance of conducting conference and how it is useful for the students. Dr. L. Anadaraj delivered the vote of thanks.

Dr. A. Joseph Nathanael addressed on the topic “Material Development Influenced by Nature for Environmental Sustainability”. He spoke about the significant role played by materials in nature for environmental sustainability. He also explained the recent developments in nanomaterials research and the impact of nanotechnology on environmental applications. The second session was handled by Dr. S. Adarsh Rag. He spoke on the topic “Advances in laser – induced graphene synthesis: A comprehensive review”. He spoke about the synthesis and recent trends of graphene’s and laser induced graphene synthesis. The poster and oral presentations by the participants were conducted. The third session was handled by Dr. S. Rajagopal. He spoke on the topic “Identification of Cancer Preventing Molecules in Plants and Seeds”.

During the valedictory session Dr. M. Jose, Asst. Professor welcomed the gathering. The review of the conference was presented by Dr. R. Ramesh. He pointed that there were around 260 participants were presented from various colleges and universities. The prizes for poster and oral presentations were distributed. Dr. A. Dhayal Raj, the convenor delivered the vote of thanks.

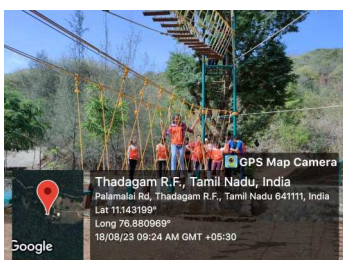
# முத்தமிழ் விழா



திருப்பத்தூர் தூய நெஞ்சக் கல்லூரியின் தமிழ்த் துறை சார்பாக முத்தமிழ் விழா (செப்டம்பர் 25, 26 திங்கள் செவ்வாய் ) வெகு சிறப்பாகத் தொடங்கியுள்ளது. விழாவின் தொடக்கமாகக் கல்லூரி வளாகத்தில் உள்ள திருவள்ளூர் சிலைக்கு வேலூர் வி.ஐ.டி பல்கலைக்கழக வேந்தர் கோ. விஸ்வநாதன் அவர்கள் மாலை அணிவித்து மரியாதை

செலுத்தினார். அதனைத் தொடர்ந்து காமராஜர் அரங்கத்தின் முன்பாகத் தமிழ்க் கொடியினை முனைவர் ரத்தின நடராஜன் அவர்கள் ஏற்றி வைத்து மரியாதை செலுத்தினார்கள். தொடக்க விழாவில் உரையாற்றிய வி.ஐ.டி பல்கலைக்கழக வேந்தர் கோ. விஸ்வநாதன் அவர்கள் "தலைசிறந்த செம்மொழியாகத் திகழ்வது நம் தமிழ் மொழி. உலகில் உள்ள ஆயிரக்கணக்கான மொழிகள் அழிந்து வரும் சூழலில் அன்றும், இன்றும், என்றும் உயிர்ப்புடன் இருக்கும் ஒரே மொழி நம் தாய் மொழியாம் தமிழ் மொழியே. தமிழ் மொழியின் வளர்ச்சிக்குப் பங்காற்றிய எண்ணற்ற கிறித்தவ மிஷனரிகளைச் சேர்ந்த பாதிரியார்களின் அரும்பெரும் தொண்டினை நாம் நினைவு கூற வேண்டும். உலக அளவில் கல்வி வளர்ச்சியில் நம் நாடு முன்னணியில் இருப்பதற்குக் கிறித்தவக் கல்வி நிறுவனங்கள் அளப்பரிய பங்கினை வழங்கி வருகின்றன. உலகில் வாழும் பலருக்கு மொழி என்பது ஒரு கருவியாகும். ஆனால் தமிழர்களாகிய நமக்கு அது வாழ்வியலோடு கலந்துள்ள ஒரு உணர்வு. இத்தகைய பெருமை வாய்ந்த மொழியினைத் தாய் மொழியாகக் கொண்டிருக்கும் நாம் அதன் வளர்ச்சிக்கு நம்மாளான பணிகளைச் செய்திட வேண்டும்" என்று உரையாற்றினார். இந்நிகழ்வில் கல்லூரியின் முதல்வர் அருட்திரு முனைவர் தா. மரிய ஆண்டனிராஜ் தலைமை வகித்தார். கல்லூரியின் செயலர் அருட்திரு முனைவர் பிரவீன் பீட்டர் ஆசியுரை வழங்கினார். அருட்திரு முனைவர் தியோ.பில் ஆனந்த் வாழ்த்துரை வழங்கினார். தமிழ்த் துறை தலைவர் முனைவர் கி. பார்த்திபராஜா, தமிழ் மன்ற தலைவர் முனைவர் க. மோகன் காந்தி, முனைவர் பெ. சுரேஷ் மற்றும் தமிழ் ஆர்வலர்கள் கல்லூரி மாணவ மாணவியர்கள் உள்ளிட்டோர் திரளாகக் கலந்து கொண்டனர். இரண்டு நாட்களும் முத்தமிழை வெளிப்படுத்தும் விதமாகக் கவியரங்கம், பட்டிமன்றம், இசையரங்கம், விவாத மன்றம் உள்ளிட்ட பல நிகழ்ச்சிகளுக்கு ஏற்பாடு செய்யப்பட்டுள்ளன. இந்நிகழ்ச்சிகளில் தமிழக முழுவதிலும் இருந்து பல தமிழ் ஆளுமைகளும், கலைஞர்களும் கலந்து கொண்டு சிறப்பிக்க உள்ளனர்.

# Outbound Training Programme



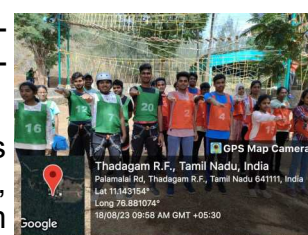
The Outbound Training Program was a dynamic and transformative experience that featured a diverse array of activities designed to foster teamwork, leadership, and personal development. The programme was organized by the Department of Management Studies through the MoU signed with Vanaprastha Institute by Dr.S.Sasikumar, Head of the Department.

Participants engaged in several exciting challenges, including "Ball and Sheet," which required effective teamwork and coordination to transport a ball using a bedsheet.

The "Water Volleyball" activity took place in an aquatic setting, promoting collaborative efforts and strategic play. "Shoe Dropping" challenged trust and communication as individuals navigated obstacles blindfolded, relying on their teammates' guidance.

"Hit and Run" was a fast-paced exercise that demanded quick decision-making and adaptability under pressure, mirroring real-life scenarios. Additionally, participants were involved in other team-building activities such as problem-solving exercises and trust falls.

These activities not only provided fun and memorable experiences but also imparted valuable lessons in communication, leadership, adaptability, and problem-solving. The Outbound Training Program was an unequivocal success in nurturing personal and professional growth among its participants, equipping them with essential skills for future success.



## Mannequin Challenge



The PG and Research Department of Management Studies conducted Mannequin Challenge for the MBA Students in the presence of Rev. Dr. Maria Antony Raj, SDB, the Principal – SHC and Director of MBA Department, Dr. S. SasiKumar, HoD- MBA Department, Rev. Fr. Jesu Manickam, SDB, Rector and Secretary of Dominic Savio School, Dr. J. Sasiganth, Prof. R. Alexzander, Dr. R. Arockiamary and Prof. G. Lawrence. Through a variety of unconventional

activities, MBA students' are challenged and encouraged to make teamwork and creative thinking come to life and provide a joyful environment for participants to have a memorable experience with their team. The mannequin challenge's core tenet is that it should be entertaining while remaining realistic.

## Seminar on Career Opportunities for Commerce Students in IT Sector

The Department of Commerce (Shift I) organized the Seminar titled "Career Opportunities for Commerce Students in IT Sector" on 31<sup>st</sup> August, 2023. The program was intended to create awareness among the commerce students on various career opportunities available in IT Sector. The resource person for the seminar was Dr. M. Ashok Kumar, Lecturer, Dept. of Computer Science, Skyline University, Kano, Nigeria. The resource person in his address stressed the importance of Information Technology in the current business scenario and also explained the participants of the various job opportunities available for commerce students in IT Sector. He gave ideas to get into IT sector and higher education abroad.





## Skill Course on “Basic Counselling Skills”



The Department of Psychology in collaboration with Fountain Institute organized the Workshop titled “Basic Counselling Skills” for the III UG Students in Fountain Institute, Krishnagiri between 14<sup>th</sup> and 16<sup>th</sup> September 2023. Rev. Fr. Stanley Alex OFM Cap was the resource person. Mr. Sunil and Ms. Sandhya, Asst. Prof. Dept. of Psychology accompanied the students for the three days residential programme. Rev. Fr. John Antony OFM inaugurated the residential course with his insightful words and wel-

comed the participants.

The students were engaged with lot of learning aspect of counselling skills and practical sessions. There were many group discussions. The following elements were dealt during the sessions: introduction to counseling, why counselling is needed, neuro linguistic program (SWISH, EISPU) New behaviour generator, modeling and sub modalities, problem solving techniques. Talent night and camp fire were conducted; the students actively participated and exhibited their talents by singing, dance, talent show, silambam, creative programmes, instrumental piece and conducting party games. During the valedictory session the course completion certificate were issued to all the students.

## Salespreneur Gala



The PG and Research Department of Management Studies organized "Salespreneur Gala" event for the MBA students to hone and acquire business acumen. Rev. Dr. Maria Antony Raj, SDB, the Principal – SHC and Director of MBA Department inaugurated the event in the presence Dr. S. Sasikumar, HoD- MBA Department, Rev. Fr. Jesu Manickam, SDB, Rector and Secretary of Dominic Savio School, Dr. J. Sasiganth, Prof. R. Alexzander, Dr. R. Arockiamary and Prof. G. Lawrence.

The students of MBA had the opportunity to examine consumer behaviour from many angles and sell the products on their own both inside and outside of the college utilizing their negotiation abilities thanks to this experiential learning platform. The young MBA students learned how to become effective salespeople and true salespreneurs.

## Elite Alumni Interface - Opportunities in Mass Media



The Department of Commerce (Shift I) organized an Elite Alumni Interface on the title “Opportunities in Mass Media” on 8<sup>th</sup> August, 2023. Dr. S. Suthan, Actor, Acting Trainer and Theatre Director, Chennai Theatre Academy, Chennai, Alumnus of the institution shared his knowledge on the various opportunities for commerce graduates in Mass Media. The resource person in his address stressed on the importance of

reading books, magazines related to mass media and also explained the participants about the various constraints in writing scripts creatively. About 75 students attended the event.

## OUTREACH Programme 2023-24 (Shift II)



The OUTREACH Programme of Sacred Heart College (Autonomous) is a signature programme where all II UG students participate in the event. As per the motto "Lab to Land" students reach out to neighboring villages to share their knowledge and skills that benefit rural population and school children. About 588 students along with the faculty members have reached out to 12 villages in this academic year 2023-2024. The school children and villagers were the direct beneficiaries of the programme. Rev. Dr. D. Shanmugam, Director, OUTREACH Programme and

Mr. Sebastian, Coordinator meticulously organised the event.

## OUTREACH Programme 2023-24 (Shift I)

The OUTREACH Programme of Sacred Heart College (Autonomous) is a signature programme where all II UG students participate in the event. As per the motto "Lab to Land" students reach out to neighboring villages to share their knowledge and skills that benefit rural population and school children. About 663 students along with the faculty members have reached out to 11 villages in this academic year 2023-2024. The school children and villagers were the direct beneficiaries of the programme. Rev. Dr. D. Shanmugam, Director, OUTREACH Programme and Mr. Sebastian, Coordinator meticulously organised the event.



## Outcome of the Edible Mushroom Farming (Don Bosco Skill Development Course)



The Edible Mushroom Farming (Don Bosco Skill Development Course) guided by Dr. K. Amala from the Department of Microbiology began on 19<sup>th</sup> August, 2023. There are about 59 students from various UG and PG departments across the shifts. The course aimed to educate participants on the principles and practices of cultivating edible mushrooms, fostering entrepreneurship and promoting sustainable agriculture. Over the duration of the course, students gained valuable knowledge and practical skills, and many have successfully applied what they learned to establish their own mushroom farms. The students were instructed and taught the basic methodology on how to prepare and grow the edible mushroom in a given particular place and space. After the theory classes, the students individually prepared the Mushroom bags and left it for cultivation. After 21 days of sterilized monitoring, the oyster Mushroom has shown a tremendous result in its growth.

# Congratulations to the Staff on Successfully Completing Ph.D



**Dr. G. Jayakumar**  
Assistant Professor  
Department of Physics

## Editorial Board



**Dr. A George Louis Raja**  
Head  
PG Dept. of Computer Applications



**Mr. R Veeraragavan**  
Assistant Professor  
PG Dept. of Computer Applications



**Mr. V Madhan Kumar**  
Assistant Professor  
Dept of English



**Dr. A Prabu**  
Assistant Professor  
Dept of Tamil



**Mr. J Antony Amalraj**  
Documentation Center



**Mr. V Infant Sasi Kumar**  
Documentation Center